An Initiative by

Prashanti Cancer Care Mission
Reaching out with excellence

NOVEMBER 2026 | VOLUME 11| ISSUE 117

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

WHAT'S IN THIS LATEST ISSUE?

- PCCM–ISOS 33rd Hands-On Oncoplasty Workshop, scheduled for 4-5th December 2026, Pune
- Dr. C.B. Koppiker, invited by Dr. Guru N. Reddy to deliver Grand Rounds Oration and Inaugurate Ayantra Breast Centre, Hyderabad
- Extensive Media Coverage of Dr. Chaitanyanand B. Koppiker's Participation in Avantra Breast Center Inauguration
- Dr. Koppiker Shares Insights on Advanced Oncoplastic Techniques at Baheya Breast Cancer Conference, Egypt
- Dr. Koppiker Speaks on the Extended LD Flap Technique at BRASCON 2026
- Dr. Koppiker Shares Expertise in Breast Oncoplastic Surgery at Raipur Breast Cancer Update 2026
- Dr. Chaitanyanand B. Koppiker
- Ms. Laleh Busheri's Article Got featured in Uppercrust Magazine
- Ms. Laleh Busheri Conducts Breast Cancer Awareness Session at Eaton, Kharadi
- Breast Cancer Awareness Session by Ms. Laleh Busheri at Druva Data Sciences, Pavilion Mall
- BreastGlobal Recognises Research Excellence at Breastanbul 2026
- New Publication: Quantitative assessment of collagen architecture from routine histopathological images shows concordance with Second Harmonic Generation microscopy.
- Lecture 25th of Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was held on 21st October 2026

From the Heart of Prashanti Cancer Care Mission

Every month at PCCM, we witness stories of courage, healing, and hope. Stories of women who come in feeling uncertain about their ability to fight cancer, but after a simple heart-to-heart with our team, go on to adopt their treatment plan and take the first confident step toward recovery.

As a breast cancer–focused NGO, we work to ensure that no woman faces this journey without the right care, support, and dignity. We offer free or majorly concessionary diagnostic services, life-saving surgeries, chemotherapy, radiation therapy coordination, counseling, and survivorship programs—so that ability to pay never decides the quality of care.

Many women continue to walk through our doors—some for screening, others for treatment—and many find strength and connection through our Pink Ribbon Support Group.

THIS NEWSLETTER IS WHERE WE SHARE

A Story That Inspires — a patient's journey each month
Impact by the Numbers — patients screened, diagnosed, treated, supported
Behind the Scenes — our team's daily work in clinics, research and awareness drives
How You Can Help — your kindness keeps the lights on and the medicines flowing

WHY DONATE?

Your contribution directly funds breast cancer patients who cannot afford their treatment, and who, for lack of funds, cannot start it or must leave it halfway. It carries them through surgery, chemotherapy, radiation, and medicines.

Support a patient's treatment
prashanticancercare.org/donate

DONATE

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TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

Ms. Amina Shaikh



Dr. Koppikar, your way of talking to us, motivating us, and giving us confidence made a huge difference. You didn't just guide us about the treatment; you gave us the courage to face the situation and believe that things could get better. We feel very fortunate that we came to you at the right time.

We are also deeply thankful to the Prashanti Care Mission for the financial help and support provided during this difficult journey. Your kindness made things easier for our family, both emotionally and financially. Most importantly, you made us feel that we were not alone.

Today, we are looking ahead with much more hope and confidence. We sincerely pray that my mother continues towards a healthy and happy life.

Thank you, from the bottom of our hearts, for standing with us when we needed support the most. We will always remember your kindness, your encouragement, and everything you have done for our family.

With heartfelt gratitude and respect,

Amina Shaikh
and her son, Sohel Shaikh

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TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

Ms. Ujvala Kharade



I would like to express my deepest gratitude for the extraordinary care and support extended to my mother during her breast cancer treatment.

Your compassion & motivation to us have been a source of great strength for both my mother and our family. Your personal attention, calm guidance, and continuous encouragement gave us hope and confidence when we were devastated & unclear about what to do. We found you at the right time & now everything seems possible to cure and lead her to a healthy life ahead.

We are equally thankful to the Prashanti Care Mission for the financial assistance and emotional support you provided throughout her treatment. Your generosity and kind words gave us comfort and reassurance when we needed it the most. Knowing that we were not alone in this journey made all the difference, and now we are confident this shall pass through.

From the bottom of our hearts, thank you for being such a remarkable team of healers and human beings. We will always remain grateful for your care, kindness, and compassion.

With sincere appreciation,

Shubhangi Mohite
Daughter of Ujvala Kharade

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PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP TREAT THE PENDING LIST OF UNAFFORDABLE BREAST CANCER PATIENTS

Pending list of patients below

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.
As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

DONATE

01.



Jaya Demde (48 Yrs)

Jaya Demde (48 Yrs) has stage II breast cancer. She is a homemaker and has two kids, both are studying. Her husband works in a private firm with a salary of Rs. 20,000/-

Treatment	Amount (In Rs.)
Chemotherapy	1,51,888
Diagnostics and OPD Charges	45,562
Radiation	000
Surgery	000
Total	**1,97,450**

02.



Rukhaiya Hakimiyan (53Yrs)

Rukhaiya Hakimiyan (53 years) has stage IV breast cancer. She is a homemaker, and her husband is retired. She has 5 family members in the house with two sons and one daughter-in-law. The elder son works in a private company, and the younger son works in a bakery. The family income is minimal to support the treatment of the patient as the family is already burdened with day-to-day expenses.

Treatment	Amount (In Rs.)
Chemotherapy	2,85,659
Diagnostics and OPD Charges	20,188
Radiation	000
Surgery	000
Total	**3,05,847**

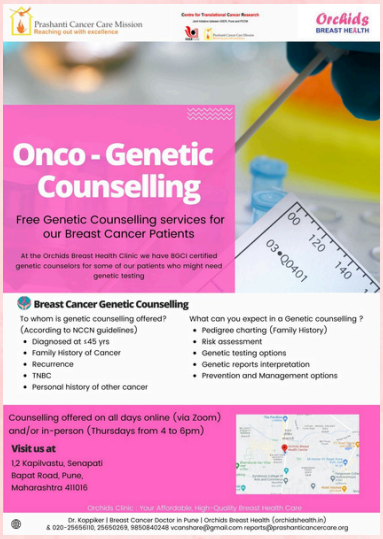
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FREE COUNSELLING SERVICES AT ORCHIDS BREAST HEALTH SO FAR

Onco-Psychology Counselling - 591



Onco-Genetic Counselling- 629



Nutrition Counselling-596



Preventive clinic services-145



PCCM provided 18 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health this month.



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

PCCM–ISOS 33RD HANDS-ON ONCOPLASTY WORKSHOP, SCHEDULED FOR 4-5TH DECEMBER 2026, PUNE



The Prashanti Cancer Care Mission's International School of Oncoplastic Surgery (PCCM–ISOS) continues its commitment to advancing practical education in oncoplastic breast surgery through its Hands-On Oncoplasty Workshops.

The upcoming 33rd Hands-On Oncoplasty Workshop, scheduled for 4–5 December 2026 in Pune, will focus on Chest Wall Perforator Flaps, covering surgical principles, indications, planning and practical application.

The two-day programme will include hands-on pre-surgical mark-up sessions, surgical video demonstrations, real-case and MDT-style discussions, and interactive case-based learning, with direct faculty interaction throughout.

Led by Dr. C.B. Koppiker, the workshop is designed for trainees and residents in oncoplastic breast surgery and surgical oncology, as well as surgeons with a focus on breast surgery.

With a limited cohort of 30 participants, the workshop aims to provide a focused and interactive learning environment, with observership opportunities also available on application.

📅 4–5 December 2026 | 📍 Pune, India

Register Now: REGISTER NOW

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DR. CHAITANYANAND B. KOPPIKER INVITED BY DR. GURU N. REDDY TO DELIVER GRAND ROUNDS ORATION AND INAUGURATE AYANTRA BREAST CENTRE, HYDERABAD











Dr. Chaitanyanand B. Koppiker was invited by Dr. Guru N. Reddy, Chairman, Continental Hospitals, Hyderabad, to deliver an oration at the hospital's Grand Rounds and inaugurate the Ayantra Breast Centre on 28 October 2026.

He was also invited to deliver a talk titled "Building an Optimised Breast Cancer Program – The Oncoplastic Impact on Diagnostics, MDT Excellence and Evidence-Based Care in India". His talk highlighted the role of oncoplastic breast surgery in strengthening diagnostic pathways, multidisciplinary collaboration, and evidence-based breast cancer care in India.

EXTENSIVE MEDIA COVERAGE OF DR. CHAITANYANAND B. KOPPIKER'S PARTICIPATION IN AVANTRA BREAST CENTER INAUGURATION

New breast cancer centre brings multiple specialities under one roof

A new centre for breast cancer care has been launched in Gachibowli, bringing together multiple specialities involved in diagnosis, treatment and post-treatment support. The facility, Avantra Breast Center, is an initiative of Continental Hospitals, Hyderabad.

Breast oncoplasty surgeon Dr Chaitanyanand B Koppiker, who attended the launch as the guest of honour, said breast oncoplastic care required a multidisciplinary approach. Drawing on his experience of over 25 years, he explained that specialities such as mammography, genetic counselling, chemotherapy, radiation, reconstructive surgery and post-treatment survivorship played a role in a patient's recovery and well-being. He said the centre had brought these services together under one roof.

Speaking at the launch, founder and chairman Dr Guru N Reddy said the centre reflected his commitment to developing breast cancer care services.

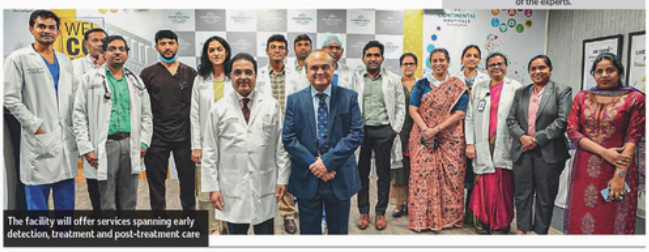
"From prevention and early detection to advanced diagnostics, personalised treatment, surgery, radiation therapy, genetic and family counselling, palliative care, and survivorship, we have brought every critical aspect of breast care together under one roof," said Dr Guru.

He added, "Our vision is to create a comprehensive destination where world-class expertise, advanced technology, and compassionate care come together to deliver not just better clinical outcomes, but also hope, dignity, and an improved quality of life for every woman and her family. At Avantra, we believe that breast cancer care must go beyond treating the disease to supporting the person through every stage of the journey."

The centre aims to provide patients with access to different stages of breast cancer care, from early detection and diagnosis to treatment and survivorship support.

For more details, contact:
Continental Hospitals
IT & Financial District, Gachibowli
For appointments call: **96019 66666**

Disclaimer: The views/suggestions/opinions expressed in the article are the sole responsibility of the experts.



The facility will offer services spanning early detection, treatment and post-treatment care

Continental Hospitals Launches Avantra Breast Center in Hyderabad

DECCAN NEWS SERVICE
HYDERABAD



Continental Hospitals, Gachibowli, has launched the Avantra Breast Center to provide comprehensive breast care, bringing prevention, early detection, advanced treatment, reconstructive surgery and survivorship support under one roof.

The centre was inaugurated on October 29, with renowned breast oncoplasty surgeon Dr. Chaitanyanand B. Koppiker attending as the Guest of Honour. Drawing on his experience of more than 25 years, he emphasised the importance of multidisciplinary collaboration in breast cancer treatment and recovery.

Dr. Koppiker highlighted the roles of breast imaging, mammography, genetic counselling, chemotherapy, radiation therapy, reconstructive surgery and post-treatment survivorship care in improving patients' overall well-being.

Speaking at the launch, Continental Hospitals Founder and Chairman Dr. Guru N. Reddy said the centre reflected his commitment to transforming breast cancer care through a comprehensive and compassionate approach.

He said Avantra brings together advanced diagnostics, personalised treatment, surgery, radiation therapy, genetic and family counselling, palliative care and survivorship support.

Dr. Reddy emphasised that the centre aims to deliver better clinical outcomes while preserving patients' dignity and improving their quality of life. He added that breast cancer care should extend beyond treating the disease to supporting patients and their families throughout the treatment and recovery journey.

METRO INDIA



Continental Hospitals launches 'Avantra Breast Center'

METRO INDIA NEWS | HYDERABAD

Continental Hospitals, Gachibowli launched the Avantra Breast Center on Thursday to provide comprehensive breast cancer care through an integrated, patient-centric approach. The centre aims to bring together essential breast care services, from prevention and early detection to advanced treatment and post-treatment support, under one roof. Globally renowned Breast Oncoplasty Surgeon Dr. Chaitanyanand B. Koppiker attended the launch as the Guest of Honour and commended Continental Hospitals for establishing the centre.

He highlighted the important roles played by breast imaging and mammography, genetic counseling, chemotherapy, radiation therapy, reconstructive surgery and post-treatment survivorship care in ensuring patients' overall recovery and well-being. Continental Hospitals Founder and Chairman Dr. Guru N. Reddy said that the Avantra Breast Center reflects his commitment to transforming breast cancer care through a comprehensive and compassionate approach.

He mentioned that the hospital's vision was to create a comprehensive destination where world-class expertise, advanced technology, and compassionate care come together to deliver not just better clinical outcomes, but also an improved quality of life for every woman and her family.

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The inauguration of the Avantra Breast Center at Continental Hospitals, Hyderabad, received extensive media coverage across leading newspapers, highlighting the importance of integrated, multidisciplinary breast cancer care.

Dr. Chaitanyanand B. Koppiker, was invited as the Guest of Honour by Dr. Guru N. Reddy, Founder and Chairman of Continental Hospitals, for the inauguration.

Prominent publications, including Deccan Chronicle and Metro India, featured Dr. Koppiker's participation and his emphasis on the critical role of multidisciplinary collaboration in optimising breast cancer outcomes.

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DR. KOPPIKER SHARES INSIGHTS ON ADVANCED ONCOPLASTIC TECHNIQUES AT BAHEYA BREAST CANCER CONFERENCE, EGYPT













Dr. Chaitanyanand B. Koppiker was invited to speak at the Baheya Breast Cancer Conference, held on 1–2 October 2026 in Egypt.

He delivered two talks focusing on advanced oncoplastic approaches in breast cancer surgery:

1. Oncoplastic Strategies Post-NACT with a Focus on Locally Advanced Breast Cancer (LABC)
2. Extreme Oncoplasty in Breast Cancer Surgical Care

His presentations explored surgical strategies following neoadjuvant chemotherapy (NACT), particularly in locally advanced breast cancer, and the role of extreme oncoplastic techniques in expanding breast-conserving surgical options.

The conference provided a platform for sharing clinical experiences, discussing evolving surgical approaches, and exchanging perspectives on advances in breast cancer management with the international breast cancer community.

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DR. KOPPIKER SPEAKS ON THE EXTENDED LD FLAP TECHNIQUE AT BRASCON 2026, HELD FROM 8–10 OCTOBER AT CROWNE PLAZA, NEW DELHI







Dr. Chaitanyanand B. Koppiker was invited as a speaker at BRASCON 2026, held from 8–10 October at Crowne Plaza, New Delhi. He delivered three talks focusing on advances in oncoplastic and reconstructive breast surgery:

1. Fluorescence-guided decision-making in oncoplastic breast-conserving surgery.
2. Extreme Oncoplastic surgery
3. Extended LD flap technique

The conference brought together distinguished Indian and international faculty for an engaging programme featuring operative workshops, panel discussions with industry experts, and interactive sessions with opportunities for questions and answers.

The meeting also provided a valuable platform for professional networking, knowledge exchange, and discussions on advancements in breast surgery and oncoplastic and reconstructive techniques.

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DR. KOPPIKER SHARES EXPERTISE IN BREAST ONCOPLASTIC SURGERY AT RAIPUR BREAST CANCER UPDATE 2026, HOTEL BABYLON CAPITAL, RAIPUR, CHHATTISGARH









Dr. Chaitanyanand B. Koppiker was invited as a speaker at the Raipur Breast Cancer Update 2026, held on 24–25 October 2026 at Hotel Babylon Capital, Raipur, Chhattisgarh. The two-day academic and clinical meeting was organised by Mittal Hospital, Raipur.
The meeting brought together clinicians and specialists to discuss evidence-based guidelines, early detection, molecular diagnostics, and practical approaches to breast cancer management.

Dr. Koppiker delivered two talks:

1. Fluorescence-Guided Decision-Making in Oncoplastic Breast-Conserving Surgery
2. Versatility of Chest Wall Perforator Flaps in Breast Oncoplasty: Adapting the Technique to Different Defect Sizes and Locations

His presentations focused on the application of fluorescence-guided techniques in surgical decision-making and the versatility of chest wall perforator flaps in addressing different breast defects, highlighting evolving approaches in oncoplastic breast surgery.

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MS. LALEH BUSHERI'S ARTICLE GOT FEATURED IN UPPERCRUST MAGAZINE



UPPERCRUST TRAVEL | KASHMIR

KASHMIR | UPPERCRUST TRAVEL

Winter in Gulmarg

Here truly lies heaven on earth! A retreat nestled in the Himalayan mountains, Gulmarg opens to pristine white vistas and valleys

Text: **Laleh Busheri**

A few firdas have neo eamnex ast, Hameen ase-o hamen ast-o haween ast.

If there is paradise on earth, it is this, it is this, it is this.

The famous Persian couplet, originally penned by the 13th-century Sufi poet and scholar Amir Khusrau, has echoed through Kashmir's valleys for more than 700 years. Though often attributed to Emperor Jehangir after his visit to Kashmir in the 17th century, the words belong to Khusrau, whose description remains astonishingly accurate even today. It is easy to dismiss such praise as poetic excess until Kashmir begins to unfold before your eyes.

The journey to Gulmarg starts in Srinagar, where the city slowly gives way to countryside and the road begins its gentle ascent into the Pir Panjal mountains. Majestic pine forests line the winding route westward, their dark green silhouettes

Dr Koppiker taking a dip in the pool

The indoor heated pool at Khyber Himalayan offers stunning views

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Ms. Laleh Busheri's article on 'Winter in Gulbarg' has been featured in UpperCrust Magazine, India's first and only dedicated food, wine, and travel magazine.

Founded in 2000 and edited by Farzana Contractor, UpperCrust is a premier lifestyle publication that brings together rich narratives on global cuisine, travel experiences, fine dining, and culture, catering to readers who appreciate refined living and gastronomic exploration.

Read the article here: https://uppercrustindia.com/v3/posts/2026/winter-in-gulmarg

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BREAST CANCER AWARENESS MONTH (OCTOBER): MS. LALEH BUSHERI LEADS AWARENESS SESSION AT EATON, KHARAD







During Breast Cancer Awareness Month (October), several awareness initiatives and sessions were conducted across the city to promote early detection and encourage informed conversations about breast health.

As part of these efforts, Ms. Laleh Busheri, CEO of PCCM, conducted a breast cancer awareness session at Eaton, Kharad

The session covered common myths and facts about breast cancer, the importance of regular screening, breast self-examination, and the gold standards in breast cancer diagnosis and management.

The interactive session encouraged awareness and understanding of early detection and timely medical consultation. Her talk was well received and appreciated by the attendees.

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BREAST CANCER AWARENESS MONTH (OCTOBER): MS. LALEH BUSHERI'S BREAST CANCER AWARENESS TALK AT DRUVA DATA SCIENCES, PAVILION MALL





As part of Breast Cancer Awareness Month in October, Ms. Laleh Busheri, CEO of PCCM, delivered a breast cancer awareness talk for the employees of Druva Data Sciences on 26 October 2026 at Pavilion Mall. The session was conducted in person, with several employees also joining virtually.

The talk emphasised early detection, recognising warning signs, and seeking timely medical advice. It received an encouraging response from both in-person and online participants.

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BREASTGLOBAL AT BREASTANBUL 2026: CELEBRATING RESEARCH EXCELLENCE, EMERGING LEADERS AND ADVANCING DISCUSSIONS IN BREAST CANCER CARE



BreastGlobal, an initiative of Prashanti Cancer Care Mission (PCCM), recognised research excellence and emerging leadership in breast oncology at the Breastanbul Conference, held from 8–10 October 2026 in Istanbul, Türkiye.

Through three sponsored awards, BreastGlobal acknowledged the contributions of:

- Emerging Investigator Award (LMIC): Dr. Ashutosh Mishra
- Future Leaders in Breast Oncology Award: Prof. Dr. Filiz Celebi
- Excellence in Breast Cancer Research: Ms. Aanchal Pandey

BreastGlobal congratulates all three awardees on their achievements and contributions to breast cancer research and care.

The Breastanbul 2026 conference abstracts will be published online in the BreastGlobal Journal.

The conference also featured a dedicated two-hour BreastGlobal session focusing on De-escalation and the Role of Primary Chemotherapy in Early Breast Cancer, providing a platform for discussions on evolving treatment approaches and evidence-based decision-making in breast cancer care.

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PRASHANTI CANCER CARE MISSION'S BREAST GLOBAL JOURNAL

Volume 3, Issue 1 is now available online.



We are delighted to share that our Breast Global Journal's Volume 3, Issue 1 is now available online. BreastGlobal journal is open-access with no submission fees, and authors retain full copyright. Affiliated with Wolters Kluwer and bearing its own ISSN, the journal offers a respected platform for advancing breast cancer research and clinical practice.

Explore the latest issue here: https://journals.lww.com/bgjr/pages/currenttoc.aspx

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.
In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

The journal features a distinguished editorial board and has already released eight issues. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: https://review.jow.medknow.com/bgj
Please contact the editorial team at thebreastglobal@gmail.com
Journal's editorial board : https://journals.lww.com/bgjr/pages/editorialboard.aspx
Access all issues of the journal: https://journals.lww.com/bgjr/pages/issuelist.aspx

NEW PUBLICATION: QUANTITATIVE ASSESSMENT OF COLLAGEN ARCHITECTURE FROM ROUTINE HISTOPATHOLOGICAL IMAGES SHOWS CONCORDANCE WITH SECOND HARMONIC GENERATION MICROSCOPY



We are pleased to share that our research work, titled 'Quantitative assessment of collagen architecture from routine histopathological images shows concordance with Second Harmonic Generation microscopy', from Prashanti Cancer Care Mission, Pune, has been published in a Q1 journal PLOS Digital Health (Impact Factor 7.7).

At PCCM, our aim is quality breast cancer care that patients can afford. This study applies the same idea to diagnostics.

Collagen around a tumour carries prognostic information, but measuring it usually needs Second Harmonic Generation (SHG) microscopy, which few hospitals have. We show that routine Masson's Trichrome slides, which any pathology lab can prepare, can be digitally analysed to give results that agree with SHG. This work was funded by Bajaj Auto through PCCM.

Read the article: https://journals.plos.org/digitalhealth/article?id=10.1371/journal.pdig.0001364

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RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the clinical database at PCCM.
- Fresh frozen biopsy samples from 406 patients, along with 316 fresh frozen surgery samples, have been collected and stored at IISER.
- PCCM Team is gearing up for its its 33rd Hands-On Oncoplasty Workshop, scheduled for 4-5th December 2026, Pune
- New Publication: Quantitative assessment of collagen architecture from routine histopathological images shows concordance with Second Harmonic Generation microscopy
- Ms. Rupa Mishra presented a lecture on Clinical Cancer Genetics and Genomics at MIT WPU on 8th October 2026

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RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total FFPE blocks collected this month

Biopsy Blocks: 17

Surgery Blocks: 20



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

10 Fresh frozen Biopsy and **10** surgery samples collected this month.

ONGOING PROJECTS AND MANUSCRIPTS:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

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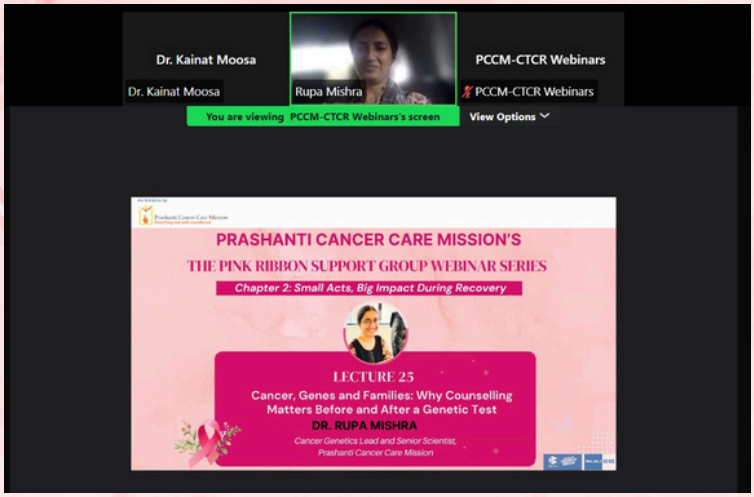
LECTURE 25TH OF PRASHANTI CANCER CARE MISSION'S PINK RIBBON SUPPORT GROUP WEBINAR SERIES WAS HELD ON 21ST OCTOBER 2026.

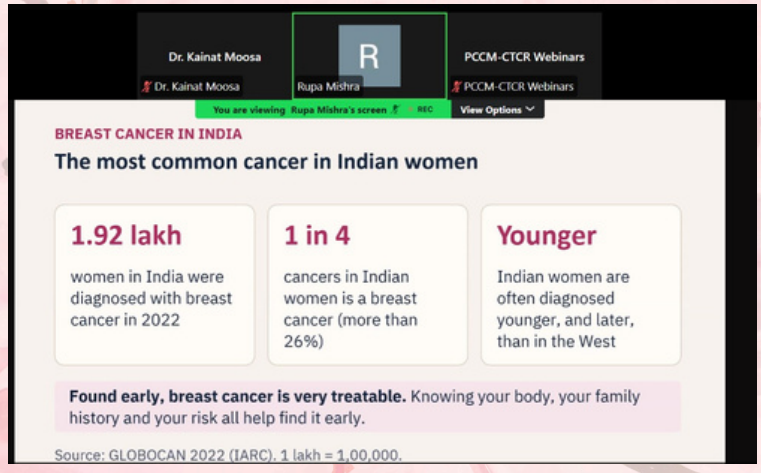
Building on the success of Chapter 1 (Sept 2024–Mar 2025) — where we explored key aspects of survivorship such as mental health, nutrition, yoga, meditation, and genetics — Chapter 2 'Small Acts, Big Impact During Recovery' now turns the spotlight to everyday activities that uplift the spirit and foster healing in meaningful, accessible ways.

On Wednesday, 21st of October 2026, the Pink Ribbon Support Group hosted Lecture 25th of its ongoing webinar series.

This Pink Ribbon Webinar featured 'Cancer, Genes and families: Why counselling matters before and after a Genetic Test' by Dr. Rupa Mishra

Click here to register for the next session : **REGISTER NOW**







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BLOGS

BEYOND BRCA: UNDERSTANDING THE GENETICS OF BREAST CANCER



Breast cancer can develop due to genetic, hormonal, environmental, and lifestyle factors. While most cases are sporadic, approximately 5–10% are hereditary, caused by inherited pathogenic variants in cancer susceptibility genes.

It's not just BRCA

You may have heard of the BRCA genes. Several other genes, such as PALB2, TP53, CHEK2, ATM, PTEN and CDH1, can also raise breast cancer risk. Some of them also raise the risk of other cancers, such as stomach, thyroid or ovarian cancer. A genetic test can check many of these genes at once.



Role of Genetic Testing



Germline genetic testing can identify inherited variants and help guide:

- Personalized cancer risk assessment and screening.
- Risk-reducing strategies when appropriate.
- Treatment decisions for selected patients.
- Cascade testing and counseling for family members.

How Do Genetic Variants Increase Cancer Risk?

Our genes contain instructions that keep cells healthy and repair everyday damage. When one of these genes isn't working properly, damage can build up over time, making cancer more likely. It is not a guarantee that cancer will develop. Some indications of if there can be a genetic component

- Several relatives on the same side of the family had breast or ovarian cancer.
- A relative was diagnosed with breast cancer before age 45
- A man in your family had breast cancer
- Someone had cancer in both breasts
- A relative is already known to carry a gene change



Conclusion

Understanding breast cancer susceptibility genes beyond BRCA1 and BRCA2 enables a more comprehensive assessment of hereditary cancer risk. Genetic testing and counseling support personalized management, early detection strategies, and informed family based care.

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Orchids BREAST HEALTH
AJAJ THE WORLD'S FAVOURITE INDIAN
BAJAJ

BLOGS



Protein Raita Bowl

Ingredients

- Ingredients
- ½ cup yogurt
- ¼ cup chopped cucumber / grated beetroot / pomegranate seeds
- A pinch of roasted cumin powder
- Salt to taste
- Optional: soaked chia seeds or soft tofu cubes

Method

1. Mix yogurt with salt & cumin.
2. Add vegetables or fruits of choice.
3. Top with chia or tofu for extra protein.

Benefits

Fresh, hydrating, improves appetite and supports immunity.

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PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP SAVE LIVES OF BREAST CANCER PATIENTS

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate: DONATE

Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:
https://prashanticancercare.org/donate/

or

b. Send us a cheque in favour of "Prashanti Cancer Care Mission"

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.
Contact Details: Mr. Aditya Kamthe: +91 9665033955

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

We would like to thank our
Donors & Supporters
for their unconditional support over the years

Warm Regards,

Ms. Laleh Busheri CEO
Prashanti Cancer Care mission

Newsletter prepared by Dr. Kainat Moosa
Publications & Communications Manager
Prashanti Cancer Care Mission (PCCM)

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