



AUGUST 2026 | VOLUME 11| ISSUE 114

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

SPOTLIGHT: PCCM GEARS UP FOR THE PCCM'S 2ND BIOBANKING WORKSHOP & SYMPOSIUM TO BE HELD IN SEPTEMBER 10-12TH, PUNE



Dr. C.B. Koppiker
Managing Trustee, Prashanti Cancer Care Mission (PCCM), Pune
Medical Director, Orchids Breast Health, Co-founder, BreastGlobal

Prashanti Cancer Care Mission
Reaching out with excellence



PCCM's 2nd Biobanking Workshop & Symposium 2026

Biobanking • Population Genomics • Precision Medicine



Ms. Laleh Busheri
CEO, Prashanti Cancer Care Mission, Pune

10th -12th Sept 2026

Crowne Plaza, Pune India

WHAT'S IN THIS LATEST ISSUE?

- Dr. C.B. Koppiker was invited to deliver a Talk at the YDA GPCON 2026, organized by the Yerawada Doctors Association (YDA), Pune
- Dr. C.B. Koppiker Invited as Keynote Speaker at Jehangir Hospital CME
- Ms. Laleh Busheri's article was Featured in UpperCrust Magazine
- PCCM to Organize the 2nd Biobanking Workshop & Symposium 2026
- Upcoming: PCCM's-ISOS & ABDSA Oncoplastic & Reconstruction breast Surgery workshop Baku 2026
- The 22nd lecture of Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was successfully conducted.

FROM HEART OF PRASHANTI CANCER CARE MISSION (PCCM)

Every month at PCCM, we witness stories of courage, healing, and hope. Stories of women who come in feeling uncertain about their ability to fight cancer, but after a simple heart-to-heart with our team, go on to adopt their treatment plan and take the first confident step toward recovery.

As a breast cancer-focused NGO, we work to ensure that no woman faces this journey without the right care, support, and dignity. We offer free or majorly concessionary diagnostic services, life-saving surgeries, chemotherapy, radiation therapy coordination, counseling, and survivorship programs—so that ability to pay never decides the quality of care.

Many women continue to walk through our doors—some for screening, others for treatment—and many find strength and connection through our Pink Ribbon Support Group.

This newsletter is where we share:

- A Story That Inspires – Few patient's journey each month [Link to the page](#)
- Impact by the Numbers – how many patients were screened, diagnosed, treated, and supported -[Link to the page](#).
- Behind the Scenes – glimpses of our team's daily work in clinics, research, capacity building, and awareness drives. -[Link to the page](#)
- How You Can Help – because your kindness keeps the lights on, the machines running, and the medicines flowing. -[Link to the page](#)

Why donate?

Your contribution directly funds breast cancer patients who cannot afford their treatment and who, due to lack of funds, cannot start their treatment or leave it halfway.

This helps them through their surgery, chemotherapy, radiation, and medicines.

TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

Patient Vijayshree Ramlu

My name is Vijayshree Ramlu and I would like to express my immense gratitude to the team that supported me through one of the most challenging times of my life.

I have a long history of breast cancer starting back in 2008, with multiple recurrences and ongoing treatments over the years. Throughout this journey, Dr. Koppiker has been an incredible guide and a pillar of strength. His expertise, compassion, and continuous support made all the difference in keeping my hope alive.

Additionally, facing treatment for so long brings financial challenges, and Prashanti Cancer Care Mission stepped in to help us with both the treatment and essential medications.

To me, Dr. Koppiker is nothing short of a lifesaver. Words cannot fully express my appreciation for his humble nature, warmth, dedication, and guidance, as well as the unwavering support from Prashanti Cancer Care Mission. Thank you from the bottom of my heart for being there for me every step of the way.



TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

राजश्री रामचंद्र पितळे

मेरा नाम राजश्री रामचंद्र पितळे है मे 58 इयर्स ओल्ड हूँ ... और मैं डॉ. कोपीकर सर और प्रशांतिक कैंसर केयर मिशन की पूरी टीम का दिल से धन्यवाद करना चाहती हूँ।

जनवरी 2025 में जब मुझे ब्रेस्ट में गांठ महसूस हुई और छह महीनों में वह बढ़ने लगी, तो मैं बहुत डर गई थी। ऐसा लग रहा था कि मेरी जिंदगी खत्म हो गई है। फिर मेरे भाई की सलाह पर मैं डॉ. कोपीकर सर से जहांगीर हॉस्पिटल में मिली।

डॉक्टर सर ने मुझे जिस तरह से सपोर्ट किया, समझाया और हिम्मत दी कि "यह कैंसर पूरी तरह से ठीक हो सकता है", उसने मेरा सारा डर दूर कर दिया। उनका ट्रीटमेंट और गाइडेंस बहुत ही बेहतरीन था। वे मेरे और मेरे परिवार के लिए भगवान समान हैं।

इलाज और सर्जरी के समय मेरी आर्थिक स्थिति ठीक नहीं थी, लेकिन प्रशांतिक कैंसर केयर मिशन ने मेरी बहुत बड़ी मदद की। उनकी वजह से ही मेरा इलाज सही समय पर और अच्छे से हो पाया।

आज मैं पूरी तरह ठीक हूँ और अपनी फैमिली के साथ एक खुशहाल और स्वस्थ जीवन जी रही हूँ। डॉ. कोपीकर सर और प्रशांतिक कैंसर केयर मिशन को मेरा और मेरे परिवार का बहुत-बहुत धन्यवाद!

धन्यवाद



PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP TREAT THE PENDING LIST OF UNAFFORDABLE BREAST CANCER PATIENTS

Pending list of patients below

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

DONATE 

01.		Sulbha Dere (47 Yrs) has stage II breast cancer. She is a homemaker and has two kids, both are studying. Her husband works as a farmer.												
		<table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>3,59,684</td></tr><tr><td>Diagnostics and OPD Charges</td><td>45,700</td></tr><tr><td>Radiation</td><td>1,80,000</td></tr><tr><td>Surgery</td><td>2,50,000</td></tr><tr><td>Total</td><td>8,35,384</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	3,59,684	Diagnostics and OPD Charges	45,700	Radiation	1,80,000	Surgery	2,50,000	Total	8,35,384
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Total	8,35,384													
	Sulbha Dere (47 Yrs)													

02.		Vijayshree Ramlu Nalanaglu (54 years) has stage III breast cancer. She is a homemaker, and her husband is small scale construction contractor. She has two daughters studying in college. The husband earns minimal income to support the family and patient's treatment												
		<table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>2,48,000</td></tr><tr><td>Diagnostics and OPD Charges</td><td>58,922</td></tr><tr><td>Radiation</td><td>000</td></tr><tr><td>Surgery</td><td>000</td></tr><tr><td>Total</td><td>3,06,922</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	2,48,000	Diagnostics and OPD Charges	58,922	Radiation	000	Surgery	000	Total	3,06,922
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	Vijayshree Ramlu Nalanaglu (54 Yrs)													

FREE COUNSELLING SERVICES AT ORCHIDS BREAST HEALTH SO FAR

Onco-Psychology Counselling - 559

Onco-Genetic Counselling- 601

Nutrition Counselling-581

Preventive clinic services-145



Onco - Psychology Counselling
Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Core and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at:
12 Kappalwada, Senegodi
Bopar Road, Pune
Maharashtra 411006



Onco - Genetic Counselling
Free Genetic Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we have RACI certified genetic counsellors for some of our patients who might need genetic testing.

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)

- Diagnosed at <45 yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal history of other cancer

What can you expect in a genetic counselling?
• Pedigree charting (Family History)
• Risk assessment
• Genetic testing options
• Genetic reports interpretation
• Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 5pm)

Visit us at:
12 Kappalwada, Senegodi
Bopar Road, Pune
Maharashtra 411006

Dr. Kapilraj | Breast Cancer Doctor in Pune | Orchids Breast Health (OrchidsHealth.in)
A 630-394565, 2845555, 9866262626 | contact@orchidsbreasthealth.com | info@orchidsbreasthealth.com



Onco - Nutrition Clinic
Free Nutrition Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we have RACI certified dietitians who work with you in easing your stress.

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at:
12 Kappalwada, Senegodi
Bopar Road, Pune
Maharashtra 411006

Dr. Kapilraj | Breast Cancer Doctor in Pune | Orchids Breast Health (OrchidsHealth.in)
A 630-394565, 2845555, 9866262626 | contact@orchidsbreasthealth.com | info@orchidsbreasthealth.com



RISK REDUCTION CLINIC FOR BREAST CANCER

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

KEEP YOUR WEIGHT STABLE
EAT HEALTHY FOOD
LIMIT YOUR CALORIE INTAKE
LIMIT YOUR SALT INTAKE
LIMIT YOUR ALCOHOL CONSUMPTION
LIMIT YOUR EXPOSURE TO POLLUTION

WATCH OUT FOR CHANGES IN YOUR BODY
DO FOR A BIOPSY

Prashanti Cancer Care Mission
Breast Health with excellence
www.ccr.in

PCCM provided 29 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health this month.



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

PCCM TO ORGANIZE THE 2ND BIOBANKING WORKSHOP & SYMPOSIUM 2026



The poster for PCCM's 2nd Biobanking Workshop & Symposium 2026 features a pink and white color scheme. At the top, the Prashanti Cancer Care Mission logo is displayed with the tagline 'Reaching out with excellence'. The main title 'PCCM's 2nd Biobanking Workshop & Symposium 2026' is prominently shown, followed by the Chief Patron & Scientific Partner, Nucleome Informatics. The theme 'BIOBANKING, PRECISION MEDICINE & POPULATION GENOMICS: FROM SAMPLES TO IMPACT' is highlighted. A detailed paragraph describes the 2.5-day program's focus on biobanking, precision medicine, and population genomics. The event dates (10th-12th Sept 2026) and venue (Jehangir Hospital, Pune, India) are clearly stated. A circular inset image shows a biobanking storage facility. Two columns list the focus areas for the hands-on workshop and the data/precision medicine symposium. A 'REGISTER NOW' button is located at the bottom right of the poster. Social media links and logos of partner organizations are at the very bottom.

Prashanti Cancer Care Mission
Reaching out with excellence

PCCM's
2nd Biobanking Workshop & Symposium 2026
Chief Patron & Scientific Partner Nucleome Informatics

BIOBANKING, PRECISION MEDICINE & POPULATION GENOMICS: FROM SAMPLES TO IMPACT

PCCM's 2nd Biobanking Workshop & Symposium 2026, with Nucleome Informatics as Scientific Partner, is a unique 2.5-day programme focused on biobanking, precision medicine, and population genomics. The workshop will provide practical insights into biobank establishment, operations, ethics, governance, biospecimen management, and real-world workflows through expert-led sessions and interactive discussions. The symposium will explore how biobanks, genomics, and data-driven approaches are advancing precision medicine, translational research, and the future of healthcare. Save the dates, more details soon to follow.

2.5 Day Workshop & Symposium
10th - 12th Sept 2026

Venue: Jehangir Hospital,
Pune, India

Hands-on Biobanking & Ethics Workshop
Focus on:

- Biobank establishment
- Biobank operations
- Biospecimen processing
- Quality systems
- Governance and ethics
- Data management
- Practical demonstrations

Data Workshop & Precision Medicine Symposium
Focus on:

- Population genomics
- Precision medicine
- Bioinformatics
- AI and healthcare
- Translational research
- Data-driven healthcare

REGISTER NOW

<https://prashantimission.org/2026/09/10/2nd-biobanking-workshop-symposium-2026/>
<https://www.nucleomeinformatics.com/>

[in](#) [whatsapp](#) [email](#) workshop@prashantimission.org



Prashanti Cancer Care Mission (PCCM), through its Center for Translational Cancer Research (CTCR), is organizing the 2nd Biobanking Workshop & Symposium 2026 from 10th–12th September 2026 at Jehangir Hospital, Pune, India. The event is being conducted in collaboration with Nucleome Informatics Pvt. Ltd., the Chief Patron and Scientific Partner for the programme.

Centered around the themes of Biobanking, Precision Medicine, and Population Genomics, this 2.5-day international programme will bring together clinicians, researchers, scientists, biobank managers, genomics professionals, industry leaders, and policymakers. The workshop will feature hands-on training, expert-led symposium sessions, practical insights into real-world clinical workflows, and discussions on translational applications shaping the future of healthcare.

The symposium aims to foster collaboration, knowledge exchange, and capacity building in the rapidly evolving fields of biobanking and precision oncology.

Dates: 10th–12th September 2026

Venue: Pune, India

Click to Register: [REGISTER NOW](#)

PCCM'S-ISOS & ABDSA ONCOPLASTIC & RECONSTRUCTION BREAST SURGERY WORKSHOP BAKU 2026

**PCCM'S-ISOS & ABDSA
ONCOPLASTIC &
RECONSTRUCTION
BREAST SURGERY WORKSHOP
BAKU 2026**

Joint Workshop by Prashanti Cancer Care Mission (PCCM) 's International School of Oncoplastic Surgery (ISOS) and the Azerbaijan Breast Diseases Specialists Association (ABDSA)

Faculty: Dr.C.B. Koppiker, Dr. Farid Moypodi, Dr. H. Özgür Aytac, Dr. Hasan Karanlık, Dr. Diliqan Memmedov, Dr.Xatun Salmanova, Dr.Hagigat Vallyeva, Dr. Anushree Vartak, Dr. Amli Bagdia, Dr. Kamala Aliyeva, Dr. Yala Vallyeva

WORKSHOP HIGHLIGHTS

- Comprehensive 3-day immersive training program
- Stepwise learning: Simple to Complex Oncoplastic Techniques
- Dedicated modules on Whole Breast Reconstruction (Implant & Autologous)
- Focussed sessions on Chest Wall Perforator Flaps
- Live model mark-up sessions with expert guidance
- Extensive hands-on prosthesis-based simulation training
- Live surgery demonstration with real-time discussion
- Case-based discussions and interactive decision-making sessions
- Video-based learning on complex cases and complication management
- Opportunity to engage with international faculty and peers

Baku, Azerbaijan | **27th–29th August 2026**
(30th August optional cultural tour)

REGISTER NOW

Follow us on LinkedIn, Facebook, Instagram, YouTube, Twitter, and Email. Contact: info@prashanticancercare.org

Prashanti Cancer Care Mission (PCCM), through its International School of Oncoplastic Surgery (ISOS), in collaboration with the Azerbaijan Breast Diseases Specialists Association (ABDSA), is organizing the ISOS–ABDSA International Hands-On Workshop & Breast Surgery Course in Baku, Azerbaijan, from 27th–29th August 2026.

This landmark event marks the first-ever international edition of the ISOS Oncoplastic Surgery training programme outside India, reflecting PCCM's growing global footprint in advancing breast surgery education. The three-day immersive programme will bring together renowned international faculty to provide structured training in oncoplastic breast surgery and reconstruction through live surgeries, hands-on simulation sessions, model mark-ups, case-based discussions, and interactive learning experiences.

Designed for oncoplasty fellows, breast surgeons, and surgical oncology trainees, the workshop aims to foster international collaboration while strengthening expertise in contemporary breast cancer surgery and reconstruction.

Venue: Baku, Azerbaijan

Dates: 27th–29th August 2026 (30th August: Optional Cultural

Click to Register:



DR. C.B. KOPPIKER WAS INVITED TO DELIVER A TALK AT THE YDA GPCON 2026, ORGANIZED BY THE YERAWADA DOCTORS ASSOCIATION (YDA), PUNE



As part of YDA GPCON 2026, organized by the Yerwada Doctors Association (YDA) at Hotel Crowne Plaza, Pune, Dr. C.B. Koppiker delivered an informative lecture titled "Lumps and Bumps" for general practitioners.

The session focused on the practical approach to evaluating patients presenting with breast lumps in primary care. Dr. Koppiker highlighted the importance of early clinical suspicion, appropriate history taking, systematic examination, timely imaging, and prompt referral to a breast specialist when indicated. He also discussed the common benign and malignant causes of breast lumps, red flag signs that should not be overlooked, and the role of general practitioners in facilitating early diagnosis and improving breast cancer outcomes.

The lecture concluded with an interactive question-and-answer session, allowing participants to discuss real-world clinical scenarios and strengthen their understanding of evidence-based breast care in everyday practice.

DR. C.B. KOPPIKER INVITED AS KEYNOTE SPEAKER AT JEHANGIR HOSPITAL CME



INVITATION

JEHANGIR HOSPITAL
cordially invites you to the

CME ON BREAST CANCER AND FETAL MEDICINE

20th June, Saturday 2026

TIME: 1:00 pm onwards

VENUE: Royal Orchid, Kalyani Nagar, Pune

We request you to grace this occasion with your presence.

SPEAKERS



Dr C. B. Koppikar
Director Oncoscience,
Sr. Oncoplastic and
Breast Surgeon, MBBS,
MS (General Surgery)

Topic: Breast Cancer 2026:
Beyond Survival - Precision
Care with Improved Quality of Life



Dr. Apeksha Hadole
Consultant Radiologist
and Fetal Medicine Expert,
MBBS, Postgraduate Diploma
in Radiology, Scholar MD
Fellowship in Fetal Medicine

Topic: An Overview of
Fetal Medicine

RSVP: Mr. Pradeep Kamble - 88888 86822 & Mr. Yogesh Chavan - 8668218374

www.jehangirhospital.com

Dr. C.B. Koppiker was invited as the keynote speaker at a Continuing Medical Education (CME) programme organized by Jehangir Hospital on 20th June 2026 at Kalyani Nagar, Pune. Attended by 31 healthcare professionals, Dr. Koppiker delivered a talk titled "Breast Cancer 2026: Beyond Survival – Precision Care with Improved Quality of Life."

The lecture highlighted the evolving landscape of breast cancer care, emphasizing early detection, personalized treatment strategies, multidisciplinary management, and quality-of-life-focused care. Through an engaging and interactive session, Dr. Koppiker discussed the latest advances in breast cancer management and underscored the importance of evidence-based, patient-centric care in improving long-term outcomes.

MS. LALEH BUSERI'S ARTICLE WAS FEATURED IN UPPERCRUST MAGAZINE



Ms. Laleh Busheri, CEO of Prashanti Cancer Care Mission (PCCM), was featured in the Volume 27, 2nd Quarter 2026 issue of UpperCrust magazine, one of India's premier luxury lifestyle and travel magazines known for its coverage of fine dining, global travel, culture, and exclusive destinations.

Her article, "The Billion-Dollar Monaco: Jewel of the Riviera," takes readers on an engaging journey through the Principality of Monaco, highlighting its rich history, breathtaking Mediterranean coastline, world-renowned luxury, architectural landmarks, and vibrant cultural heritage. Through vivid storytelling, Ms. Busheri captures the unique charm and elegance of one of the world's most iconic destinations, offering readers an immersive glimpse into the glamour and timeless appeal of the French Riviera.

Upper Crust Magazine : <https://uppercrustindia.com/online-edition/v106/#p=113>

AUGUST 2026 | VOLUME 11| ISSUE 114

PRASHANTI CANCER CARE MISSION'S BREAST GLOBAL JOURNAL

Volume 3, Issue 1 is now available online.



We are delighted to share that our Breast Global Journal's Volume 3, Issue 1 is now available online. BreastGlobal journal is open-access with no submission fees, and authors retain full copyright. Affiliated with Wolters Kluwer and bearing its own ISSN, the journal offers a respected platform for advancing breast cancer research and clinical practice.

Explore the latest issue here: <https://journals.lww.com/bgjr/pages/currenttoc.aspx>

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

The journal features a distinguished editorial board and has already released eight issues. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>

RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



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- Enhancing and Enriching the clinical database at PCCM.
 - Fresh frozen biopsy samples from 373 patients, along with 285 fresh frozen surgery samples, have been collected and stored at IISER.
 - Manuscript titled, 'Oncoplastic Breast Surgery Taking 'Centre' Stage-Managing Centrally Located Breast Tumors In Indian Cohort' has been accepted for publication in the Journal of Clinical Medicine- MDPI.
 - Ms. Mousumi Kandangel, M.S. Student working on a PCCM project, has been awarded the ASDP 2026 Travel Grant for her abstract, "A Deep Learning Pipeline for Tumor-Infiltrating Lymphocytes (TILs) Quantification in Breast Cancer," accepted for Oral Presentation at the 3rd Annual Congress of the Asian Society of Digital Pathology (ASDP 2026), Singapore. She will present the work along with Dr. Madhura Kulkarni
 - Mr. Chaitanya, Research Associate at PCCM-CTCR, completed his master's dissertation at PCCM, where he developed and validated an automated machine learning pipeline using digital pathology and deep learning segmentation to detect and quantify tertiary lymphoid structures in triple-negative breast cancer.

RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total FFPE blocks collected this month

Biopsy Blocks: 08

Surgery Blocks: 08



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

06 Fresh frozen Biopsy and **08** surgery samples collected this month.

ONGOING PROJECTS AND MANUSCRIPTS:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

LECTURE 22ND OF PRASHANTI CANCER CARE MISSION'S PINK RIBBON SUPPORT GROUP WEBINAR SERIES WAS HELD ON 17TH OF JUNE 2026.

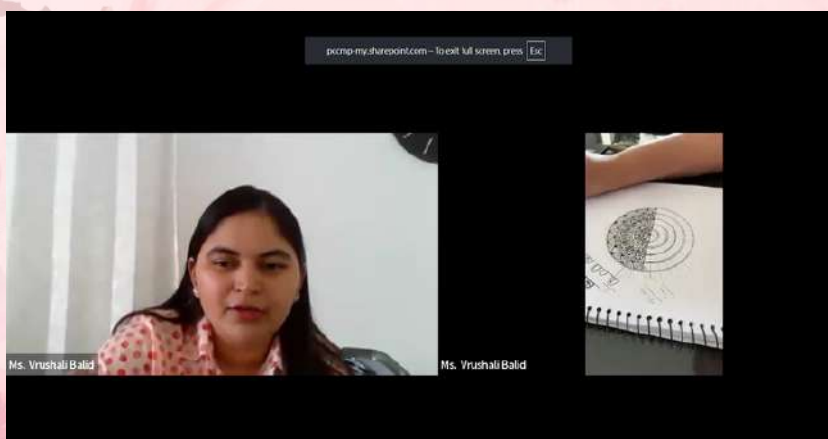
Building on the success of Chapter 1 (Sept 2024–Mar 2025) — where we explored key aspects of survivorship such as mental health, nutrition, yoga, meditation, and genetics — Chapter 2 ‘Small Acts, Big Impact During Recovery’ now turns the spotlight to everyday activities that uplift the spirit and foster healing in meaningful, accessible ways.

On Wednesday, 15th of July 2026, the Pink Ribbon Support Group hosted Lecture 22 of its ongoing webinar series.

This Pink Ribbon Webinar featured ‘Healing Through Mandala Art: A Journey Towards Calm and Well-being’ presented by Ms. Vrushali Balid.

Click here to register for the next session :

[REGISTER NOW](#)



An Initiative By
Prashanti Cancer Care Mission
Reaching out with excellence

PRASHANTI CANCER CARE MISSION'S THE PINK RIBBON SUPPORT GROUP WEBINAR SERIES

Chapter 2: Small Acts, Big Impact During Recovery

LECTURE 22



Healing Through Mandala Art: A Journey Towards Calm and Well-being
Ms. Vrushali Balid
Mandala Artist

After a successful Chapter 1 (September 2024–March 2025) on survivorship, mental health, nutrition, yoga, meditation, and genetics, we invite you to Chapter 2, “Small Acts, Big Impact During Recovery” where we’ll explore simple, empowering activities for patients and caregivers.

WEDNESDAY, 15TH JULY 2026
VIA ZOOM 4:00 P.M–5:00 P.M IST
(REGISTER NOW TO ATTEND THE WEBINAR)

[CLICK HERE TO REGISTER](#)
FREE WEBINAR

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For more information & registration, please call or email
+91-20-25656110 / 91-20-25650269
vcanshare@prashanticancercare.org

www.prashanticancercare.org
www.ctcr.in

*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested

BLOGS

SURVIVORSHIP & MENTAL WELL BEING

PRACTICE SELF CARE

Take time each day to do activities that you enjoy and calm your mind, such as reading, taking a walk, or meditating. Self care helps reduce stress and improves mental well being.



STAY CONNECTED

Maintain relationships with family and friends. Talking to people you trust about your feelings and experiences can provide emotional support and reduce feelings of loneliness.



PRACTICE MINDFULNESS AND MEDITATION

Mindfulness and meditation techniques can help you stay focused on the present moment and reduce negative thoughts. Take a few minutes every day to meditate and pay attention to your breathing.



BLOGS

Roasted Masala Arbi (Healthy Snack)

Ingredients:

- 250 g arbi (boiled and peeled)
- 1 tsp olive oil or ghee
- ½ tsp turmeric
- ½ tsp cumin powder
- ½ tsp coriander powder
- ¼ tsp red chilli powder
- Salt to taste
- Fresh coriander and lemon juice

Method:

- Boil arbi until just tender. Peel and flatten slightly.
- Toss with oil and spices.
- Roast in an oven or air fryer at 200°C for 15–20 minutes until crisp.
- Garnish with coriander and a squeeze of lemon.

Health Benefits:

- Rich in dietary fiber for digestive health.
- Provides potassium, which supports heart health.



PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP SAVE LIVES OF BREAST CANCER PATIENTS

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:



Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:

<https://prashanticancercare.org/donate/>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.

Contact Details: Mr. Aditya Kamthe: +91 9665033955

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
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