



NOVEMBER 2025 | VOLUME 10 | ISSUE 105

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

DR. C. B. KOPPIKER AT THE 8TH BAHEYA BREAST CANCER CONFERENCE (BBCC) 2025, CAIRO



WHAT'S IN THIS LATEST ISSUE?

Dr. C. B. Koppiker at the 8th Baheya Breast Cancer Conference (BBCC) 2025, Cairo

Breast Global Webinar, Session 3 : 'Omics Approaches in Breast Cancer: Current Insights and Emerging Frontiers'

Ms. Laleh Busheri Invited as Chief Guest at PowerPoint Co-Working & Managed Spaces Grand Opening

Ms. Laleh Busheri Speaks at Delta SkyTeam's Centennial Celebration

Ms. Laleh Busheri on Wellness Unplugged Podcast by Pune Times Mirror

Ms. Laleh Busheri Featured on Warrior Voices Podcast: Highlighting Innovations in Breast Cancer Care

Excerpt from The Indian Express article featuring Dr. C. B. Koppiker

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina October 2025 issue.

Dr. Madhura Kulkarni Mentors Cambridge Students in Research Workshop

Lecture 13th of Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was held on 08th of October 2025.

FROM HEART OF PRASHANTI CANCER CARE MISSION (PCCM)

Every month at PCCM, we witness stories of courage—like Meera's (name changed), who came in anxious but left hopeful, ready to face her journey with strength and confidence.

As a breast cancer-focused NGO, we work to ensure that no woman faces this journey without the right care, support, and dignity. We offer free or majorly concessionary diagnostic services, life-saving surgeries, chemotherapy, radiation therapy coordination, counseling, and survivorship programs—so that ability to pay never decides the quality of care.

In just the past month, 28 women received screenings, treatments, and support through our clinic and Pink Ribbon Support Group.

This newsletter is where we share:

- **Stories That Inspire** - [Link to the page](#)
- **Impact by the Numbers** - [Link to the page](#).
- **Behind the Scenes** - our team in action. - [Link to the page](#)
- **How You Can Help** - [Link to the page](#)

Why donate?

Your contributions directly fund diagnostic tests, surgeries, prostheses, counseling sessions, and outreach programs in communities where breast cancer is often detected too late.

Let's walk together—month after month—towards a future where breast cancer is detected early, treated well, and survivors thrive.

TESTIMONIALS OF FREESHIP PATIENTS HELPED THROUGH PRASHANTI CANCER CARE MISSION

Ujvala Kharade

I would like to express my deepest gratitude for the extraordinary care and support extended to my mother during her breast cancer treatment.

Your compassion & motivation to us have been a source of great strength for both my mother and our family. Your personal attention, calm guidance, and continuous encouragement gave us hope and confidence when we were devastated & unclear about what to do. We found you at the right time & now everything seems possible to cure and lead her to a healthy life ahead.

We are equally thankful to the Prashanti Care Mission for the financial assistance and emotional support you provided throughout her treatment. Your generosity and kind words gave us comfort and reassurance when we needed it the most. Knowing that we were not alone in this journey made all the difference, and now we are confident this shall pass through.

From the bottom of our hearts, thank you for being such a remarkable team of healers and human beings. We will always remain grateful for your care, kindness, and compassion.

With sincere appreciation,

Shubhangi Mohite

Daughter of Ujvala Kharade



TESTIMONIALS OF FREESHIP PATIENTS HELPED THROUGH PRASHANTI CANCER CARE MISSION

सौ.कविता शिवकुमार उमरदंड

माझी पत्नी , कर्करोग उपचारासाठी आपल्या संस्थेमार्फत मिळालेल्या वैद्यकीय मदतीबद्दल मनःपूर्वक आभार व्यक्त करते. आपल्या वेळेवर केलेल्या सहकार्यामुळे माझ्या उपचाराचा खर्च भागविणे शक्य झाले आणि उपचार नियमित सुरू झाले.

आपले डॉ.कोपिकर सरांच्या देखरेखीखाली व मार्गदर्शने, व त्याचा स्टाफ, डॉक्टर ,नर्स, व कर्मचारी वर्ग यांचे सहकार्य, प्रेमळ वागणूक आणि रुग्णांविषयीची संवेदनशीलता खरोखरच प्रेरणादायी आहे. आपल्या संस्थेमुळे मला आणि माझ्या कुटुंबाला मानसिक व आर्थिक आधार मिळाला, याबद्दल आम्ही सदैव ऋणी राहू.



आपल्या या माणुसकीच्या कार्यास मनापासून शुभेच्छा. आपल्या सेवेमुळे अनेक रुग्णांना नवसंजीवनी मिळत आहे — यासाठी खुप खुप धन्यवाद. शिवकुमार रमाकांत उमरदंड

Shubham G. Chavandke, for his mother

I, Shubham G. Chavandke, would like to share my experience with you. Due to my financial situation, I never thought I would be able to get my mother treated in such a reputed hospital. I am truly grateful to the entire team for helping us at every step. Dr. Koppiker performed my mother's surgery — he is exceptionally skilled and also supported us mentally and emotionally, explaining every detail of the procedure with great care.

The hospital staff guided us throughout the entire process, right from filling out the forms to completing all formalities. A special thanks to Sister Vandana, Sister Jyoti, and their co-workers for their constant support and assistance. Thank you once again.

PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP TREAT THE PENDING LIST OF UNAFFORDABLE BREAST CANCER PATIENTS

Pending list of patients below

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

DONATE 

01.		Ujwala Kadam (35 years) has stage II breast cancer. She is a homemaker with one son of 5 years. Due to the patients' health condition and required continues attention, her husband left his job and is currently unemployed. <table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>2,95,458</td></tr><tr><td>Diagnostics and OPD Charges</td><td>75,800</td></tr><tr><td>Radiation</td><td>000</td></tr><tr><td>Surgery</td><td>000</td></tr><tr><td>Total</td><td>3,71,258</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	2,95,458	Diagnostics and OPD Charges	75,800	Radiation	000	Surgery	000	Total	3,71,258
Treatment	Amount (In Rs.)													
Chemotherapy	2,95,458													
Diagnostics and OPD Charges	75,800													
Radiation	000													
Surgery	000													
Total	3,71,258													
02.		Anjum Kazi (43 Years) has stage II breast cancer. She is a homemaker with 2 children studying in school. Her husband has lost his job, and the family has no income source. <table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>1,48,955</td></tr><tr><td>Diagnostics and OPD Charges</td><td>38,780</td></tr><tr><td>Radiation</td><td>000</td></tr><tr><td>Surgery</td><td>000</td></tr><tr><td>Total</td><td>1,87,735</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	1,48,955	Diagnostics and OPD Charges	38,780	Radiation	000	Surgery	000	Total	1,87,735
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Radiation	000													
Surgery	000													
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FREE COUNSELLING SERVICES AT ORCHIDS BREAST HEALTH SO FAR

Onco-Psychology Counselling - 447

Onco-Genetic Counselling- 487

Nutrition Counselling-532

Preventive clinic services-102



Onco - Psychology Counselling
Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at:
12 Kopalpur, Senapati
Bopar Road, Pune
Maharashtra 411006



Onco - Genetic Counselling
Free Genetic Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we have BCC1 certified genetic counsellors for women and their patients who might need genetic testing.

Breast Cancer Genetic Counselling
to whom is genetic counselling offered?
(According to NCCN guidelines)

- Diagnosed at <45 yrs
- Family History of Cancer
- Recurrent
- TMBC
- Personal history of other cancer

What can you expect in a genetic counselling?
 • Pedigree charting (Family History)
 • Risk assessment
 • Genetic testing options
 • Genetic reports interpretation
 • Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

Visit us at:
12 Kopalpur, Senapati
Bopar Road, Pune
Maharashtra 411006

Dr. Kapilraj | Breast Cancer Doctor in Pune | Orchids Breast Health (OrchidsHealth.in)
A-410-284585, 284585, Maharashtra | contact@orchidsbreasthealth.com | info@orchidsbreasthealth.com



Onco - Nutrition Clinic
Free Nutrition Counselling services for our Breast Cancer Patients.

At the Orchids Breast Health Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at:
12 Kopalpur, Senapati
Bopar Road, Pune
Maharashtra 411006

Dr. Kapilraj | Breast Cancer Doctor in Pune | Orchids Breast Health (OrchidsHealth.in)
A-410-284585, 284585, Maharashtra | contact@orchidsbreasthealth.com | info@orchidsbreasthealth.com



RISK REDUCTION CLINIC FOR BREAST CANCER

At the Orchids Breast Health Nutrition Clinic, we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

KEEP YOUR WEIGHT STABLE
EAT HEALTHY FOOD
WATCH OUT FOR CHANGES TO YOUR BODY
DO FOR A BAREMINIMUM

CONSUME REGULARLY
BREAST FEED
DON'T SMOKING
LIMIT ALCOHOL CONSUMPTION
LIMIT EXPOSURE TO POLLUTION
LIMIT YOUR ACTUAL CONCEPTS

Prashanti Cancer Care Mission
Breathing out with excellence
www.ccr.in

PCCM provided 18 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health in October 2025.



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

DR. C. B. KOPPIKER AT THE 8TH BAHEYA BREAST CANCER CONFERENCE (BBCC) 2025, CAIRO

Dr. C. B. Koppiker was invited as a faculty at the 8th Baheya Breast Cancer Conference (BBCC) 2025, held in Cairo from October 30th–31st, with a Pre-Conference Workshop on October 29th, 2025.

During the conference, Dr. Koppiker delivered talks titled, 'Lighting the Way: The role of Fluorescence in Oncoplastic Surgical Management', and 'Versatility of chest wall Perforator Flaps in breast Oncoplasty: A modern toolbox'. He also participated as a faculty member in the Oncoplastic Breast Surgery Pre-Conference Workshop, sharing his expertise and surgical insights. The event was graced by eminent global faculty, fostering rich knowledge exchange and collaborative dialogue in the field of breast cancer management.

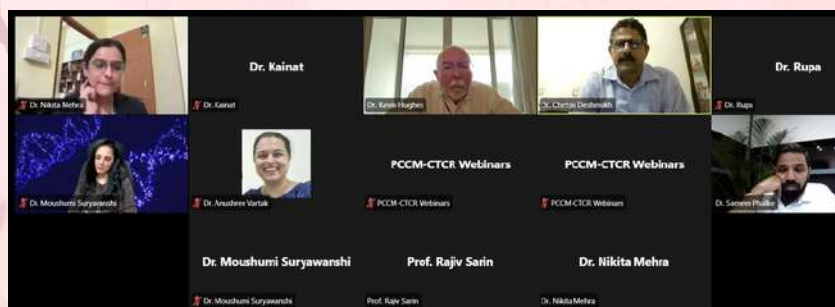
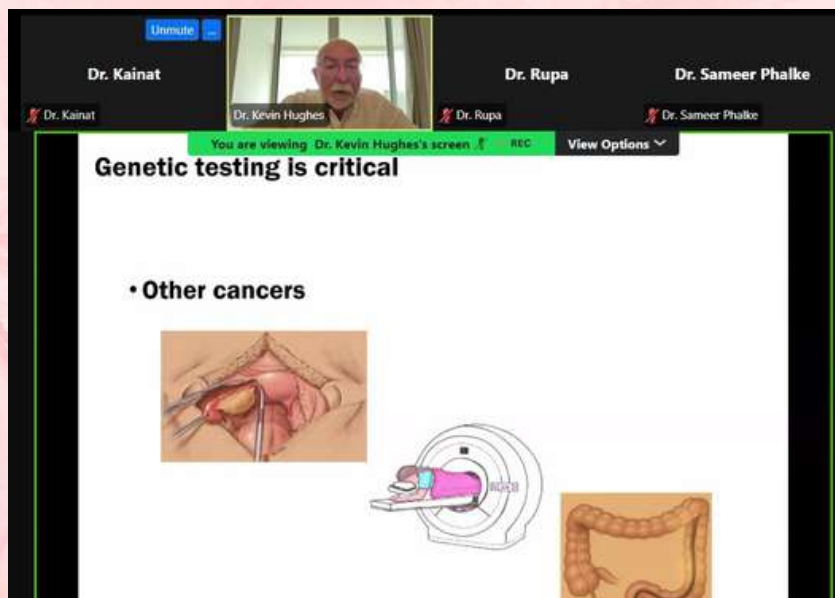


BREASTGLOBAL WEBINARS 2025: CHALLENGES, CONTROVERSIES & CONSENSUS SERIES

Session 3 : 'Omics Approaches in Breast Cancer: Current Insights and Emerging Frontiers'

The third session of the series, held on 10th October 2025, focused on "Omics Approaches in Breast Cancer: Current Insights and Emerging Frontiers." The session featured distinguished national and international experts — Dr. Moushumi Suryawanshi (India), Dr. Kevin Hughes (USA), and Dr. Sameer Phalke (India) — and was moderated by Prof. Rajiv Sarin (India), alongside BreastGlobal Co-chairs and other panelists.

Through a blend of expert talks, case-based discussions, and interactive live polls, the session provided diverse global perspectives and meaningful clinical insights. With over 300 participants worldwide, the event highlighted the growing interest and importance of integrating omics into breast cancer research and clinical practice.



**BreastGlobal Webinars 2025
Challenges, Controversies & Consensus Series**

Omics Approaches in Breast Cancer: Current Insights and Emerging Frontiers

BreastGlobal is committed to advancing clinical expertise and fostering a global educational platform for breast cancer management. Our upcoming series, "Challenges, Controversies & Consensus," aims to address real-world dilemmas through expert-led discussions, audience poll and practical insights.

The third session in the series, "Omics Approaches in Breast Cancer: Current Insights and Emerging Frontiers," will highlight recent advances in omics technologies and their role in shaping breast cancer management, aiming to equip clinicians with actionable insights to drive precision oncology forward.

Dr. Moushumi Suryawanshi
Current practices in integrating Somatic Mutation Testing into Breast Cancer Care: Evidence, Guidelines, and Gaps

Dr. Kevin Hughes
Somatic and Germline Counselling in Breast Cancer: Making Sense for Patients and Clinicians

Dr. Sameer Phalke
Omics-Driven Insights into Breast Cancer Phenotypes: Future towards Personalized Strategies

Prof. Rajiv Sarin
Panel Discussion: Curated Case Scenarios with Audience Polls and Expert commentary

(Speakers and Invited Panelist)

This is a Free Educational Webinar

REGISTER NOW

**10th OCTOBER 2025
7:00 P.M IST**

www.breastglobal.org

**PRASHANTI CANCER CARE MISSION'S
ANNUAL BREAST SUMMIT 2026 (PCCM-ABS2026)**

**Prashanti Cancer Care Mission's
THE ANNUAL BREAST SUMMIT 2026**

**JAN 30TH-FEB
1ST, 2026**

 **Corinthians Club,
Pune, India.**

CONFERENCE HIGHLIGHTS:

- Hands-on Workshop with LIVE Models
- MDT simulations
- Oncoplastic Case-based Learning

India's First-Ever Convergence of Clinical Expertise, Oncoplastic innovations and Research in Breast Cancer Management


Gems of Pune: Aga Khan Palace

REGISTER NOW 

For Enquiries: Call us at +91 9665033955 or email conference@prashanticancercare.org

 <http://pccmannualbreastsummit.ctcr.in/> Co-host Websites: Breast Global, ISOS

Celebrating 25 years of Prashanti Cancer Care Mission **#PCCMABS2026**

 **Prashanti Cancer Care Mission**
Reaching out with excellence

 **WORLD'S FAVOURITE INDIAN**
Chief Patron

 **BAJAJ** BB/DND

 **Breast Global**

Prashanti Cancer Care Mission is delighted to announce the Annual Breast Summit (PCCM-ABS 2026), scheduled for January 30th – February 1st, 2026. Join the global experts to shape the future of breast cancer treatment.

Date: January 30th, 31st and February 1st, 2026

Venue : Corinthians Club, Pune, India.

Registration Link: <https://easebuzz.in/link/prashanti-cancer-care-missions-annual-breast-summit-2026-5ZTDN>

This educational bonanza will feature a powerhouse lineup of national and international faculty to discuss highly specific, practice-focused topics for breast cancer management.

The summit will provide a unique opportunity for breast cancer researchers and clinicians to engage in dynamic discussions, exchange ideas, and open new windows for collaborative exploration.

Email us at: conference@prashanticancercare.org

Website: <http://pccmannualbreastsummit.ctcr.in>

MS. LALEH BUSERI INVITED AS CHIEF GUEST AT POWERPOINT CO-WORKING & MANAGED SPACES GRAND OPENING

Ms. Laleh Busheri graced the grand opening of PowerPoint Co-Working & Managed Spaces' fourth centre at Baner Central on 10th October 2025 as the Chief Guest. The event marked the launch of the company's newest space designed to foster collaboration and innovation.



MS. LALEH BUSERI SPEAKS AT DELTA SKYTEAM'S CENTENNIAL CELEBRATION

Ms. Laleh Buseri was invited by Delta SkyTeam to speak at their Centennial Celebration of Flying Innovation and Partnership, held at the Sheraton Grand Pune on October 16, 2025.

In her talk, Ms. Buseri emphasized the importance of breast cancer awareness, early detection, and how simple self-breast examinations can play a life-saving role. She also highlighted the holistic, patient-centered approach followed at Orchids Breast Health, where comprehensive care goes beyond treatment to support overall well-being.



LALEH BUSERI ON WELLNESS UNPLUGGED PODCAST BY PUNE TIMES MIRROR

Ms. Laleh Buseri was invited as a guest on the Wellness Unplugged podcast by Pune Times Mirror. In this insightful episode, she shared her perspectives on breast cancer awareness, highlighting the gold standards in breast cancer management and the importance of early detection. She also discussed the holistic, patient-centered care approach practiced at Orchids Breast Health, spoke about her published works, and offered a glimpse into her upcoming book.

Link to the podcast: <https://www.youtube.com/watch?v=JxefXmw7Se4>

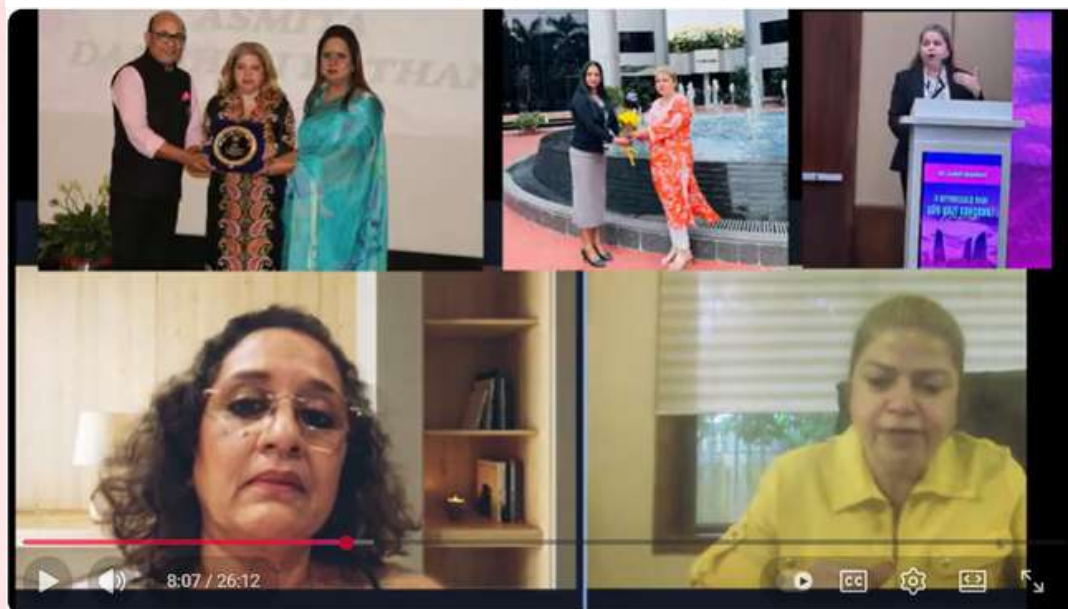


MS. LALEH BUSERI FEATURED ON WARRIOR VOICES PODCAST: HIGHLIGHTING INNOVATIONS IN BREAST CANCER CARE

Ms. Laleh Busheri was featured in Episode 8 of the podcast Warrior Voices with Sangita. In this engaging conversation, she spoke about Orchids Breast Health Clinic, Pune's state-of-the-art, one-stop center for comprehensive breast cancer care—offering a full spectrum of services from advanced diagnostics to personalized treatment options. She also highlighted PCCM's pioneering Biobank, the first of its kind in Pune, which houses over 2,000 patient samples and has contributed to several impactful research publications. Additionally, she emphasized the importance of biobanking workshops, gold-standard treatment protocols in breast cancer management, and the vital role of genetic testing in delivering precise and personalized care.



Ep 8 | Cancer care revolutionary- Laleh Busheri's mission of hope.



EXCERPT FROM THE INDIAN EXPRESS ARTICLE FEATURING DR. C. B. KOPPIKER

In an interview with The Indian Express, Dr. C. B. Koppiker, Senior Breast Onco-Surgeon at Orchids Breast Health Centre and Founder of Prashanti Cancer Care Mission, highlighted the critical importance of early diagnosis and timely access to treatment in achieving positive outcomes for cancer patients.

Dr. Koppiker also shared that Prashanti Cancer Care Mission has established a fund to support patients who are unable to afford advanced cancer treatments, such as targeted therapies like Herceptin, thereby ensuring timely care and better survival for underprivileged women battling breast cancer.

Read the full article here: <https://indianexpress.com/article/health-wellness/stage-2-breast-cancer-patient-delay-treatment-lancet-study-poor-detection-access-therapies-10321761/lite/>

Why Stage 2 breast cancer patient had to delay her treatment: Lancet study flags poor detection and access to therapies

Ovarian cancer least likely to be diagnosed early across the world, at less than 20 per cent, say researchers

Written by [Anuradha Mascarenhas](#) [Follow](#)

Updated: October 23, 2025 06:11 PM IST
(1) 5 min read



The latest Lancet study shows that compared to high income countries, where breast and cervical cancers were diagnosed early in 40 per cent of women patients, the number fell to 20 per cent in low and middle-income countries. (File Photo)

Several years ago, Reshma (name changed), then in her early 30s, was desperately searching for the drug Herceptin (trastuzumab), a game-changer for treating human epidermal growth receptor 2 (HER2) positive breast cancer. This is more aggressive than other breast cancers as cells over-produce a protein that in turn prods cancer cells to grow and divide faster. However, targeted therapies can block the HER2 protein. Survival rates are high when cases are diagnosed and treated early.

Despite her readiness for dealing with her cancer, which was diagnosed at stage 2, the prohibitive cost of the drug at that point of time delayed her treatment further. Her search took her from Mahabaleshwar to Pune, where a contact led her to the Prashanti Cancer Care Mission, an NGO which was set up by patient families and doctors. Fortunately, she was treated in time. "We had set up a fund for patients unable to afford treatments. In fact, it was called the Herceptin fund, which has now benefitted around 150 patients," says Dr C B Koppiker, mission founder and breast onco-surgeon at Orchids Breast Health Centre, Pune. With timely care and treatment,

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FINANCIAL EXPRESS

Dmart is dead. Long live Dmart.



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EXPRESS Shorts



Cyclone Montha makes landfall in Andhra, rain pounds Odisha

India 4 hr ago

The severe cyclonic storm Montha has caused disruptions and affected normal life in 15 districts of Andhra Pradesh. The state government has suspended vehicle movement and set up medical camps. In Odisha, heav...

VIEW ALL SHORTS >

LIVE BLOG

Cyclone Montha Tracker LIVE Updates: Heavy rain lashes Vijayawada, trees

DR. KOPPIKER'S ARTICLE WAS FEATURED IN THE 'ASK THE EXPERT' SECTION IN FEMINA OCTOBER 2025 ISSUE.

The second part of Dr. Koppiker's article on, 'Understanding Radiation Therapy (RT) in Breast Cancer Management' was featured in the September 2025 issue of the Femina Magazine

ASK THE EXPERT

Orchids
BREAST HEALTH
—Prashanti Cancer Care Mission—



PART 2 – UNDERSTANDING RADIATION THERAPY (RT) IN BREAST CANCER MANAGEMENT



Dr. Chaitanyanand B. Koppiker

Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon
Medical Director, Orchids Breast Health in Association with
Jehangir Hospital and Prashanti Cancer Care Mission, Pune India



DR. C.B. KOPPIKER

In our previous article, we introduced the fundamentals of radiation therapy in breast cancer care. Building on that, this second part will delve further into this topic. With modern techniques, treatment times have significantly reduced compared to what it was two decades ago, while maintaining accuracy in targeting tumour cells. As a non-invasive therapy that often allows patients to continue with their daily routines, radiotherapy not only complements surgery and chemotherapy but also stands as a lifesaving, curative option for many cancers.

HOW IS RADIATION THERAPY PLANNED?

Radiation treatment is highly individualized. Doctors determine the specific area that requires treatment, the appropriate dose, and the scheduling—whether daily, weekly, or in a single session. Modern planning uses advanced imaging and computer-assisted technology to deliver radiation precisely to the tumor, reducing exposure to surrounding healthy tissues. This tailored approach ensures the treatment is both safe and effective.

WHAT TYPES OF RADIATION THERAPY ARE USED TODAY?

Several modern techniques allow radiation to be delivered with greater accuracy:

- **External Beam Radiation Therapy (EBRT):** The most common form, using 3D imaging to direct radiation to the tumor while sparing healthy tissue. Advanced versions, such as Intensity-Modulated Radiation Therapy (IMRT) and Image-Guided Radiation Therapy (IGRT), provide

even higher precision.

- **Stereotactic Radiation (SRS/SBRT):** Delivers high doses in a few highly precise sessions, often described as "laser-focused" treatment.
- **Brachytherapy:** Involves placing a radiation source inside or near the tumor. While frequently used in gynecologic or prostate cancers, it can also be applied in selected breast cancer cases.

WHO IS PRESCRIBED RADIATION THERAPY FOR BREAST CANCER?

Radiation therapy is typically recommended for most patients with Stage I or higher invasive breast cancer and for selected patients with Stage 0 (DCIS) following a lumpectomy. Women over 70 with small, node-negative, estrogen receptor-positive tumors may, in some cases, receive hormone therapy alone instead of radiation to prevent local recurrence.

WHICH PATIENTS REQUIRE SPECIAL CONSIDERATION BEFORE RECEIVING RADIATION THERAPY?

Certain conditions may need to be considered before radiation therapy, including:

- Pregnancy, due to potential harm to the developing fetus.
- Pre-existing conditions like scleroderma or certain rare inherited gene mutations, which increase the risk of normal tissue damage.
- Patients who have previously received radiation to the same breast, although partial repeat treatments may sometimes be considered.

IMPLANTS UNDERGO RADIATION THERAPY?

Yes, but radiation can affect the cosmetic outcome and long-term durability of implants. Potential side effects include scarring, hardening, or chronic pain, and in some cases, implant removal may be necessary. Patients planning breast reconstruction should discuss these risks with both their surgeon and radiation oncologist.

DOES RADIATION THERAPY AFFECT FERTILITY?

For most women receiving breast-focused radiation, fertility is minimally impacted. However, individual factors, such as age and concurrent treatments, may influence outcomes. Patients concerned about fertility should discuss preservation options with their healthcare team.

With continuous improvements in precision, safety, and coordination with other treatments, radiation therapy remains a cornerstone of breast cancer management. These advances not only improve survival but also help maintain the quality of life for patients, offering hope, recovery, and a path to long-term wellness.

Orchid Breast Health by Jehangir Hospital and Prashanti Cancer Care Mission
32 Sassoon Road, Pune 411001
For appointments pls call
020 - 66811126/25656110
Dr. Koppiker's website: https://orchidbreasthealth.in/about_dr_koppiker



CAN WOMEN WITH BREAST

PRASHANTI CANCER CARE MISSION'S BREAST GLOBAL JOURNAL

Volume 2, Issue 2 is now available online.

We are delighted to share that our Breast Global Journal's Volume 2, Issue 2 is now available online. BreastGlobal journal is open-access with no submission fees, and authors retain full copyright. Affiliated with Wolters Kluwer and bearing its own ISSN, the journal offers a respected platform for advancing breast cancer research and clinical practice.

Explore the latest issue here: <https://journals.lww.com/bgjr/pages/currenttoc.aspx>

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

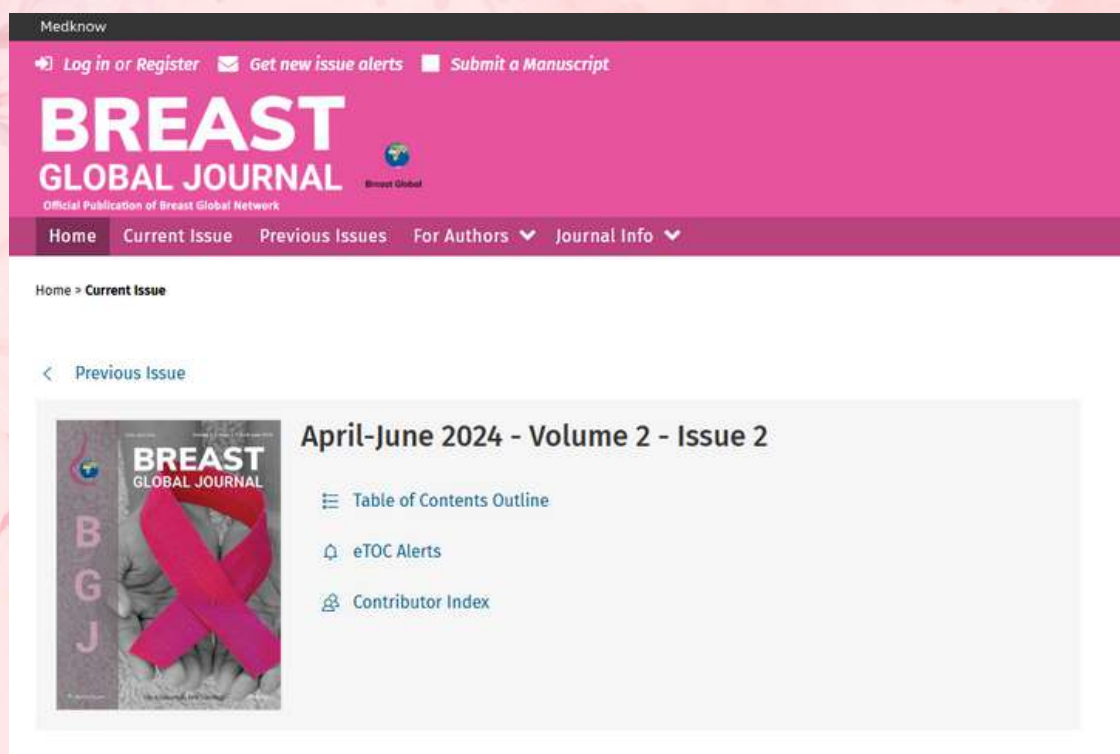
The journal features a distinguished editorial board and has already released four issues. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
- Fresh frozen biopsy samples from 294 patients, along with 210 fresh frozen surgery samples, have been collected and stored at IISER.
- Dr. Madhura Kulkarni was invited as a Mentor-ReWIRE (Research With Impact, Rigour & Exploration) for Cambridge students at Bharati Vidyapeeth Rabindranath Tagore School of Excellence.
- Paper 'Assessing the Feasibility of Preoperative Axillary Ultrasound in Identifying Node-Negative Axillae: An Indian Retrospective Experience' submitted to Journal of Breast Imaging
- Two Abstracts submitted to ISBER 2026 Conference
- Two Abstracts submitted to EBCC 2026 Conference, - Establishing a Breast Cancer Risk Assessment Clinic in a Single-Surgeon Unit: Workflow, Feasibility, and Outcomes and Comparative Analysis of Patient-Reported Outcomes in Germline Mutation-Positive and -Negative Breast Cancer Patients: Influence of Surgical Modality, Oncoplastic Techniques, and Genetic Testing Perceptions

DR. MADHURA KULKARNI MENTORS CAMBRIDGE STUDENTS IN RESEARCH WORKSHOP

Dr. Madhura Kulkarni was invited as a Mentor-ReWIRE (Research With Impact, Rigour & Exploration) for Cambridge students at Bharati Vidyapeeth Rabindranath Tagore School of Excellence. She conducted an engaging workshop guiding students through the research process—from identifying problems and framing questions to working with data, using AI tools responsibly, and writing publication-ready papers. The session emphasized research ethics, critical review, and effective presentation skills, empowering students to build confidence and produce impactful, high-quality research.



RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total Blocks collected in this month: **26**

Biopsy Blocks: **17** Patients

Surgery Blocks: **09** Patients



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

10 Fresh frozen Biopsy and **17** surgery samples collected this month.

ONGOING PROJECTS AND MANUSCRIPTS:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

LECTURE 13TH OF PRASHANTI CANCER CARE MISSION'S PINK RIBBON SUPPORT GROUP WEBINAR SERIES WAS HELD ON 08TH OF OCTOBER 2025.

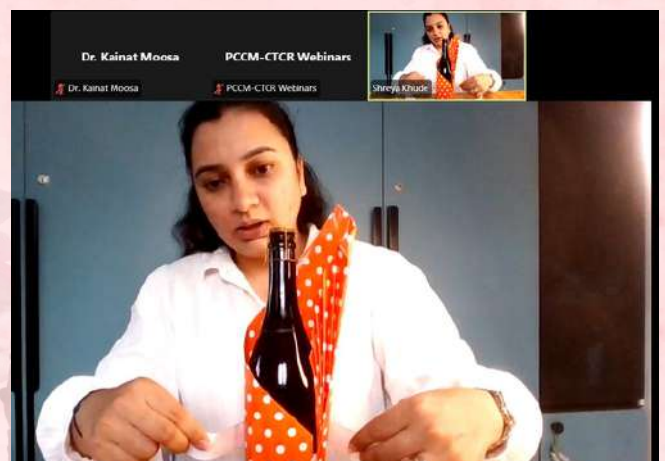
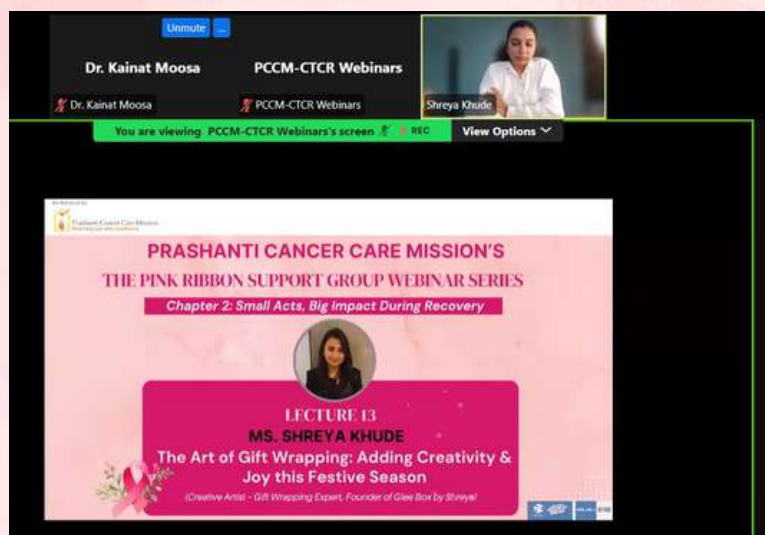
Building on the success of Chapter 1 (Sept 2024–Mar 2025) — where we explored key aspects of survivorship such as mental health, nutrition, yoga, meditation, and genetics — Chapter 2 ‘Small Acts, Big Impact During Recovery’ now turns the spotlight to everyday activities that uplift the spirit and foster healing in meaningful, accessible ways.

On Wednesday, 08th of October 2025, the Pink Ribbon Support Group hosted Lecture 13 of its ongoing webinar series, focusing on the healing power of simple, joyful activities for patients and caregivers.

This Pink Ribbon Webinar featured “ The Art of Gift Wrapping: Adding Creativity & Joy this Festive Season” presented by Ms. Shreya Khude. She shared innovative gift-wrapping ideas that inspired participants to add a personal, artistic touch to their festive celebrations.

Click here to register for the next session :

[REGISTER NOW](#)



BLOGS

From DNA to Decision: How Genetic Results Are Changing Preventive Choices for Women



What if a simple test could help you prevent cancer?

In recent years, women's health has undergone a quiet revolution—shifting from reactive treatment to proactive prevention. At the heart of this transformation is genetic testing, a tool that empowers women to understand their inherited risks and take control of their health journey.

Some genes, like BRCA1, BRCA2, and PALB2, are known to increase cancer risk when they carry certain mutations. Newer tests look at many genes at once, giving a fuller picture of your health risks.



From Results to Action

Genetic testing is just the beginning. When paired with counseling and clinical support, it enables women to:

- Schedule earlier and more frequent screenings (e.g., mammograms, MRIs)
- Explore preventive surgeries with healthcare providers
- Share results with family members who may also benefit from testing

This shift from crisis response to anticipatory wellness helps reduce late-stage diagnoses and gives women agency over their health.



Knowledge is power—but it can also be overwhelming.

Genetic results, especially those indicating intermediate or uncertain risk, may trigger anxiety or confusion. That's where genetic counseling plays a vital role: helping women interpret their results, understand the science, and make informed, compassionate decisions.

Genetic testing isn't just about risk—it's about readiness. Whether you're exploring options for yourself or supporting a loved one, early action can redefine the future of women's cancer care.



BLOGS

Paneer Bhurji & Mint Yogurt Sandwich

2 servings



Ingredients

- 4 slices multigrain or millet bread
- ½ cup crumbled paneer (cottage cheese)
- 1 small onion, finely chopped
- 1 small tomato, finely chopped
- 1 small capsicum, finely chopped
- 1 tsp oil or ghee
- ¼ tsp turmeric powder
- ½ tsp cumin seeds
- ¼ tsp red chilli flakes or green chilli, finely chopped
- Salt to taste
- A handful of fresh coriander leaves

For the Mint Yogurt Spread:

- 2 tbsp hung curd (Greek yogurt)
- 1 tbsp mint-coriander chutney
- A pinch of black salt and peppe

Method

1. Sauté onion, tomato, and capsicum with spices. Add paneer and cook 2–3 mins.
2. Mix curd and mint chutney for the spread.
3. Spread on bread, add paneer filling, grill till golden.



PCCM APPEALS FOR SUPPORT AND DONATIONS TO HELP SAVE BREAST CANCER PATIENTS

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:



Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:

<https://prashanticancercare.org/donate/>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
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