



JULY 2026 | VOLUME 11 | ISSUE 113

# PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

**SPOTLIGHT: PCCM GEARS UP FOR THE ISOS-ABDSA ONCOPLASTIC & RECONSTRUCTION BREAST SURGERY WORKSHOP, BAKU 2026**

## PCCM'S-ISOS & ABDSA ONCOPLASTIC & RECONSTRUCTION BREAST SURGERY WORKSHOP BAKU 2026



### WHAT'S IN THIS LATEST ISSUE?

- **Book Launch: Breast Cancer: Global Quality Care (2nd Edition)**
- Ms. Laleh Busheri presented an oral poster at the MASCC (Multinational Association of Supportive Care in Cancer) Annual Meeting, Melbourne, Australia
- Dr. C.B. Koppiker's Visit to the Westmead Breast Cancer Institute, Australia
- PCCM-CTCR Research Manuscript has been published in MDPI Diagnostics journal
- PCCM to Organize the 2nd Biobanking Workshop & Symposium 2026
- Upcoming: PCCM's-ISOS & ABDSA Oncoplastic & Reconstruction breast Surgery workshop Baku 2026
- Phase IV of the course concluded successfully with the combined final session (Lectures 11 and 12)
- The 21st lecture of Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was successfully conducted.

### FROM HEART OF PRASHANTI CANCER CARE MISSION (PCCM)

Every month at PCCM, we witness stories of courage, healing, and hope. Stories of women who come in feeling uncertain about their ability to fight cancer, but after a simple heart-to-heart with our team, go on to adopt their treatment plan and take the first confident step toward recovery.

As a breast cancer-focused NGO, we work to ensure that no woman faces this journey without the right care, support, and dignity. We offer free or majorly concessional diagnostic services, life-saving surgeries, chemotherapy, radiation therapy coordination, counseling, and survivorship programs—so that ability to pay never decides the quality of care.

Many women continue to walk through our doors—some for screening, others for treatment—and many find strength and connection through our Pink Ribbon Support Group.

#### This newsletter is where we share:

- A Story That Inspires – Few patient's journey each month [Link to the page](#)
- Impact by the Numbers – how many patients were screened, diagnosed, treated, and supported - [Link to the page](#).
- Behind the Scenes – glimpses of our team's daily work in clinics, research, capacity building, and awareness drives. - [Link to the page](#)
- How You Can Help – because your kindness keeps the lights on, the machines running, and the medicines flowing. - [Link to the page](#)

#### Why donate?

Your contributions directly fund diagnostic tests, surgeries, prostheses, counseling sessions, and outreach programs in communities where breast cancer is often detected too late.

Let's walk together—month after month—towards a future where breast cancer is detected early, treated well, and survivors thrive.

## TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

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### **Ms. Badrunissa Shaikh**

When I was diagnosed with metastatic breast cancer in May 2026, it felt as though my entire world had come to a standstill. Along with the emotional shock of the diagnosis, I was struggling with severe financial difficulties. I had almost lost hope and was uncertain about how I would continue my treatment.

At that difficult time, a cousin's friend introduced me to Dr. Koppikar and the team at Prashanti Cancer Care. Meeting Dr. Koppikar was a turning point in my journey. After carefully reviewing my reports, he reassured me with confidence and compassion that my condition was highly treatable. Those words gave me something I had almost lost—hope.

Prashanti Cancer Care also extended immense support by helping me through my financial struggles, ensuring that I could focus on my treatment instead of worrying about how I would afford it. Throughout my journey, I have received timely, compassionate, and high-quality medical care. The doctors, nurses, and staff have treated me with kindness, respect, and unwavering dedication.

Today, I am doing well and continuing my treatment with renewed confidence and optimism. The support, encouragement, and care I have received have made an immeasurable difference in my life.

I would like to express my heartfelt gratitude to Dr. Koppikar and the entire team at Prashanti Cancer Care for standing by me during one of the most challenging phases of my life. Your expertise, compassion, and generosity have given me hope, strength, and a new lease on life. I will always remain deeply thankful for everything you have done for me.



**TESTIMONIALS FROM PATIENTS WHO RECEIVED CARE THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES AT PCCM'S ORCHIDS BREAST HEALTH**

**सविता ताकवले**

मेरा नाम सविता ताकवले है मे 36 इयर्स ओल्ड हू. डिसेंबर 2025 को मुझे मेरे ब्रेस्ट मे छोटासा लंब हात को लगा तो मेरे गायनेकॉलॉजिस्ट ने गाठ है वैसे बोला फिर वो निकाल दि उसके दो मेहने बाद फिर वैसे हुआ तो कुछ टेस्ट किये उसमे पता चला कैंसर है फिर फैमिली फ्रेंड्स के रेफरेंस जहांगीर हॉस्पिटल मे है उसने डॉक्टर कोपीकर ड्रेस सर्जन है मिलने बोला और अच्छे तर गाईड करेंगे ऐसे भी बोला.

तो जब मे वहा दिखाने गयी तो उन्होने मुझे इतना अच्छा समजाया सपोर्ट मिला ममेरी ट्रीटमेंट बहुत अच्छी तरह स्टार्ट कर दी और अभी बाकी रिपोर्ट्स आने के बाद करने वाले है. ये सिर्फ पॉसिबल हुआ है डॉक्टर कोपीकर के वजह से जो मेरे लिये भगवान से कम नही है मेरा फायनान्शियल प्रॉब्लेम था तो मेरी ट्रीटमेंट और सर्जरी मे मुझे प्रशांती कैंसर केअर मिशन ने बहुत हेल्प की प्रशांति कैंसर की मिशन डॉक्टर कोपिकर को मेरा बहुत बहुत धन्यवाद.



**उज्ज्वला संदेश कदम**

मा झी पत्नी सौ . उज्ज्वला संदेश कदम हि ला ब्रेस्ट कैंसर वर खूप उत्तम उपचार सुरु आहेत. ते असता ना आहार विषयी सल्ला ज्या मुळे तिचे फॅटी लिव्हर सुद्धा प्रमाणात आले आहे, विशेष मॅडम कडून चा आहार आणि सगळ्या सहकाऱ्यांकडून जी समजूत मिळाली त्याचा खूप फायदा झाला . विशेष म्हणजे प्रत्येक रुग्णाचे खूप छान पद्धतीने ट्रॅकिंग केले जाते आणि फोने करून देखील माहिती घेतली जाते. शस्त्रक्रिया, केमोथेरेपी, इतर सर्व डॉक्टर आणि सहकाऱ्यांचा आहार खूप छान मिळाला . - संदेश मा नसिंग कदम

## PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP TREAT THE PENDING LIST OF UNAFFORDABLE BREAST CANCER PATIENTS



### *Pending list of patients below*

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.



01.	 <p><b>Sonal Jain (39 Yrs)</b></p>	<p><b>Sonal Jain (39 years)</b> has stage II breast cancer. She is a homemaker with two kids, a son and daughter, both studying in school. Her husband owns a small grocery store with a family income of just Rs. 8000 per month.</p> <table border="1"> <thead> <tr> <th>Treatment</th> <th>Amount (In Rs.)</th> </tr> </thead> <tbody> <tr> <td>Chemotherapy</td> <td>4,50,887</td> </tr> <tr> <td>Diagnostics and OPD Charges</td> <td>55,659</td> </tr> <tr> <td>Radiation</td> <td>1,80,000</td> </tr> <tr> <td>Surgery</td> <td>3,58,000</td> </tr> <tr> <td><b>Total</b></td> <td><b>10,44,546</b></td> </tr> </tbody> </table>	Treatment	Amount (In Rs.)	Chemotherapy	4,50,887	Diagnostics and OPD Charges	55,659	Radiation	1,80,000	Surgery	3,58,000	<b>Total</b>	<b>10,44,546</b>
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<b>Total</b>	<b>10,44,546</b>													
02.	 <p><b>Badrunisa Shaikh (49 Yrs)</b></p>	<p><b>Badrunisa Shaikh (49 years)</b> has stage II breast cancer. She is a homemaker with one son and daughter; both are studying. Her husband works as an accountant with a salary of Rs. 15000/-</p> <table border="1"> <thead> <tr> <th>Treatment</th> <th>Amount (In Rs.)</th> </tr> </thead> <tbody> <tr> <td>Chemotherapy</td> <td>3,18,789</td> </tr> <tr> <td>Diagnostics and OPD Charges</td> <td>47,658</td> </tr> <tr> <td>Radiation</td> <td>000</td> </tr> <tr> <td>Surgery</td> <td>000</td> </tr> <tr> <td><b>Total</b></td> <td><b>3,66,447</b></td> </tr> </tbody> </table>	Treatment	Amount (In Rs.)	Chemotherapy	3,18,789	Diagnostics and OPD Charges	47,658	Radiation	000	Surgery	000	<b>Total</b>	<b>3,66,447</b>
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**FREE COUNSELLING SERVICES AT ORCHIDS BREAST HEALTH SO FAR**

**Onco-Psychology  
Counselling - 539**

**Onco-Genetic  
Counselling- 577**

**Nutrition  
Counselling-575**

**Preventive clinic  
services-145**

**Onco - Psychology Counselling**  
Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

**Psychological Counselling For Breast Cancer Patients**

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

**BOOK YOUR APPOINTMENT NOW**  
(Offered both online (via Zoom) and/or in-person)

Visit us at:  
12 Kopalnada, Senapati  
Rajapur Road, Pune  
Maharashtra 411005

**Onco - Genetic Counselling**  
Free Genetic Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we have BCCG certified genetic counsellors for some of our patients who might need genetic testing.

**Breast Cancer Genetic Counselling**

To whom is genetic counselling offered?  
(According to NCCN guidelines)

- Diagnosed at <math>T4</math> or
- Family History of Cancer
- Recurrent
- TRIS21
- Personal history of other cancer

What can you expect in a Genetic counselling?  

- Risk factor charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 5pm)

Visit us at:  
12 Kopalnada, Senapati  
Rajapur Road, Pune  
Maharashtra 411005

Dr. Kapilraj | Breast Cancer Doctor | Orchids Breast Health | (orchidsbreasth@orchidsbreasth.com) | 020-26866000, 26866001, 26866002 | www.orchidsbreasth.com

**Onco - Nutrition Clinic**  
Free Nutrition Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Nutrition Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

**Nutrition Counselling**

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased Fatigue
- Hydration Counselling
- Improved healing and recovery

**BOOK YOUR APPOINTMENT NOW**  
(Offered both online (via Zoom) and/or in-person)

Visit us at:  
12 Kopalnada, Senapati  
Rajapur Road, Pune  
Maharashtra 411005

Dr. Kapilraj | Breast Cancer Doctor | Orchids Breast Health | (orchidsbreasth@orchidsbreasth.com) | 020-26866000, 26866001, 26866002 | www.orchidsbreasth.com

**RISK REDUCTION CLINIC FOR BREAST CANCER**

At the Orchids Breast Health Nutrition Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

KEEP YOUR WEIGHT STABLE  
 EAT HEALTHY FOOD  
 GET REGULAR EXERCISE  
 AVOID TOBACCO AND ALCOHOL  
 LIMIT YOUR SALT INTAKE  
 LIMIT YOUR SUGAR INTAKE  
 LIMIT YOUR FAT INTAKE  
 LIMIT YOUR CALORIE INTAKE  
 LIMIT YOUR SODIUM INTAKE  
 LIMIT YOUR SODIUM INTAKE  
 LIMIT YOUR SODIUM INTAKE

Prashanti Cancer Care Mission  
Breast Health with excellence  
www.ccr.in

PCCM provided 47 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health this month.



**Mammography**



**Sonography**



**Biopsy**



**Surgery**



**Chemotherapy**



**Onco-pharmacy**

## BOOK LAUNCH: BREAST CANCER: GLOBAL QUALITY CARE (2ND EDITION)



Dr. C.B. Koppiker attended the launch of the second edition of Breast Cancer: Global Quality Care, published by Oxford University Press, in Antwerp, Belgium.

Dr. Koppiker contributed the chapter on India, highlighting the country's progress in multidisciplinary breast cancer care, advances in oncoplastic breast surgery, and patient-centred treatment approaches.

The book brings together the expertise of over 130 contributors from more than 30 countries, reflecting a shared global commitment to advancing breast cancer care through collaboration and knowledge exchange.

**MS. LALEH BUSERI PRESENTS ORAL POSTER AT THE MASCC (MULTINATIONAL ASSOCIATION OF SUPPORTIVE CARE IN CANCER) ANNUAL MEETING, MELBOURNE, AUSTRALIA**



Ms. Laleh Busheri represented Prashanti Cancer Care Mission (PCCM) at the MASCC (Multinational Association of Supportive Care in Cancer) Annual Meeting, held from 25–27 June 2026 in Melbourne, Australia, where she delivered an oral poster presentation titled, "Expanding Access to Supportive Care in Breast Cancer: Outcomes from the Pink Ribbon Support Group, a Single-Centre Community-Driven Initiative."

The presentation highlighted the impact of PCCM's Pink Ribbon Support Group in improving access to supportive care for breast cancer patients through a community-driven model that promotes education, emotional well-being, and survivorship support.

The MASCC Annual Meeting brought together experts from around the world to discuss innovations in supportive cancer care, with this year's themes focusing on improving access to care, lifestyle and behavioural interventions, and the management of treatment-related toxicities. The meeting also provided valuable opportunities for scientific exchange, collaboration, and networking among clinicians, researchers, and healthcare professionals worldwide.

## DR. C.B. KOPPIKER'S VISIT TO THE WESTMEAD BREAST CANCER INSTITUTE, AUSTRALIA



Dr. C.B. Koppiker was invited by Dr. Farid Meybodi to visit the Westmead Breast Cancer Institute, one of Australia's leading centres for multidisciplinary breast cancer care, research, education, and innovation.

During the visit, Dr. Koppiker toured the Breast Consultation Clinic and met with Dr. Meybodi and colleagues to discuss multidisciplinary breast cancer care, oncoplastic breast surgery, research, surgical training, and opportunities for academic collaboration. The discussions also included planning for the upcoming Oncoplastic and Reconstructive Breast Surgery Workshop in Baku (August 2026) and the development of future educational initiatives in oncoplastic breast surgery.

The visit also explored how successful international models of multidisciplinary care, education, and innovation can be adapted to strengthen breast cancer services in India. Such collaborations foster knowledge exchange, build capacity, and support the adoption of global best practices to improve patient care.

NEW RESEARCH PUBLICATION FROM PCCM

The screenshot shows the MDPI Diagnostics journal website. At the top, there is a navigation bar with links for Journals, Topics, Information, Author Services, Initiatives, and About, along with a Sign In / Sign Up button. Below this is a search bar with fields for Title / Keyword, Author / Affiliation / Email, Diagnostics (dropdown), and All Article Types (dropdown), with a Search button. The breadcrumb trail reads: Journals / Diagnostics / Volume 16 / Issue 12 / 10.3390/diagnostics16121874. On the left sidebar, there are options to 'Submit to this Journal', 'Review for this Journal', and 'Propose a Special Issue'. Below this is an 'Article Menu' section featuring the Academic Editor, John Christian Fox. The main content area displays the article title, authors (Sanika Limaye, Harveen Arora, Rupa Mishra, Mugdha Pai, Nutan Jumle, Namrata Athavale, Chaitanyanand Koppiker, Sneha Joshi, and Beenu Varghese), affiliations, and submission details. The article is marked as 'Open Access Article' and includes a button for 'Order Article Reprints'.

We are pleased to share that a research study from the PCCM-CTCR team, titled "Assessing the Feasibility of Preoperative Axillary Ultrasound in Identifying Node-Negative Axillae: An Indian Retrospective Experience," has been published in MDPI Diagnostics.

The study evaluates the feasibility of using preoperative axillary ultrasound to identify node-negative axillae in breast cancer patients, highlighting its potential to improve preoperative assessment and guide surgical decision-making in the Indian clinical setting.

We congratulate the authors on this achievement and their continued contribution to advancing breast cancer research and improving patient care.

Read the full article: <https://doi.org/10.3390/diagnostics16121874>

## PCCM'S-ISOS & ABDSA ONCOPLASTIC & RECONSTRUCTION BREAST SURGERY WORKSHOP BAKU 2026

**PCCM'S-ISOS & ABDSA  
ONCOPLASTIC &  
RECONSTRUCTION  
BREAST SURGERY WORKSHOP  
BAKU 2026**

Joint Workshop by Prashanti Cancer Care Mission (PCCM)'s International School of Oncoplastic Surgery (ISOS) and the Azerbaijan Breast Diseases Specialists Association (ABDSA)

**Faculty:** Dr. C.B. Koppiker, Dr. Farid Meyboodi, Dr. H. Cögür Aytaç, Dr. Hasan Karanlık, Dr. Dilqam Memmedov, Dr. Xatun Salmanova, Dr. Hagigat Valfiyeva, Dr. Anushree Vartak, Dr. Amit Bagaria, Dr. Kamola Aliyeva, Dr. Yafa Valfiyeva

**WORKSHOP HIGHLIGHTS**

- Comprehensive 3-day immersive training program
- Stepwise learning: Simple to Complex Oncoplastic Techniques
- Dedicated modules on Whole Breast Reconstruction (Implant & Autologous)
- Focussed sessions on Chest Wall Perforator Flaps
- Live model mark-up sessions with expert guidance
- Extensive hands-on prosthesis-based simulation training
- Live surgery demonstration with real-time discussion
- Case-based discussions and interactive decision-making sessions
- Video-based learning on complex cases and complication management
- Opportunity to engage with international faculty and peers

**Baku, Azerbaijan** | **27th–29th August 2026**  
(30<sup>th</sup> August optional cultural tour)

**REGISTER NOW**

Follow our LinkedIn for updates  
www.breastcanceracademy.org  
cbs.koppiker@gmail.com | contact@prashanticoncarmission.org  
WhatsApp: +91988522285 (for enquiries)

Prashanti Cancer Care Mission (PCCM), through its International School of Oncoplastic Surgery (ISOS), in collaboration with the Azerbaijan Breast Diseases Specialists Association (ABDSA), is organizing the ISOS-ABDSA International Hands-On Workshop & Breast Surgery Course in Baku, Azerbaijan, from 27th-29th August 2026.

This landmark event marks the first-ever international edition of the ISOS Oncoplastic Surgery training programme outside India, reflecting PCCM's growing global footprint in advancing breast surgery education. The three-day immersive programme will bring together renowned international faculty to provide structured training in oncoplastic breast surgery and reconstruction through live surgeries, hands-on simulation sessions, model mark-ups, case-based discussions, and interactive learning experiences.

Designed for oncoplasty fellows, breast surgeons, and surgical oncology trainees, the workshop aims to foster international collaboration while strengthening expertise in contemporary breast cancer surgery and reconstruction.

Venue: Baku, Azerbaijan

Dates: 27th-29th August 2026 (30th August: Optional Cultural

Click to Register:



## PCCM TO ORGANIZE THE 2ND BIOBANKING WORKSHOP & SYMPOSIUM 2026

**Prashanti Cancer Care Mission**  
Reaching out with excellence

**PCCM's**  
**2nd Biobanking Workshop & Symposium 2026**  
Chief Patron & Scientific Partner Nucleome Informatics

**BIOBANKING, PRECISION MEDICINE & POPULATION GENOMICS: FROM SAMPLES TO IMPACT**

PCCM's 2nd Biobanking Workshop & Symposium 2026, with Nucleome Informatics as Scientific Partner, is a unique 2.5-day programme focused on biobanking, precision medicine, and population genomics. The workshop will provide practical insights into biobank establishment, operations, ethics, governance, biospecimen management, and real-world workflows through expert-led sessions and interactive discussions. The symposium will explore how biobanks, genomics, and data-driven approaches are advancing precision medicine, translational research, and the future of healthcare. Save the dates, more details soon to follow.

**2.5 Day Workshop & Symposium**  
10<sup>th</sup> - 12<sup>th</sup> Sept 2026

**Venue: Jehangir Hospital,**  
Pune, India

**Hands-on Biobanking & Ethics Workshop**  
Focus on:

- Biobank establishment
- Biobank operations
- Biospecimen processing
- Quality systems
- Governance and ethics
- Data management
- Practical demonstrations

**Data Workshop & Precision Medicine Symposium**  
Focus on:

- Population genomics
- Precision medicine
- Bioinformatics
- AI and healthcare
- Translational research
- Data-driven healthcare

**REGISTER NOW**

<https://prashanticanccaremission.org> | <https://ctcr.ai/> | <https://www.nucleomeinformatics.com/>

Prashanti Cancer Care Mission | Nucleome Informatics | CTCR | ICMR | DST | DBT | SERP

Prashanti Cancer Care Mission (PCCM), through its Center for Translational Cancer Research (CTCR), is organizing the 2nd Biobanking Workshop & Symposium 2026 from 10th–12th September 2026 at Jehangir Hospital, Pune, India. The event is being conducted in collaboration with Nucleome Informatics Pvt. Ltd., the Chief Patron and Scientific Partner for the programme.

Centered around the themes of Biobanking, Precision Medicine, and Population Genomics, this 2.5-day international programme will bring together clinicians, researchers, scientists, biobank managers, genomics professionals, industry leaders, and policymakers. The workshop will feature hands-on training, expert-led symposium sessions, practical insights into real-world clinical workflows, and discussions on translational applications shaping the future of healthcare.

The symposium aims to foster collaboration, knowledge exchange, and capacity building in the rapidly evolving fields of biobanking and precision oncology.

**Dates:** 10th–12th September 2026

**Venue:** Jehangir Hospital, Pune, India

**Click to Register:** [REGISTER NOW](#)

## PRASHANTI CANCER CARE MISSION'S BREAST GLOBAL JOURNAL

**Volume 2, Issue 4 is now available online.**

We are delighted to share that our Breast Global Journal's Volume 2, Issue 4 is now available online. BreastGlobal journal is open-access with no submission fees, and authors retain full copyright. Affiliated with Wolters Kluwer and bearing its own ISSN, the journal offers a respected platform for advancing breast cancer research and clinical practice.

Explore the latest issue here: <https://journals.lww.com/bgjr/pages/currenttoc.aspx>

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

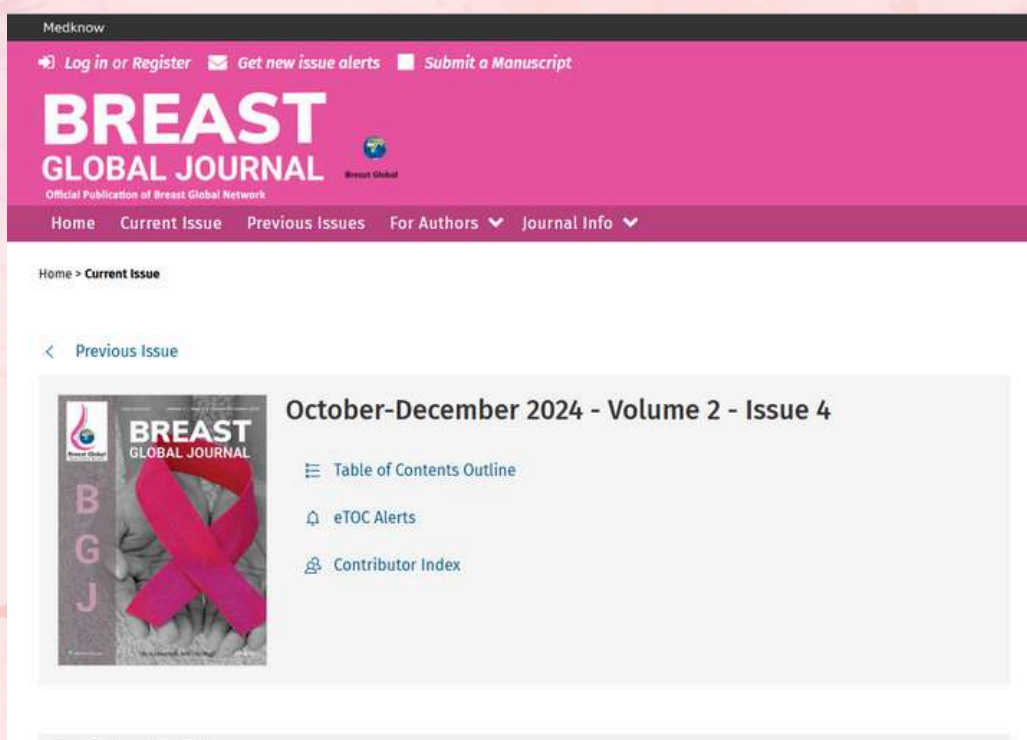
The journal features a distinguished editorial board and has already released eight issues. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at [thebreastglobal@gmail.com](mailto:thebreastglobal@gmail.com)

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



The screenshot displays the website for Breast Global Journal. At the top, there are navigation links: "Log in or Register", "Get new issue alerts", and "Submit a Manuscript". The main header features the journal's title "BREAST GLOBAL JOURNAL" and the tagline "Official Publication of Breast Global Network". Below the header is a navigation menu with options: "Home", "Current Issue", "Previous Issues", "For Authors", and "Journal Info". The main content area shows the "Current Issue" page for "October-December 2024 - Volume 2 - Issue 4". On the left, there is a thumbnail image of the journal cover with a pink ribbon. To the right of the thumbnail, there are three links: "Table of Contents Outline", "eTOC Alerts", and "Contributor Index".

## RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

**New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.**

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
- Fresh frozen biopsy samples from 367 patients, along with 277 fresh frozen surgery samples, have been collected and stored at IISER.
- Manuscript titled, 'Assessing the Feasibility of Preoperative Axillary Ultrasound in Identifying Node-Negative Axillae: An Indian Retrospective Experience' has been published in the MDPI Diagnostics Journal.
- PCCM-CTCR manuscript titled 'Quantitative Assessment of Collagen Architecture from Routine Histopathological Images Shows Concordance with Second Harmonic Generation Microscopy' is currently under peer review and is available as a preprint on medRxiv.
- PCCM-CTCR manuscript titled 'Association of Germline BRCA Mutations with Tumour-Infiltrating Lymphocytes and Clinical Outcomes in an Indian Breast Cancer Cohort' has been peer-reviewed and accepted for publication in the Indian Journal of Pathology and Oncology (IJPO).
- Three trainees completed an observership at PCCM.

## RESEARCH UPDATES: BIOBANK

**Biobank** is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



### Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total FFPE blocks collected this month

Biopsy Blocks: 12

Surgery Blocks: 08



### Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

**06** Fresh frozen Biopsy and **04** surgery samples collected this month.

## ONGOING PROJECTS AND MANUSCRIPTS:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

RT-PCR COURSE UPDATE | MODULE IV LAUNCH | COMBINED LECTURE: 11 & 12

**REGISTER NOW**

The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR-PCCM continues to advance its mission of integrating scientific research into clinical practice.

Following the successful completion of Modules I, II, and III, with over 500 registrations, the program has now entered Phase IV: Methods of Evidence Synthesis in Oncology—a 12-week online course on Systematic Reviews and Meta-Analysis, which commenced on 12th March 2026.

All lectures in Phase IV are being delivered by Dr. Madhumitha Haridoss. Lectures 11 and 12, titled "Developing & Registering a Protocol" and "Reporting, Updating & Using Evidence," introduced participants to the essential steps of developing a systematic review protocol, protocol registration, reporting standards, methods for updating systematic reviews, and translating research evidence into clinical practice and healthcare decision-making. With these sessions, the 12-lecture series of Phase IV successfully concluded.

## LECTURE 21ST OF PRASHANTI CANCER CARE MISSION'S PINK RIBBON SUPPORT GROUP WEBINAR SERIES WAS HELD ON 17TH OF JUNE 2026.

Building on the success of Chapter 1 (Sept 2024–Mar 2025) – where we explored key aspects of survivorship such as mental health, nutrition, yoga, meditation, and genetics – Chapter 2 ‘Small Acts, Big Impact During Recovery’ now turns the spotlight to everyday activities that uplift the spirit and foster healing in meaningful, accessible ways.

On Wednesday, 17th of June 2026, the Pink Ribbon Support Group hosted Lecture 21 of its ongoing webinar series.

This Pink Ribbon Webinar featured ‘From Awareness to Empowerment: Understanding Breast Cancer Genetics’ presented by Ms. Ruchi Bhajeewala.

Click here to register for the next session :

[REGISTER NOW](#)

Dr. Kainat Moosa | PCCM-CTCR Webinars | Ms. Ruchi Bhajeewala | PCCM-CTCR Webinars

### Inherited Cancers V/S Sporadic Cancer

Age of onset  
Number of affected members in family  
Age of onset in multiple family members  
Same type of cancer in one side of family

- Age of onset – above 765 /70yr
- No family history of cancer
- Type of cancer

Dr. Kainat Moosa | PCCM-CTCR Webinars | Ms. Ruchi Bhajeewala | PCCM-CTCR Webinars

- Lynch Syndrome- MLH1, MSH2, MSH6, PMS2**  
Increased Breast Cancer risk- inconsistent relationship  
A study showed higher associated of MSH6 & PMS2 with breast cancer in carriers of Lynch associated genes-But debatable
- Peutz Jegher's Syndrome- STK11**  
More frequent in ductal than lobular  
Average age of Diagnosis 37-59 years  
Lifetime risk- 45%-60% and has been reported as up to 64%
- Li-Fraumeni Syndrome- TP53**  
Common sarcoma and breast cancer  
Breast cancer is diagnosed in these women at a median age of 33years  
Lifetime risk: 50%
- Cowden Syndrome- PTEN**  
Lifetime risk of breast cancer- 25%-50% with a reported risk of invasive breast cancer of up to 85% in this group.  
common in situ and invasive malignancies were DCIS and IDC

An Initiative by Prashanti Cancer Care Mission  
Reaching out with excellence

## PRASHANTI CANCER CARE MISSION'S THE PINK RIBBON SUPPORT GROUP WEBINAR SERIES

### Chapter 2: Small Acts, Big Impact During Recovery

# LECTURE 21

## From Awareness to Empowerment: Understanding Breast Cancer Genetics

**Ms. Ruchi Bhajeewala**  
Cancer Genetic Counsellor

After a successful Chapter 1 (September 2024–March 2025) on survivorship, mental health, nutrition, yoga, meditation, and genetics, we invite you to Chapter 2, "Small Acts, Big Impact During Recovery" where we'll explore simple, empowering activities for patients and caregivers.

**WEDNESDAY, 17<sup>TH</sup> JUNE 2026**  
VIA ZOOM 4:00 P.M–5:00 P.M IST  
(REGISTER NOW TO ATTEND THE WEBINAR)

**CLICK HERE TO REGISTER**  
**FREE WEBINAR**

Scan to Register

For more information & registration, please call or email  
+91-20-25656110 / 91-20-25650269  
vcanshare@prashanticancer.org

www.prashanticancer.org  
www.ctcr.in

**\*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.**

BLOGS

# HOW GENETIC COUNSELING HELPS PATIENTS MAKE INFORMED DECISIONS

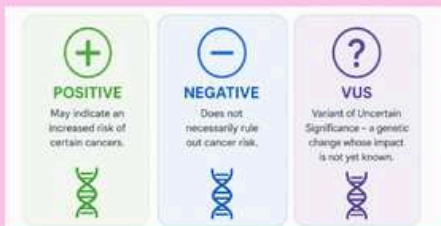


Genetic counseling helps individuals understand their genetic risk. By reviewing personal and family medical history, Genetic counselors provide clear, evidence-based guidance. This enables patients to make informed decisions about screening, prevention, and treatment.

## Why Is Genetic Counseling Important?

Genetic test results are not always straightforward

- **Positive Result:** May indicate a higher risk of developing certain cancers.
- **Negative Result:** Does not necessarily rule out cancer risk.
- **Variant of Uncertain Significance (VUS):** A genetic change whose effect on cancer risk is not yet known.



**Genetic Counseling May Be Beneficial If You:**

- Have a personal or family history of breast, ovarian, pancreatic, or prostate cancer.
- Were diagnosed with breast cancer at a young age or have multiple relatives with related cancers.
- Have a known hereditary cancer mutation (e.g., BRCA1 or BRCA2) in the family.
- Are considering genetic testing to better understand their cancer risk.

Genetic counseling can help you understand your risk and make informed decisions for you and your family.

## Supporting Better Healthcare Decisions

The information gained through genetic counseling can help patients:

- Decide whether genetic testing is appropriate.
- Understand their **individual cancer risk**.
- Explore personalized screening and prevention strategies.
- Learn about treatment options that may be influenced by genetic findings.
- Inform family members who may also benefit from testing.



## Knowledge Leads to Empowerment

- **Informed Decision-Making:** Genetic counseling helps individuals understand their options and make informed healthcare decisions.
- **Personalized Care:** As precision medicine advances, genetic counseling plays a key role in tailoring prevention, early detection, and treatment strategies.
- **Better Health Outcomes:** It ensures genetic information is used effectively to support personalized healthcare.



**BLOGS**

## Masala Sweet Potato Chaat



### Ingredients

- 2 medium sweet potatoes, cubed
- 1 tsp roasted cumin powder
- ¼ tsp black pepper
- Juice of ½ lemon
- 1 tbsp chopped coriander
- Salt to taste (optional)

### Method

- Steam or roast the sweet potato cubes until tender.
- Toss with cumin, black pepper, lemon juice, and salt.
- Garnish with fresh coriander and serve warm.

### Benefits

Rich in fibre, vitamin B6, and antioxidants, this warm, wholesome snack provides steady energy



## PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP SAVE LIVES OF BREAST CANCER PATIENTS

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:



Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:

<https://prashanticancercare.org/donate/>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

**New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.**

**Contact Details: Mr. Aditya Kamthe: +91 9665033955**

\*\*\*We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our  
Donors & Supporters  
for their unconditional support over the years**

**Warm Regards,**

**Ms. Laleh Busheri CEO  
Prashanti Cancer Care mission  
Visit us at : [www.prashanticancercare.org](http://www.prashanticancercare.org) /  
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