



APRIL 2026 | VOLUME 11 | ISSUE 110

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

Prashanti Cancer Care Mission Reaching out with excellence

INTERNATIONAL SCHOOL OF ONCOPLASTIC SURGERY

Orchids BREAST HEALTH BY JEHANGIR HOSPITAL Prashanti Cancer Care Mission

Jehangir Hospital

International School of Oncoplastic Surgery (ISOS) Introduces a 4-Part Hands-On Oncoplastic Series | Module 2

ESSENTIALS IN ONCOPLASTIC TECHNIQUES | 4-PART SERIES

HANDS-ON ONCOPLASTY WORKSHOP MODULE 2 – SESSION 3

17TH AND 18TH APRIL 2026

Lead Instructor Dr. Chaitanyanand Koppiker will personally conduct the practical training sessions.

WORKSHOP SESSION 3 KEY HIGHLIGHTS

- Global guideline updates
- Surgical mark-up with live models
- Video demos & case-wise surgical training
- Hands-on oncoplasty using synthetic models
- (Round Block, Grisotti, Therapeutic Mammoplasty)
- Dedicated radiology Hands-on workshop
- Observership opportunities linked to the workshop
- Limited to 30 seats for personalized attention




Jehangir Hospital, Pune

17th and 18th April 2026

Each session in the series is independent and can be attended as a standalone workshop

Scan to Register



REGISTER NOW

Follow our LinkedIn For Updates
www.breastoncoplasty.org
obs.koppiker@gmail.com
WhatsApp: +919665033959

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- Certificate of Participation
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NEXT SESSION

August 2026

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WORKSHOP HIGHLIGHTS

- Immerse yourself in hands-on simulations, case-based discussions, and surgical video demonstrations.
- Enhance your skills with pre-surgery mark-up with live models and prosthesis sessions
- Multi-disciplinary tumor board sessions for comprehensive learning.

COURSE OBJECTIVES

- Explore case-based discussions and understand various surgical scenarios tailored for the Indian context.
- Fellows are welcome to bring their cases for presentation and discussion.
- Emphasis on Quadrant-wise understanding.
- In-depth exploration of Pre-surgery Radiology and Rad-Path Analysis

DYNAMIC ONCOPLASTIC LEARNING EXPERIENCE COVERED IN A FOUR-PART PROGRAM

- Oncoplastic Surgery: Step-by-step guidance in simple oncoplastic breast surgery like Round Block, Grisotti and advanced procedures like Chest Wall Perforator Flaps, Therapeutic Mammoplasty.
- Whole Breast Reconstruction
- Discussions on various surgical techniques like Wire localisation, SLNB /ALND etc.
- Multidisciplinary Sessions: Covering Data Keeping, Manuscript Writing, Breast cancer genetics and molecular biology.







VENUE
Jehangir Hospital, Pune

REGISTER NOW

Upcoming Event

Essentials in Oncoplastic Techniques | 4-Part Series
Hands-on Oncoplasty Workshop – Module 2, Session 3

Dates: 17–18 April 2026

Venue: Jehangir Hospital, Pune

Register Now: <https://easebuzz.in/link/essentials-in-oncoplastic-techniques-april-2026-workshop-LERXT>

A detailed overview of the Workshop and the Highlights is presented in the subsequent pages.

TESTIMONIALS FROM PATIENTS HELPED BY PRASHANTI CANCER CARE MISSION THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY, RADIATION, AND PHARMACY SERVICES

Mrs. Shayada Mubin Faras

Shri Dr. Koppiker Sir and his organization Prashanti because of his efforts and blessings I bow to him with gratitude, as I stand here today healthy and strong.

My name is Shayada Mubin Faras, a resident of Lohegaon. When I came to know about my disease, it felt like my life was over. I went to the nearest doctor for treatment, and he said it was breast cancer that I would have to remove my breast or take medicines for the rest of my life. I was extremely worried. Getting treatment in a good hospital in Pune seemed impossible, and my insurance was not active. Then Desai madam took an appointment with Dr. Koppiker sir and told me that if the disease had to be controlled, it had to be treated completely. He advised me to start the treatment, assuring that they would cover whatever amount was possible under my insurance, and help me with the rest.

In my very first meeting, I saw the form of God in Dr. Koppiker sir. From that moment, I believed I could recover. He does not just talk but he proves it through his actions. The surgery went well, but undergoing chemotherapy again seemed impossible for me then also assured me of help.

Many doctors provide treatment, but Dr. Koppiker stands firmly by the patient's side also understanding their physical, mental, and family struggles. Even if he were to perform surgery blindfolded, there would be no mistake in such is the faith his patients have in him.

For middle-class people who cannot afford treatment, he established the charitable organization Prashanti, ensuring that no one's treatment remains incomplete due to lack of money. Through this organization, he has helped many needy patients like me.

I am deeply grateful to Dr. Koppiker sir, a great and compassionate personality, and to Prashanti, the charitable organization that gave me hope and health.



**TESTIMONIALS FROM PATIENTS WHO RECEIVED CARE
THROUGH DIAGNOSTICS, SURGERIES, CHEMOTHERAPY,
RADIATION, AND PHARMACY SERVICES AT PCCM'S ORCHIDS
BREAST HEALTH**

Ravi Kunjir
(Patient: Kalpana Kunjir)

I would like to express my heartfelt gratitude to Dr. Chaitanyanand Koppiker and the entire breast cancer team for their truly outstanding care. Their professionalism, medical expertise, and well-coordinated approach made my mother's treatment journey smooth and reassuring.

I highly recommend this compassionate and dedicated team to anyone seeking expert and comprehensive breast cancer care.

A special thank you to Team Orchid for their exceptional care and support throughout.

शीतल माने

मी शीतल माने. मला आदरणीय डॉ. कोप्पीकर सरांनी अतिशय व्यवस्थित उपचार व शस्त्रक्रिया करून दिली. रुग्णालयातील सर्व कर्मचारी रुग्ण व त्यांच्या नातेवाईकांशी अत्यंत नम्रतेने आणि सहकार्याने वागतात.

या सर्व गोष्टींमुळे मी पूर्णपणे समाधानी आहे आणि दिलेल्या सेवेबद्दल मी मनापासून आभारी आहे.

सर्व स्टाफ खूप चांगला आहे



PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP TREAT THE PENDING LIST OF UNAFFORDABLE BREAST CANCER PATIENTS



Pending list of patients below

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.



01.	 <p>Vijayshree Ramlu Nalanaglu (52 Yrs)</p>	<p>Vijayshree Ramlu Nalanaglu (52 years) has stage II breast cancer. She is a homemaker, and her husband is small construction contractor. She has two daughters studying in college. Her husband has a minimal family income to support the family and his wife's treatment</p> <table border="1"> <thead> <tr> <th>Treatment</th> <th>Amount (In Rs.)</th> </tr> </thead> <tbody> <tr> <td>Chemotherapy</td> <td>1,85,898</td> </tr> <tr> <td>Diagnostics and OPD Charges</td> <td>15,469</td> </tr> <tr> <td>Radiation</td> <td>000</td> </tr> <tr> <td>Surgery</td> <td>000</td> </tr> <tr> <td>Total</td> <td>2,01,367</td> </tr> </tbody> </table>	Treatment	Amount (In Rs.)	Chemotherapy	1,85,898	Diagnostics and OPD Charges	15,469	Radiation	000	Surgery	000	Total	2,01,367
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02.	 <p>Varsha Bidkar (37 Yrs)</p>	<p>Varsha Bidkar (37 years) has stage II breast cancer. She is a homemaker, and her husband works as a newspaper distribution boy with a salary of Rs.7000 only. She has her mother, sister, and two children in the family.</p> <table border="1"> <thead> <tr> <th>Treatment</th> <th>Amount (In Rs.)</th> </tr> </thead> <tbody> <tr> <td>Chemotherapy</td> <td>1,69,354</td> </tr> <tr> <td>Diagnostics and OPD Charges</td> <td>45,966</td> </tr> <tr> <td>Radiation</td> <td>000</td> </tr> <tr> <td>Surgery</td> <td>000</td> </tr> <tr> <td>Total</td> <td>2,15,320</td> </tr> </tbody> </table>	Treatment	Amount (In Rs.)	Chemotherapy	1,69,354	Diagnostics and OPD Charges	45,966	Radiation	000	Surgery	000	Total	2,15,320
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FREE COUNSELLING SERVICES AT ORCHIDS BREAST HEALTH SO FAR

**Onco-Psychology
Counselling - 503**

**Onco-Genetic
Counselling- 537**

**Nutrition
Counselling-564**

**Preventive clinic
services-131**

Onco - Psychology Counselling
Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at:
12 Kopalnada, Senapati
Rajawadi Road, Pune
Maharashtra 411005

Onco - Genetic Counselling
Free Genetic Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we have BCCG certified genetic counsellors for some of our patients who might need genetic testing.

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)

- Diagnosed at $T4$ or
- Family History of Cancer
- Recurrent
- TRIS21
- Personal history of other cancer

What can you expect in a genetic counselling?

- Risk factor charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 5pm)

Visit us at:
12 Kopalnada, Senapati
Rajawadi Road, Pune
Maharashtra 411005

Dr. Kapilraj | Breast Cancer Doctor | Pune | Orchids Breast Health | (orchidsbhc@oah.com) | 020-29888888, 28482888, 28482888 | www.orchidsbreasthealth.com

Onco - Nutrition Clinic
Free Nutrition Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Nutrition Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased Fatigue
- Hydration Counselling
- Improved healing and recovery

BOOK YOUR APPOINTMENT NOW
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Maharashtra 411005

Dr. Kapilraj | Breast Cancer Doctor | Pune | Orchids Breast Health | (orchidsbhc@oah.com) | 020-29888888, 28482888, 28482888 | www.orchidsbreasthealth.com

RISK REDUCTION CLINIC FOR BREAST CANCER

At the Orchids Breast Health Nutrition Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

KEEP YOUR WEIGHT STABLE
EAT HEALTHY FOOD
KEEP YOUR BLOOD PRESSURE UNDER CONTROL
DON'T SMOKE
DON'T DRINK ALCOHOL
DON'T EXPOSE TO POLLUTION
DON'T TAKE HOT TUBS
DON'T TAKE SOLAR BATHS
DON'T TAKE HOT SAUNAS

Prashanti Cancer Care Mission
Breast Health So Far

www.ccr.in

PCCM provided 41 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health in February 2026.



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

DR. KOPPIKER DELIVERS ORATION AT A.G. PATH CME 2026 HELD AT SHERATON GRAND HOTEL, PUNE



Dr. Koppiker was invited to deliver an oration at A.G. Path CME 2026 on Histopathology, held on 1 March 2026 at the Sheraton Grand Hotel, Pune.

The conference focused on key areas including Breast Pathology, Uropathology, and Nephropathology, highlighting advanced lab techniques and the integration of clinical and histopathological insights in patient care.

His oration, “Patient-Led Precision in Breast Surgical Practice: The Foundational Role of Advanced Diagnostics and Pathology,” emphasized the vital role of pathology in guiding precise surgical decisions and improving breast cancer outcomes.

He also contributed to the MDT panel discussion on “Multidisciplinary Concordance for Breast Cancer Management: A Case-Based MDT Panel.”

ESSENTIALS IN ONCOPLASTIC TECHNIQUES | 4-PART SERIES HANDS-ON ONCOPLASTY WORKSHOP – MODULE 2, SESSION 3



Prashanti Cancer Care Mission Reaching out with excellence

INTERNATIONAL SCHOOL OF ONCOPLASTIC SURGERY

Orchids BREAST HEALTH BY ANJALI KOPPIKER & Prashanti Cancer Care Mission

JEHANGIR HOSPITAL We Add Care

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VENUE
Jehangir Hospital, Pune

REGISTER NOW

Building on the strong response to Session 2 held on 30 January 2026, the Essentials in Oncoplastic Techniques series continues with Session 3, designed to offer immersive, hands-on, and case-based learning. A key highlight of this session is a dedicated radiology workshop, underscoring the critical role of imaging in informed oncoplastic decision-making

Date: 17–18 April 2026 | Venue: Jehangir Hospital, Pune

Highlights:

Hands-on oncoplasty (Round Block, Grisotti, TM), live surgical mark-up, case discussions, guideline updates, and observership opportunities.

Register: <https://easebuzz.in/link/essentials-in-oncoplastic-techniques-april-2026-workshop-LERXT>

MS. LALEH BUSERI DELIVERS A TALK AT MIT ADT UNIVERSITY ON THE OCCASSION OF INTERNATIONAL WOMEN'S DAY



On the occasion of International Women's Day 2026, Ms. Laleh Busheri was invited as a speaker at MIT ADT University, where she delivered a talk on "Women's Cancer Care: From Screening to Treatment." The session focused on breast and cervical cancers in depth, along with a brief perspective on ovarian cancer, emphasizing the importance of early detection and timely intervention.

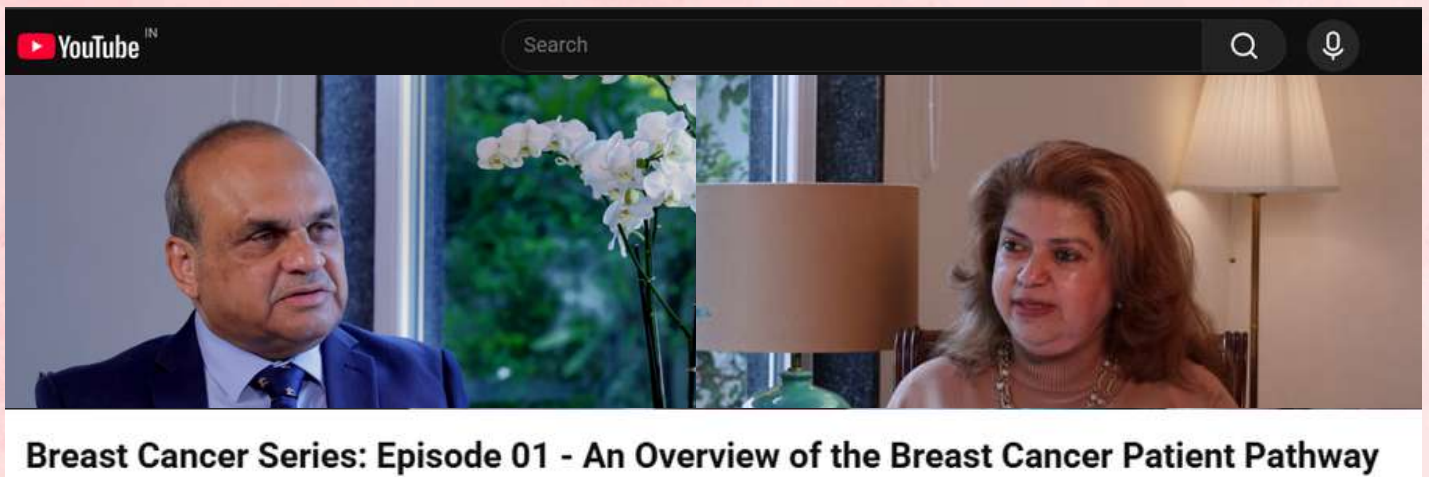
The session witnessed enthusiastic participation, with the audience engaging through insightful questions and discussions. The interaction highlighted the growing awareness and the vital role of education in improving women's health outcomes.

MS. LALEH BUSERI INSPIRES AT WOMEN'S DAY INTER-COMMUNITY MEET



Ms. Laleh Busheri was invited as the Chief Guest at the Women's Day event "Astitva – The Inter Community Meet" held at Heritage International Xperiential School, on 7th March 2026. As part of the celebration, she hosted an engaging fireside chat, aimed at motivating and empowering women. Bringing together strong women leaders, entrepreneurs, and changemakers from diverse communities truly embodied the spirit of Astitva—celebrating identity, fostering collaboration, and inspiring collective growth. Ms. Busheri's insights and thoughtful conversation left the audience inspired, making the event a meaningful celebration of the spirit of womanhood.

LAUNCH OF BREAST CANCER SERIES PODCAST BY PRASHANTI CANCER CARE MISSION



Prashanti Cancer Care Mission has launched its Breast Cancer Series Podcast, hosted by Ms. Laleh Busheri, with the aim of spreading awareness and providing valuable insights into breast cancer care.

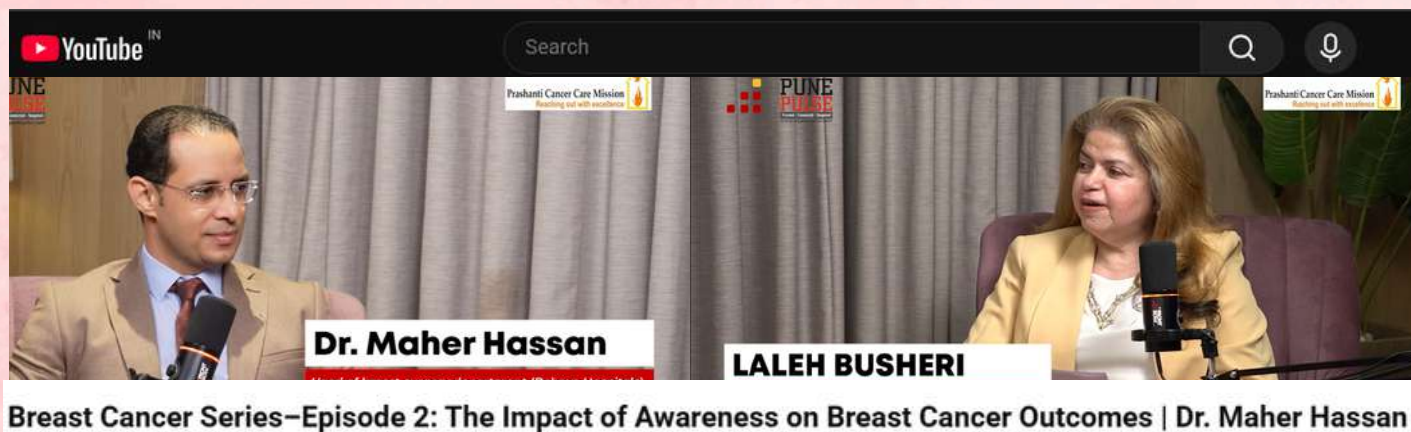
The first episode features Dr. Chaitanyanand Koppiker, breast onco-surgeon and Founder of Prashanti Cancer Care Mission, with extensive expertise in oncoplastic breast surgery. With years of clinical experience and a strong commitment to patient-centered care, Dr. Koppiker has been instrumental in advancing breast cancer treatment approaches that combine oncological safety with aesthetic outcomes.

In this episode, he provides a comprehensive overview of the breast cancer patient pathway, guiding viewers through each stage—from early detection and diagnosis to treatment planning, surgery, and survivorship care. His insights reflect a multidisciplinary approach, emphasizing the importance of timely intervention, personalized treatment strategies, and holistic support for patients and their families.

Episode 1: An Overview of the Breast Cancer Patient Pathway featuring Dr. Chaitanyanand Koppiker

<https://youtu.be/opW8BSBHx1c?si=bclep947UYO7U5fq>

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Episode 2 features Dr. Maher Hassan, Professor of Surgical Oncology at Cairo University and Head of Breast Surgery at Baheya Hospitals. A global leader in oncoplastic breast surgery, he brings extensive clinical, academic, and research expertise, offering valuable international perspectives on breast cancer management.

Actively involved in advancing patient-centered care, he also leads the patient navigation committee and contributes to global oncology communities as a board member and international representative of the Egyptian Society of Surgical Oncology, along with memberships in leading international surgical societies.

Episode 2: <https://www.youtube.com/watch?v=f7NCoO-g2Sg>

PCCM-CTCR STUDY PUBLISHED: ADVANCING PRECISION IN ICG-GUIDED SENTINEL NODE BIOPSY FOR BREAST CANCER



We are pleased to share the publication of our latest study, titled, ‘Evaluating the use and Feasibility of indocyanine green (ICG) as a beacon of precision in sentinel node biopsy for breast cancer from an oncoplastic practice in India’ in the Cancers Journal.

This large cohort study highlights that ICG is a practical and effective single tracer, demonstrating high identification rates, low false-negative rates, and strong oncological outcomes in both upfront and post-neoadjuvant settings.

Importantly, the study addresses a key challenge in LMICs by offering a feasible alternative to radioisotope-based techniques, thereby improving access to standard breast cancer care.

We also introduce the novel “Beacon Sign,” aiding precise and minimal axillary dissection.

This work reflects over a decade of clinical experience and collaboration at PCCM-CTCR, reinforcing our commitment to innovation and patient-centered care.

PCCM-CTCR RESEARCH MANUSCRIPT HAS BEEN PUBLISHED IN SCIENTIFIC REPORTS



We at PCCM-CTCR are proud to share that our manuscript titled “EGFR and AR expression and co-expression in Indian triple-negative breast cancer with patient outcome association” has been published in Scientific Reports.

This important study, conducted using de-identified, ethically approved, consented patient data from Prashanti Cancer Care Mission’s Orchids Breast Health, explores the molecular heterogeneity of triple-negative breast cancer (TNBC) in Indian women. By analyzing EGFR and androgen receptor (AR) expression and their co-expression, the research highlights a distinct subgroup of TNBC patients who may have a higher risk of recurrence and could benefit from future dual-targeted therapeutic strategies.

The findings may open new avenues for personalized treatment approaches in Indian breast cancer patients.

PRASHANTI CANCER CARE MISSION'S BREAST GLOBAL JOURNAL

Volume 2, Issue 4 is now available online.

We are delighted to share that our Breast Global Journal's Volume 2, Issue 4 is now available online. BreastGlobal journal is open-access with no submission fees, and authors retain full copyright. Affiliated with Wolters Kluwer and bearing its own ISSN, the journal offers a respected platform for advancing breast cancer research and clinical practice.

Explore the latest issue here: <https://journals.lww.com/bgjr/pages/currenttoc.aspx>

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

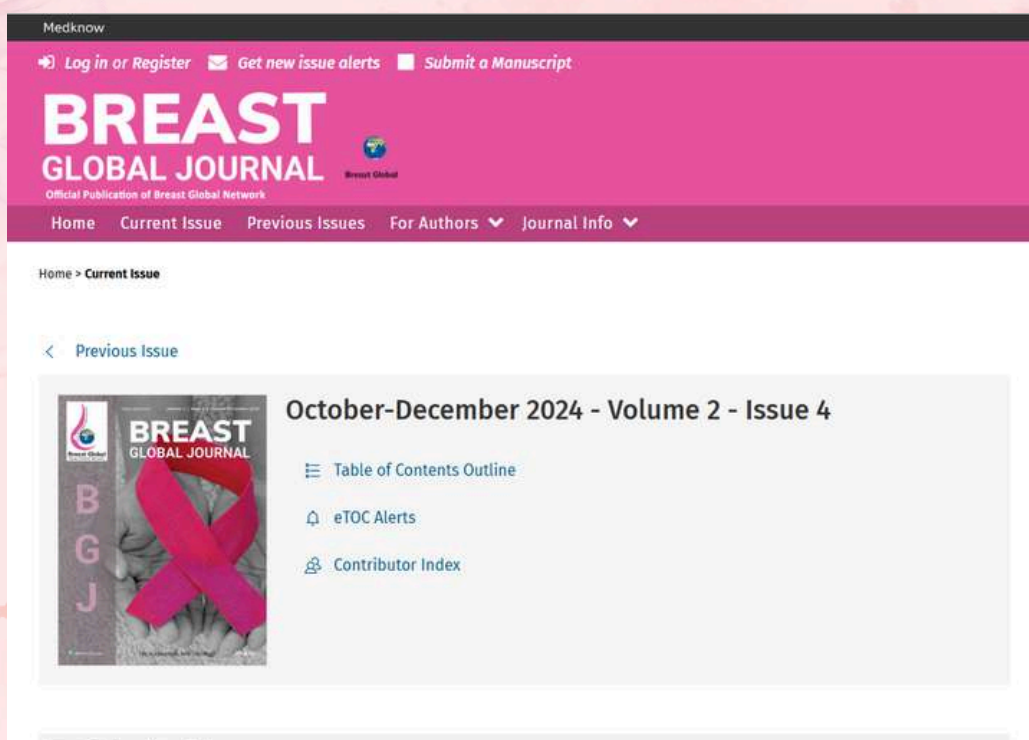
The journal features a distinguished editorial board and has already released eight issues. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



The screenshot displays the website interface for Breast Global Journal. At the top, there are navigation links: "Log in or Register", "Get new issue alerts", and "Submit a Manuscript". The main header features the journal's title "BREAST GLOBAL JOURNAL" and the tagline "Official Publication of Breast Global Network". Below the header is a navigation menu with options: "Home", "Current Issue", "Previous Issues", "For Authors", and "Journal Info". The main content area shows the "Current Issue" page for "October-December 2024 - Volume 2 - Issue 4". A thumbnail image of the journal cover is visible on the left, featuring a pink ribbon and the letters "B G J". To the right of the thumbnail, there are three links: "Table of Contents Outline", "eTOC Alerts", and "Contributor Index".

DR. KOPPIKER'S ARTICLE WAS FEATURED IN THE 'ASK THE EXPERT' SECTION IN FEMINA MARCH 2026 ISSUE.

ASK THE EXPERT



Orchids
BREAST HEALTH
BY JEHANGIR HOSPITAL
&
Prashanti Cancer Care Mission



JEHANGIR
HOSPITAL
HEALTH CARE

BREAST CANCER SURGERY: TREATMENT OPTIONS EXPLAINED

Q

A

Dr. Chaitanyanand B. Kopplker
Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon
Medical Director, Orchids Breast Health in Association with
Jehangir Hospital and Prashanti Cancer Care Mission, Pune India

At Orchids Breast Health Clinic, we treat a diverse range of breast cancer patients, each requiring a personalized treatment plan based on their stage of disease. Our team carefully evaluates every case and encourages informed, shared decision-making, actively involving patients in their treatment choices. Many patients have questions about their options, and in our upcoming articles, we aim to address some of these common concerns.

WHAT ARE THE MAIN SURGICAL OPTIONS AVAILABLE FOR BREAST CANCER TREATMENT?

It is important to emphasize that breast conservation surgery, either as a simple procedure or combined with oncoplastic techniques, is often the preferred option for patients undergoing breast cancer treatment whenever it is medically appropriate. Evidence has consistently shown that breast conservation surgery can lead to better quality of life, and several recent studies have even suggested comparable or, in some cases, improved survival outcomes when compared with more extensive surgeries. Therefore, wherever feasible, breast conservation surgery should be considered as the first option. Having said this, let us now review the various surgical options available for the treatment of breast cancer. Surgery remains the primary treatment in breast cancer and is often accompanied by chemotherapy, hormone therapy, and radiation therapy.

A) Mastectomy. Different types of mastectomy are Modified Radical Mastectomy (MRM), Simple (Total) Mastectomy, Skin-Sparing Mastectomy, Nipple-Areolar Sparing Mastectomy, Radical Mastectomy

B) Breast Conservation Surgery (BCS) can be performed as:

- Simple Breast Conservation Surgery (Lumpectomy)
- Oncoplastic Breast Surgery (OBS)

WHAT IS THE DIFFERENCE BETWEEN A LUMPECTOMY AND A MASTECTOMY?

A lumpectomy involves removing only the breast tumor along with a small margin of surrounding tissue, while preserving most of the breast. A mastectomy, on the other hand, involves the complete removal of breast tissue.

The choice between these procedures depends on factors such as the size and location of the tumor, stage of disease, and patient preferences.

WHAT IS MASTECTOMY WITH BREAST RECONSTRUCTION?

Breast cancer patients who undergo mastectomy, have the option to undergo breast reconstruction. Breast reconstruction can restore the shape and appearance of the breast, often using implants or the patient's own body tissue.

IS MASTECTOMY WITH BREAST RECONSTRUCTION A BETTER OPTION FOR BREAST CANCER PATIENTS?

Research indicates that breast reconstruction can improve quality of life for many patients. It provides several psychosocial benefits, including:

- Improvements in psychological well-being
- Increased self-esteem
- Better sexual health
- Improved body image

However, the choice of surgery depends on individual clinical factors and patient preference. Breast reconstruction following mastectomy can be scheduled either immediately, at the same time as the mastectomy or Delayed, after the



DR. C. B. KOPPIKER

completion of cancer treatments such as chemotherapy or radiation therapy.

WILL BREAST CANCER RECUR AFTER BREAST CONSERVATION SURGERY?

The risk of recurrence after Breast Conservation Surgery is similar to that after mastectomy. This means that choosing BCS does not increase the risk of cancer coming back, when appropriately combined with radiation therapy.

WHAT IS ONCOPLASTIC SURGERY AND HOW DOES IT BENEFIT BREAST CANCER PATIENTS?

Oncoplastic breast surgery combines breast tumour removal with plastic surgery techniques to restore the normal shape of the breast using the patient's own body tissue. When the patient wakes up after surgery, they not only find the cancer removed, but also see their breast reconstructed with improved cosmesis. This approach has been shown to improve:

- Body image
- Sexual well-being
- Overall quality of life

Orchid Breast Health by Jehangir Hospital and Prashanti Cancer Care Mission
32 Sassoon Road, Pune 411001
For appointments pls call
020 - 66811126 / 25656110
Dr. Koppliker's website: https://orchidshhealth.in/about_dr_koppliker





Dr. Koppliker's article on, 'Breast Cancer Surgery: Treatment Options explained' was featured in the March 2026 issue of the Femina Magazine.

RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.


New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.





We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
- Fresh frozen biopsy samples from 344 patients, along with 261 fresh frozen surgery samples, have been collected and stored at IISER.
- The PCCM Research Team is actively preparing for Session 3 of the Essentials in Oncoplastic Techniques series, scheduled for 17–18 April 2026.
- Manuscript titled, ‘How YAP-PPP regulates TNBC recurrence’, accepted in Frontiers in Oncology.
- Manuscript titled “Patient-Reported Outcomes Across Germline Status in an Indian Breast Cancer Cohort: A BREAST-Q Study Highlighting the Predominant Role of Surgical Modality” has been successfully submitted to the Journal of Patient-Reported Outcomes.
- Eurofins Grant Accepted: Sampoorna-200: A Comprehensive Clinical and Molecular Resource for Breast Cancer in India

DR. MADHURA KULKARNI INDUCTED INTO INTO SCIENTIFIC COMMITTEE FOR ASIAN SOCIETY OF DIGITAL PATHOLOGY



 <p>David Joon Ho Member Department of Electrical and Computer Engineering, The State University of New York, Korea</p> <p>X in S</p>	 <p>Thiyaphat Laohawetwanit Member Department of Pathology, Thammasat University Hospital, Thailand</p> <p>S SC R</p>
 <p>Madhura Kulkarni Member Centre for Translational Cancer Research, Prashanti Cancer Care Mission, India</p> <p>in S</p>	 <p>Mohsin Bilal Member Information Systems Department, College of Computer Engineering and Sciences, Prince Sattam bin Abdulaziz University, Al-Kharj, Saudi Arabia</p> <p>in S</p>

Dr. Madhura Kulkarni, Translational Research Lead at PCCM-CTCR, has been inducted into the Scientific Committee of the Asian Society of Digital Pathology.

The Asian Society of Digital Pathology is a dynamic and forward-looking organization dedicated to advancing the field of digital pathology across Asia. It serves as a collaborative platform that brings together clinicians, researchers, technologists, and innovators who are shaping the future of pathology and precision medicine.

The Scientific Committee at ASDP plays a pivotal role in advancing the field by conceptualizing and conducting research, developing scientific concept papers, and fostering meaningful scientific dialogue within the digital pathology community.

RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total Blocks collected in this month: **52**

Biopsy Blocks: **25** Patients

Surgery Blocks: **27** Patients



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

15 Fresh frozen Biopsy and **15** surgery samples collected this month.

ONGOING PROJECTS AND MANUSCRIPTS:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

RT-PCR COURSE UPDATE | MODULE IV LAUNCH | LECTURE: 1



Prashanti Cancer Care Mission
Reaching out with excellence

RESEARCH TRAINING PROGRAM FOR CLINICIANS AND RESIDENTS
(RT-PCR PHASE IV)

METHODS OF EVIDENCE SYNTHESIS IN ONCOLOGY
A 12-WEEK ONLINE COURSE ON SYSTEMATIC
REVIEWS & META-ANALYSIS

LECTURE-1
Introduction to Evidence Synthesis

RTPCR Phase IV is an advanced 12-week online program designed to provide a structured introduction to Systematic Reviews and Meta-Analysis, with a strong emphasis on oncology-specific applications. The course aims to strengthen evidence-based clinical practice and research skills in oncology.

Lecture 1: Introduction to Evidence Synthesis will focus on the role of systematic reviews in oncology, key differences between systematic and narrative reviews, and an overview of the systematic review-meta-analysis workflow.

Guest Speakers
Dr. Madhumitha Haridoss
Assistant Professor
SRM Medical College Hospital and
Research Centre
SRM Institute of Science and
Technology, Chennai

Click here to REGISTER

Scan to Register

STARTS
12TH MARCH 2026

- 12-week course
- Every Thursday

7:00 PM - 8:00 PM IST

RT-PCR Initiative Module 1,2,3 | Free Access: [Link](http://ctcr.in/rt-pcr-course/)

<http://ctcr.in/rt-pcr-course/>

WORLD'S FAVOURITE INDIAN

REGISTER NOW

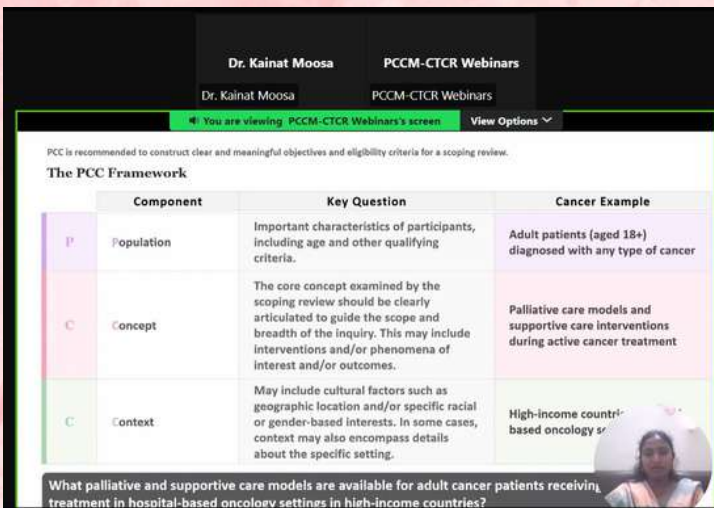
The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR-PCCM continues to advance its mission of integrating scientific research into clinical practice.

Following the successful completion of Modules I, II, and III, with over 500 registrations, the program has now entered Phase IV: Methods of Evidence Synthesis in Oncology—a 12-week online course on Systematic Reviews and Meta-Analysis, which commenced on 12th March 2026.

All lectures in Phase IV are being delivered by Dr. Madhumitha Haridoss. Lecture 1: Introduction to Evidence Synthesis provided participants with an overview of the role of systematic reviews in oncology, key differences between systematic and narrative reviews, and the systematic review-meta-analysis workflow.

The RTPCR program continues to strengthen clinician-led research by enabling participants to critically evaluate and generate high-quality evidence.

RT-PCR COURSE UPDATE | MODULE IV LAUNCH | LECTURE: 2





Prashanti Cancer Care Mission
Reaching out with excellence



RESEARCH TRAINING PROGRAM FOR CLINICIANS AND RESIDENTS (RT-PCR PHASE IV)

**METHODS OF EVIDENCE SYNTHESIS IN ONCOLOGY
A 12-WEEK ONLINE COURSE ON SYSTEMATIC REVIEWS & META-ANALYSIS**

LECTURE-2

Framing a Focussed Research Question

RTPCR Phase IV is an advanced 12-week online program designed to provide a structured introduction to Systematic Reviews and Meta-Analysis, with a strong emphasis on oncology-specific applications. The course aims to strengthen evidence-based clinical practice and research skills in oncology.

Lecture 2: Framing a Focussed Research Question will cover how to frame a clear research question using PICO/PECO, define eligibility criteria, and identify key oncology outcomes such as OS, PFS, ORR, toxicity, QoL)

Click here to REGISTER

Course Convenors
Dr. Sneha Joshi
Dr. Rupa Mishra

<http://ctcr.in/rt-pcr-course/>

Guest Speakers



Dr. Madhumitha Haridoss
Assistant Professor
SRM Medical College Hospital and Research Centre
SRM Institute of Science and Technology, Chennai

Scan to Register



19TH MARCH 2026

- 12-week course
- Every Thursday

7:00 PM - 8:00 PM IST
COURSE STARTED 12TH MARCH 2026
RT-PCR Initiative Module 1,2,3 | Free Access: [Link](#)








REGISTER NOW

The Research Training Program for Clinicians and Residents (RT-PCR) by CTRC–PCCM continues to advance its mission of integrating scientific research into clinical practice.

Following the successful completion of Modules I, II, and III, with over 500 registrations, the program has now entered Phase IV: Methods of Evidence Synthesis in Oncology—a 12-week online course on Systematic Reviews and Meta-Analysis, which commenced on 12th March 2026.

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Lecture 2 covered how to frame a clear research question using PICO/PECO, define eligibility criteria, and identify key oncology outcomes such as OS, PFS, ORR, toxicity, QoL).

The RTPCR program continues to strengthen clinician-led research by enabling participants to critically evaluate and generate high-quality evidence.

RT-PCR COURSE UPDATE | MODULE IV LAUNCH | LECTURE: 3



Prashanti Cancer Care Mission
Reaching out with excellence

Centre for Translational Cancer Research
CTCR

RESEARCH TRAINING PROGRAM FOR CLINICIANS AND RESIDENTS (RT-PCR PHASE IV)

METHODS OF EVIDENCE SYNTHESIS IN ONCOLOGY
A 12-WEEK ONLINE COURSE ON SYSTEMATIC REVIEWS & META-ANALYSIS

LECTURE-3
Literature Search Strategies

RTPCR Phase IV is an advanced 12-week online program designed to provide a structured introduction to Systematic Reviews and Meta-Analysis, with a strong emphasis on oncology-specific applications. The course aims to strengthen evidence-based clinical practice and research skills in oncology.

Lecture 3: Literature Search Strategies will cover database selection, oncology-specific search strategies, grey literature, and documenting reproducible searches.

Guest Speakers


Dr. Madhumita Haridoss
Assistant Professor
SRM Medical College Hospital and Research Centre
SRM Institute of Science and Technology, Chennai

Click here to REGISTER

Scan to Register



26TH MARCH 2026

- 12-week course
- Every Thursday

7:00 PM - 8:00 PM IST
COURSE STARTED 12TH MARCH 2026
RT-PCR Initiative Module 1,2,3 | Free Access: [Link](#)

<http://ctcr.in/rt-pcr-course/>

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The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR–PCCM continues to advance its mission of integrating scientific research into clinical practice.

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Lecture 3: Literature Search Strategies covered database selection, oncology-specific search strategies, grey literature, and documenting reproducible searches.

The RTPCR program continues to strengthen clinician-led research by enabling participants to critically evaluate and generate high-quality evidence.

LECTURE 18TH OF PRASHANTI CANCER CARE MISSION'S PINK RIBBON SUPPORT GROUP WEBINAR SERIES WAS HELD ON 18TH MARCH 2026.

Building on the success of Chapter 1 (Sept 2024–Mar 2025) – where we explored key aspects of survivorship such as mental health, nutrition, yoga, meditation, and genetics – Chapter 2 ‘Small Acts, Big Impact During Recovery’ now turns the spotlight to everyday activities that uplift the spirit and foster healing in meaningful, accessible ways.

On Wednesday, 18th of March 2026, the Pink Ribbon Support Group hosted Lecture 18 of its ongoing webinar series, focusing on the healing power of simple, joyful activities for patients and caregivers.

This Pink Ribbon Webinar featured “Physiotherapy-Guided Recovery After Breast Cancer Surgery” presented by Dr. Shreya Jain.

Click here to register for the next session :

[REGISTER NOW](#)



An Initiative by
Prashanti Cancer Care Mission
Healing you with excellence

PRASHANTI CANCER CARE MISSION'S THE PINK RIBBON SUPPORT GROUP WEBINAR SERIES

Chapter 2: Small Acts, Big Impact During Recovery

LECTURE 18

**Physiotherapy-Guided Recovery
After Breast Cancer Surgery**

Dr. Shreya Jain
Senior Physiotherapist, Jehangir Hospital

After a successful Chapter 1 (September 2024–March 2025) on survivorship, mental health, nutrition, yoga, meditation, and genetics, we invite you to Chapter 2, “Small Acts, Big Impact During Recovery” where we’ll explore simple, empowering activities for patients and caregivers.

WEDNESDAY, 18TH MARCH 2026
VIA ZOOM 4:00 P.M-5.00 P.M IST
(REGISTER NOW TO ATTEND THE WEBINAR)

[CLICK HERE TO REGISTER](#)

FREE WEBINAR

For more information & registration, please call or email
+91-20-25656110 / 91-20-25650269
vcanshare@prashanticancercare.org

www.prashanticancercare.org
www.ctcr.in

*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.

BLOGS

Building your Self Esteem in Recovery

After cancer, life can be difficult. It's not as simple as returning to the usual routine. Your entire world is turned upside down by cancer, and when your treatment is coming to its final step, you feel a little lost. Building your self esteem during such times plays a vital role and can be achieved. After cancer, life can feel different, and returning to routine may take time. The journey often brings change, reflection, and a new perspective on life. As treatment reaches its final steps, it's natural to feel uncertain—but it is also the beginning of a new chapter filled with strength and possibility. Rebuilding self-esteem during this phase is incredibly important, and with small, positive steps, it is absolutely achievable. Achieved by following some simple steps.

Create a solid support system

Share your feelings with your loved ones. If you're feeling lonely, talk to someone and, if necessary, seek out counselling.

Making a strong support system is a vital part of any treatment journey as it helps one to get through.



Give your body the affection it requires

Cancer treatment may bring changes to your body—such as scars, weight shifts, or hair loss—but it also tells a powerful story of strength and resilience. It's natural to have mixed emotions, yet it's equally important to recognize how much your body has endured and how courageously it has carried you through.

With time, care, and compassion, you can rebuild confidence. By taking a few moments each day to appreciate and nurture your body, you begin to restore a sense of respect, acceptance, and positivity towards yourself.

Spend time with yourself

Focus on your inner worth, as confidence grows from how you see and value yourself. Take time to reconnect with the "new you"—someone who has faced cancer with strength and courage.

Simple practices can support this journey. Keeping a daily journal can help you reflect on your progress and process your emotions, while meditation can bring a sense of calm, helping you stay grounded in the present moment.



BLOGS

Cucumber Dill Probiotic Cooler



Ingredients

- Ingredients:
- ½ cup thin buttermilk
- ½ cup water
- ¼ cup grated cucumber
- Pinch of fresh dill (or pudina if unavailable)
- Pinch of black salt

Method

- Method: Blend lightly and serve cool.

Benefits

Cooling, probiotic-rich, and great for digestion



PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP SAVE LIVES OF BREAST CANCER PATIENTS

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:



Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:

<https://prashanticancercare.org/donate/>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.

Contact Details: Mr. Aditya Kamthe: +91 9665033955

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
Visit us at : www.prashanticancercare.org /
www.orchidsbreasthealth.com
<https://www.facebook.com/orchidsbreasthealth>**

