



Prashanti Cancer Care Mission
Reaching out with excellence



Centre for Translational Cancer Research
Joint initiative between IISER, Pune and PCCM



Prashanti Cancer Care Mission
Reaching out with excellence

Orchids
BREAST HEALTH



SEPTEMBER 2024 | VOLUME 139 ISSUE 83

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

DONATE



WHAT'S IN THIS LATEST ISSUE?

The fourth session of the ISOS Hands-on Oncoplastic workshop titled, "Essential in Oncoplastic Techniques-IV" will be held on Nov 30th & December 1st, 2024.

Prashanti Cancer Care Mission announces PINK RIBBON Support Group Webinar Series starting September 2024.

Dr. Koppiker was invited as the chief guest for the Prefects Investiture Ceremony at Bishop's Co-ed School, Undri.

Dr. Koppiker was an invited as a faculty member at the 12th Breast Reconstructive and Aesthetic Surgery Conference (BRASCON-2024) at AIIMS Patna, Bihar.

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina August 2024 issue.

The BreastGlobal Journal is accepting Submissions for its future editions

Ms. Laleh Busheri gave a breast cancer awareness talk at Jehangir Hospital, Pune.

Dr. Sneha Joshi (Senior Research Scientist at PCCM's CTCR) presented a poster titled, "Enhancing Research Management for a Breast Oncology Unit in India," at the DBT/WT India Alliance Annual Conclave held in Hyderabad.

PCCM-CTCR's first PhD student, Ms. Pooja Vaid, successfully defended her thesis, earning her a well-deserved doctorate degree.

ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

The fourth session of the ISOS Hands-on Oncoplastic workshop titled, "Essential in Oncoplastic Techniques-IV" will be held on Nov 30th & December 1st, 2024.

After the success of our first three Hands-On Oncoplastic workshop sessions, we are thrilled to announce the upcoming fourth session titled "Essentials in Oncoplastic Techniques IV," scheduled for November 30th and December 1st, 2024.

Led by the esteemed Dr. Koppiker, this workshop will focus on an overview of Oncoplasty and Whole Breast Reconstruction, including Implant & Autologous techniques.

Participants can look forward to immersive hands-on simulations, specialized prosthesis sessions, lectures from international faculties and live video surgeries for real-time learning. With only 30 seats available per workshop, interested candidates can access further details and register via the provided Google Form link:

https://docs.google.com/forms/d/e/1FAIpQLSdRke59-rtDVdJ-k2bfpMyeOoFqGX6_sSzfAU39GjJyFOyFMQ/viewform

Click to view our previous session highlights:







INTERNATIONAL SCHOOL OF ONCOPLASTIC SURGERY

International School of Oncoplastic Surgery (ISOS) Introduces a 4-Part Hands-On Oncoplastic Series

ESSENTIALS IN ONCOPLASTIC TECHNIQUES -IV

OVERVIEW OF ONCOPLASTY & WHOLE BREAST RECONSTRUCTION: IMPLANT & AUTOLOGOUS
30TH NOV & 1ST DEC 2024

- Lead Instructor Dr. Chaitanyanand Koppiker will personally conduct the practical training sessions.
- Limited to 30 seats for personalized attention.
- Additionally, discover observer-ship opportunities linked to the workshop sessions. Please fill the google form for inquiries and we will share the program details with you .

WORKSHOP DETAILS

- **Date:** 30th NOV and 1st DEC 2024
- **Time:** Saturday : 8:00 am to 7:00 pm
Sunday : 9:00 am to 2:30 pm
- **Venue:** ISOS, Pune
- **Session-4 Fees :** Send an enquiry through the google form

REGISTRATION INCLUDES

- Course Material
- Lunch and Refreshments
- Certificate of Participation
- Observership Opportunities on application
- Complementary Registration for 2025 Annual Conference

WORKSHOP HIGHLIGHTS

- Immerse yourself in hands-on simulations, case-based discussions, and surgical video demonstrations.
- Enhance your skills with pre-surgery mark-up with Live models and prosthesis sessions
- Multi-disciplinary tumor board sessions for comprehensive learning.

SESSION OBJECTIVES

Session IV:

- Overview of Oncoplasty with a Focus on Whole Breast Reconstruction: Autologous and Implant
- Hands-On Experience : Mark-up sessions, prosthesis
- Understanding Techniques
- Surgical Options to optimize patient outcomes.
- Principles & Intricacies: Detailed guidance from leading breast surgeons.
- Complex Cases: Build your confidence.
- Patient Selection
- Case Discussions: Including management of germline mutation patients.
- Interactive Learning: Discussions and MDTs

FOR INQUIRES PLEASE CONTACT US OR FILL THE GOOGLE FORM

 [Follow our LinkedIn For Updates](#)

 www.breastoncoplasty.org

 obs.koppiker@gmail.com

 [WhatsApp +919665033955](https://wa.me/919665033955) : Program Coordinator





Prashanti Cancer Care Mission announces PINK RIBBON Support Group Webinar Series starting September 2024.

Prashanti Cancer Care Mission is delighted to announce its PINK RIBBON Support Group Webinar Series. The PINK RIBBON Support Group Webinar Series, is an initiative aimed at supporting the breast cancer community. This series will cover a variety of essential topics, including Survivor Strategies, Mental Health & Well-being, Diet & Nutrition, Yoga & Meditation, Breast Cancer Genetics, and Art Therapy.

The inaugural session is scheduled for 11th September 2024, and the webinars will continue every 2nd Wednesday of the month. Each session will run from 4:00 PM to 5:00 PM IST on Zoom.

Ms. Laleh Busheri, CEO of Prashanti Cancer Care Mission, will lead the first session, focusing on "From Hope to Healing: Navigating Breast Cancer by Staying Informed always-through Prevention, Early Detection, Treatment & Survivorship"

Participation in the webinar series is free and open to all. The organization encourages patients, caregivers, and anyone interested to join and benefit from these informative discussions. Registrations link: https://us06web.zoom.us/webinar/register/WN_G4KvOTR-Q3KzFJxvL3GIWQ

Prashanti Cancer Care Mission
Reaching out with excellence

**PRASHANTI CANCER CARE MISSION
IS DELIGHTED TO ANNOUNCE**



**THE PINK RIBBON SUPPORT
GROUP WEBINAR SERIES**
EVERY 2ND WEDNESDAY OF
THE MONTH, FROM
SEPTEMBER 2024

VIA ZOOM 4:00 P.M-5.00 P.M IST
(CLICK REGISTER NOW)
For more information & registration, please call or email
+91-20-25656110 / 91-20-25650269
vcanshare@prashanticancercare.org
<https://www.prashanticancercare.org/>
www.ctcr.in

Register Now

AN INITIATIVE BY
Prashanti Cancer Care Mission
Reaching out with excellence

REGISTERED
FACULTY
INDIAN

*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.

AN INITIATIVE BY
Prashanti Cancer Care Mission
Reaching out with excellence

**PRASHANTI CANCER CARE MISSION'S
THE PINK RIBBON SUPPORT GROUP
WEBINAR SERIES**



LECTURE 1:
From Hope to Healing: Navigating Breast Cancer
by Staying Informed always -through Prevention,
Early Detection, Treatment & Survivorship
MS. LALEH BUSERI
CEO OF PRASHANTI CANCER CARE MISSION (PCCM)

WEDNESDAY 11TH SEP 2024
VIA ZOOM 4:00 P.M-5.00 P.M IST
(REGISTER NOW TO ATTEND THE WEBINAR)

JOIN NOW
FREE ENTRY
For more information & registration, please call or email
+91-20-25656110 / 91-20-25650269
vcanshare@prashanticancercare.org
<https://www.prashanticancercare.org/>
www.ctcr.in

Register Now

REGISTERED
FACULTY
INDIAN

*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.

Dr. Koppiker was invited as the chief guest for the Prefects Investiture Ceremony at Bishop's Co-ed School, Undri.

Dr. Koppiker was invited as the chief guest for the Prefects Investiture Ceremony at Bishop's Co-ed School, Undri. During the event, Dr. Koppiker addressed the students, emphasizing the importance of leadership, responsibility, and service. His presence added prestige to the occasion.



Dr. Koppiker was an invited as a faculty member at the 12th Breast Reconstructive and Aesthetic Surgery Conference (BRASCON-2024) at AIIMS Patna, Bihar.

Dr. Koppiker was an invited faculty member at the 12th Breast Reconstructive and Aesthetic Surgery Conference (BRASCON) at AIIMS Patna, Bihar, from August 2nd to 4th, 2024. He delivered a presentation on 'Local Perforator Flaps for Volume Replacement,' shared his expertise as a moderator during the Breast Reconstructive Surgery operative workshop, and contributed to an insightful panel discussion.



Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina August 2024 issue.

The 'Ask the Expert' section of Femina August 2024 issue featured Dr. Koppiker's article on 'Gold standard of treatment for Breast Cancer Surgery: Oncoplastic & Reconstruction Techniques'.

ASK THE EXPERT

Orchids
BREAST HEALTH
—Prashanti Cancer Care Mission—



JEHANGIR HOSPITAL
We Ask Care

GOLD STANDARD OF TREATMENT FOR BREAST CANCER SURGERY: ONCOPLASTIC & RECONSTRUCTION TECHNIQUES

Q

A

Dr. Chaitanyanand B. Koppiker
Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon
Medical Director, Orchids Breast Health in Association with
Jehangir Hospital and Prashanti Cancer Care Mission, Pune India

In India, many individuals seek treatment for breast cancer at advanced stages, often leading to the choice of mastectomy, the complete removal of the breast. While this procedure can be life-saving, it may also result in long-term complications, including emotional challenges, body asymmetry and a reduced quality of life. The gold standard treatment of breast cancer worldwide is not mastectomy; it is applying breast conservation, oncoplasty, and reconstruction techniques. At Orchids Breast Care Centre, we prioritise the overall well-being of our patients and have successfully achieved an 80% breast conservation rate. By incorporating oncoplastic techniques, we're able to remove the cancerous tissue while maintaining the natural shape of the breast. This approach not only enhances the safety of the treatment but also results in better aesthetic outcomes.

WHAT IS ONCOPLASTIC BREAST SURGERY?

Oncoplastic breast surgery combines breast tumor removal with plastic surgery techniques to restore the normal shape of the breast using the patient's own body tissue. When the patient wakes up post-surgery, they not only find the cancer gone but also see their breast reconstructed with better cosmesis. It has been proven that this approach enhances long-term survival, sexuality, body image, and overall well-being.

WHAT IS THE TYPICAL RECOVERY TIME AFTER BREAST CANCER SURGERY?

The recovery time after breast cancer surgery depends on the individual patient and the type of surgery performed. At our centre, patients typically go home

the same day or stay in the hospital for at most one night.

CAN SYMMETRICAL BREASTS BE ACHIEVED AFTER BREAST CONSERVATION SURGERY WHEN CANCER IS PRESENT IN ONLY ONE BREAST?

Oncoplastic Breast Surgery ensures adequate removal of the tumours with clear margins while reshaping the breast tissue for maintaining near-normal breast shape. When only one breast is treated for cancer, the other breast can be reduced in the same surgery to achieve symmetry. If, in some cases where mastectomy is the only option, it is always recommended to have a mastectomy with reconstruction. In cases wherein the entire breast tissue is removed (mastectomy), breast size and shape can be rebuilt using oncoplastic surgery techniques, which are referred to as breast reconstruction. With this, both breasts can stay the same size after breast cancer treatment.

WHAT PRECAUTIONS MUST BE UNDERTAKEN AFTER RECONSTRUCTION SURGERIES?

It is essential to follow post-operative instructions to ensure smooth recovery. At Orchids Breast Care Centre, patients receive detailed guidelines that include avoiding heavy lifting, refraining from vigorous exercises, taking medications and maintaining a balanced diet.

DO ONCOPLASTIC SURGERIES HAVE ANY SIDE EFFECTS?

Oncoplastic surgeries have fewer complications compared to mastectomy. Mastectomy results in significant side-effects such as body asymmetry, postural changes, emotional challenges such as



DR. C.B. KOPPIKER

depression, decrease in self-esteem and overall reduced quality of life. Oncoplastic techniques minimize these issues and tend to enhance the patient's quality of life by providing more satisfying aesthetic outcomes.

TESTIMONIAL BY ONE OF OUR PATIENTS AT OUR CENTRE:

Mrs. Rohini Kale (Name changed for privacy)

When I relocated from Mumbai to Pune in 2022 and was diagnosed with breast cancer, not only was I in a state of major depression and anxiety, but was caught in a state of extreme uncertainty. I wondered whether I should return to Mumbai, a city I was so familiar with, having lived there for years. Ultimately, I decided to stay in Pune, and I am grateful for that decision every day. I have completed my chemotherapy, mastectomy, and breast reconstruction surgeries and am continuing my further treatment. The journey has been remarkably smooth, thanks to the exceptional care I received. Dr. Koppiker has been an incredible support from the beginning, demonstrating phenomenal knowledge and gentleness.

Orchid Breast Health by Jehangir Hospital and Prashanti Cancer Care Mission
32 Sassoon Road, Pune 411001
For appointments pls call
020 - 66811126/25656110
Facebook: <https://www.facebook.com/koppiker>
Linkedin: www.linkedin.com/in/dr-chaitanyanand-koppiker-12550a12

The BreastGlobal Journal is accepting Submissions for its future editions

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

The journal features a distinguished editorial board and has already released two issues, with the third issue published in June 2024. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



BREAST GLOBAL

BREAST RESEARCH EDUCATION AND SURGICAL TRAINING

Equity | Evidence | Education

CALL FOR PAPERS : BREAST CANCER

BREASTGLOBAL CORDIALLY INVITES ARTICLES FROM RESEARCHERS, CLINICIANS, AND EXPERTS WORLDWIDE

We welcome articles in the following category

- 1 ORIGINAL ARTICLES
- 2 CASE REPORTS/ SNIPPETS
- 3 CLINICAL PHOTO GALLERY
- 4 LETTERS TO EDITORS & SHORT REPORTS
- 5 HOW DO I DO IT
- 6 VIDEO DEMONSTRATIONS

Why select Breast Global Journal?

- Open Access journal accessible to wider audience
- One-of-a-Kind unique journal with **no article processing charges/ subscription fee.**
- Affiliated with **Wolter-Kluwer**, a reputable and trusted publisher in medical field
- Peer review by **international board of surgeons and scientists**
- Comprehensive coverage: Wider range of perspective and contributions are welcome
- **ISSN:** Officially registered with an ISSN number

Submit online: <https://review.jow.medknow.com/bgj>

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

www.breastglobal.org

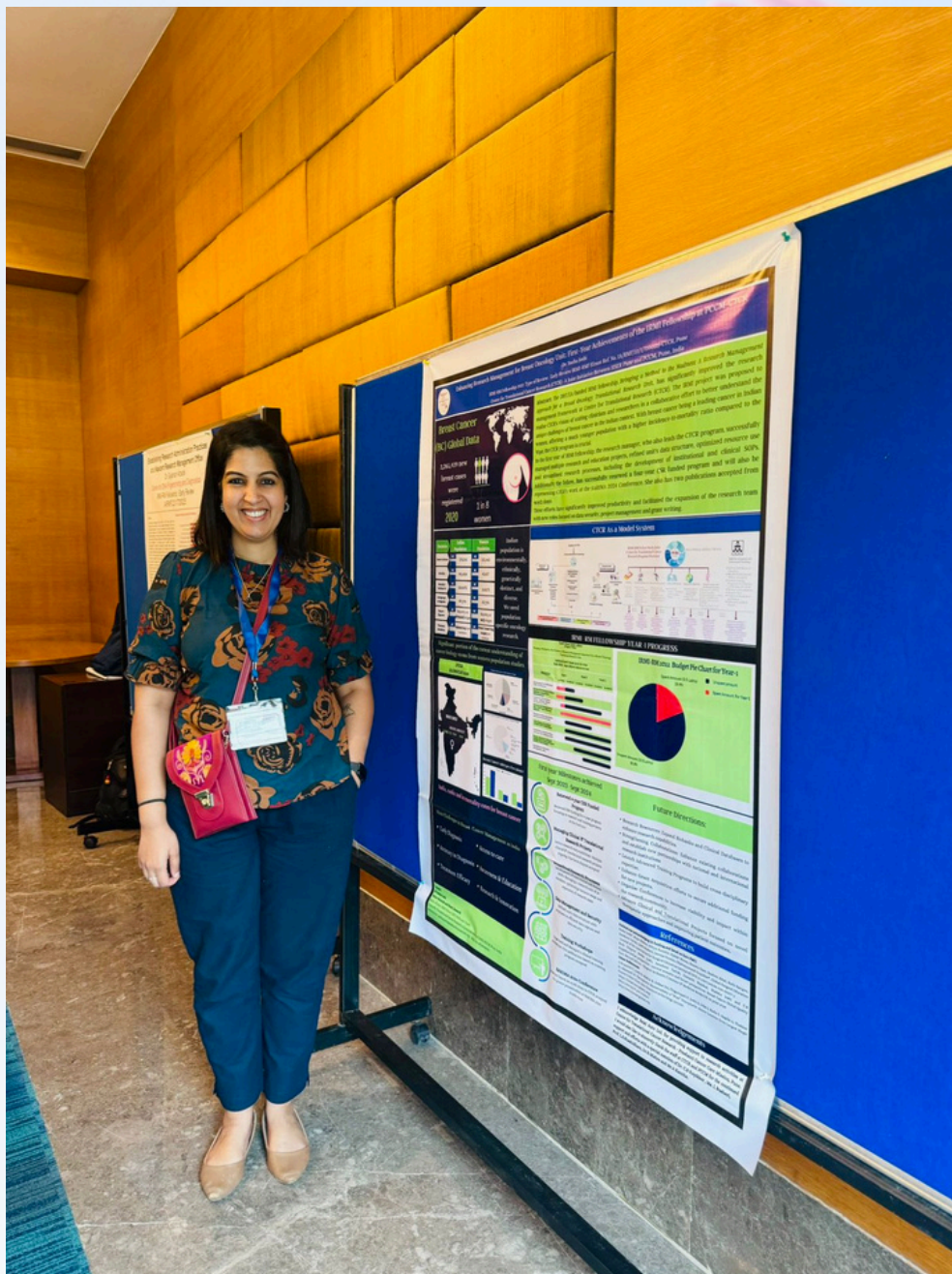
Ms. Laleh Busheri gave a breast cancer awareness talk at Jehangir Hospital, Pune.

On August 9, 2024, Ms. Laleh Busheri delivered a breast cancer awareness talk at Jehangir Hospital in Pune. During the presentation, Ms. Laleh emphasized the importance of early detection of breast cancer through signs and symptoms as well as regular screening. She also explained how to perform a self-breast exam and discussed the gold-standard treatment for breast cancer. In addition, Ms. Laleh addressed common myths about breast cancer. Her talk was well received by the audience.



Dr. Sneha Joshi (Senior Research Scientist at PCCM's CTCR) presented a poster titled, "Enhancing Research Management for a Breast Oncology Unit in India," at the DBT/WT India Alliance Annual Conclave held in Hyderabad

Dr. Sneha Joshi, Research Lead & Senior Scientist at CTCR, presented an update on her first year of work under the IRMI Fellowship, titled "Enhancing Research Management for a Breast Oncology Unit in India," at the DBT/WT India Alliance Annual Conclave held in Hyderabad from August 28th to 30th, 2024. The work showcased CTCR as a model system for breast cancer research and highlighted Dr. Joshi's significant contributions and successful management of various research and education projects under the IRMI Fellowship at CTCR.

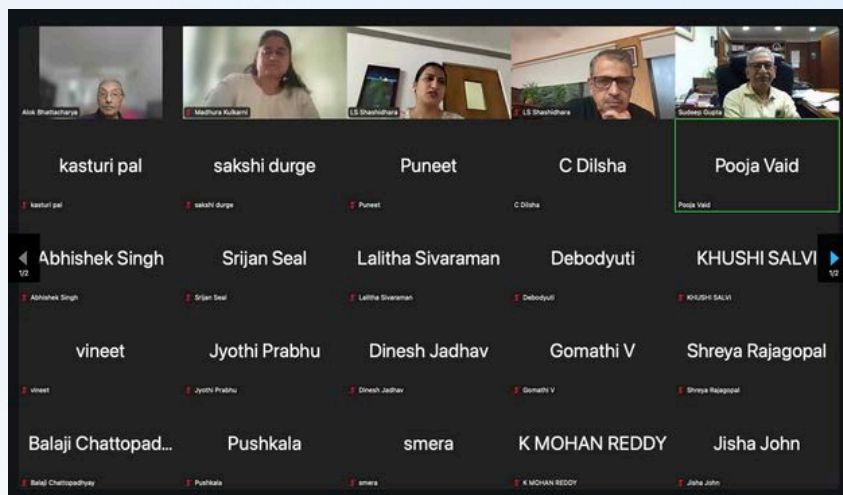
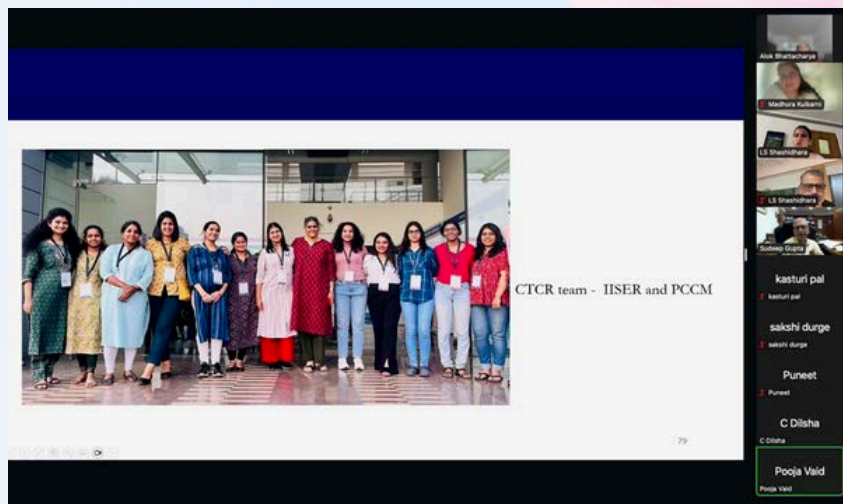


PCCM-CTCR's first PhD student, Ms. Pooja Vaid, successfully defended her thesis, earning her a well-deserved doctorate degree.

Prashanti Cancer Care Mission's research arm, the Centre for Translational Cancer Research - CTCR's, first PhD student, Ms. Pooja Vaid, successfully defended her thesis on August 16th, 2024. The defence took place in front of an audience of fifty attendees, including the external examiner, Dr. Sudeep Gupta, Director of ACTREC. Ms. Vaid's outstanding research earned her a well-deserved doctorate degree.

Ms. Vaid's thesis focused on profiling Triple Negative Breast Cancer (TNBC) within the Indian subcontinent, with a particular emphasis on immune infiltrates and targetable markers. Her research provides vital insights into this challenging molecular subtype, marking a significant advancement in the field, especially within the Indian context.

As a registered PhD student at Ashoka University, Ms. Vaid's work was supported by the resources of the Prashanti Cancer Care Mission (PCCM) - Centre for Translational Cancer Research (CTCR) breast biobank, along with comprehensive clinical and follow-up data. Her thesis was supervised by Prof. L. S. Shashidhara from Ashoka University, with Dr. Madhura Kulkarni, PhD, serving as her co-supervisor from CTCR.



BLOG BY OUR ONCO-PSYCHOLOGIST

How Communication Shapes Breast Cancer Treatment

Accurate diagnosis, optimal treatment, and improved health outcomes all depend on effective communication between patients and healthcare professionals. When patients clearly and concisely share their symptoms, concerns, and preferences, healthcare professionals can tailor treatment plans to meet individual needs and effectively manage expectations. We, at Orchids Breast Care, believe in discussing each patient's case thoroughly before deciding the treatment plan. This open communication helps resolve any doubts, builds trust and improves treatment compliance. Our Multidisciplinary team that comprises of specialists ensures that all aspects of the patient's health are considered, and the patient is fully informed about their treatment options

Effective communication with healthcare providers is crucial in managing breast cancer for several key reasons:

✓ **Sharing your concerns with an Onco-psychologist**

- Assists in coping with the disease.
- Provides strategies to manage emotions, anxiety, and stress.
- Fosters a positive outlook.

✓ **Consulting a Nutrition Expert**

- Offers personalized dietary advice and counseling.
- Ensures maintenance of strength and energy levels.

✓ **Seeking Advice from a Genetic Counselor**

- Guides patients through the genetic aspects of the disease.
- Helps in understanding risks and preventive measures.

✓ **Joining a Support Group**

- Creates a sense of community.
- Allows patients to share experiences and learn from others.
- Feel less isolated in the journey.



RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
- Fresh frozen biopsy samples from 142 patients, along with 42 fresh frozen surgery samples, have been collected and stored at IISER.
- Dr. Sneha Joshi, Research Lead & Senior Scientist at CTCR, presented an update on her first year of work under the IRMI Fellowship, titled "Enhancing Research Management for a Breast Oncology Unit in India," at the DBT/WT India Alliance Annual Conclave held in Hyderabad from August 28th to 30th, 2024
- PCCM-CTCR's first PhD student, Ms. Pooja Vaid, successfully defended her thesis on August 16th, 2024. In front of fifty attendees, including external examiner Dr. Sudeep Gupta, Director of ACTREC, she earned her doctorate.



RESEARCH UPDATES

Ongoing projects and manuscripts:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total blocks collected in this month: 4

Biopsy blocks: 1

Surgery blocks: 3



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

8 Fresh frozen Biopsy and **12** surgery samples collected this month.

PCCM provided support to 24 patients through Freeships/Major Concession for diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health in August 2024.

Onco - Psychology Counselling

Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016



**Onco-Psychology
Counselling**

Onco - Genetic Counselling

Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic we have BCGI certified genetic counselors for some of our patients who might need genetic testing.

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)


- Diagnosed at <45 yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal History of other cancer

What can you expect in a Genetic counselling ?

- Pedigree charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016



**Onco-Genetic
Counselling**

Onco - Nutrition Clinic

Free Nutrition Counselling services for our Breast Cancer Patients

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery.

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016



**Nutrition
Counselling**



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

TESTIMONIALS FROM OUR PATIENTS

Ms. Meherunisa Patel

Myself Meherunisa Patel from Satara, I belong to very poor family. My husband is working as a labour. I'm suffering from an unaffordable breast cancer disease. My family and relatives are disturbed. One of my relative suggested me to go for Orchid breast health clinic, which gave me a ray of hope. But initially, I was hesitant to visit because of my financial condition.

At Orchid's, I met a wonderful doctor Dr. Koppiker, Sir, he gave me very positive approach, and because of him only I got the desire to live. Dr. Koppiker Sir cleared all doubts and has supported me well.

I discussed my financial problem with Dr. Koppiker Sir, and Orchid's hospital supported in my breast cancer treatment. I am free of breast cancer now and am doing my day today work easily. Not only do they give me free treatment but also they provide me free medicines. I previously lost my courage which is again built up by this hospital.

Each an every member of this hospital came as an angel in my life.

A huge shout-out and many heartfelt thanks to oncologists Dr. C V Koppiker, Dr.Chetan Deshmukh and Dr. Mansi and also the co operative staff members-

Aditya Kamthe, Smita Ma'am, Rasmi Ma'am , Ruth, Vandana Ma'am at the Orchid breast health for delivering timely and effective health care with kindness.



TESTIMONIALS FROM OUR PATIENTS

Ms. Sangeeta Shinde

I am really humble and blessed for the help from Dr. Koppikar, Dr. Chetan Deshmukh and all Orchid staff Jyoti Madam, Vandana Madam and all nursing staff Its really commendable in these days for the best treatment. Thank you!



Ms. Shailaja Vaidya

When I was first diagnosed with the disease, I was very distressed, me and my family were really scared. I had a lot of sleepless nights. Dr. Koppikar is like God to me. Right in the first meeting, he put us at ease, and all my fear was gone knowing I was in for the best treatment. All throughout the treatment, he ensured I was totally calm and comfortable. Also, follow-up consulting was very good.

Ms. Nirmala



Very good care is given at the center. It feels much better than a large hospital where things are very impersonal. All the medical and other staff were helpful, professional, and caring.

PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

01.		Muna Mohsen (50 years) has Stage II breast cancer. She is a homemaker, and her husband works in a private firm with minimal salary to support the family and wife's treatment.	
		Treatment	Amount (In Rs.)
		Chemotherapy	2,25,000
		Diagnostics and OPD Charges	55,500
		Radiation	000
		Surgery	000
		Total	2,80,500
Muna Mohsen (50 Yrs.)			
02.		Kunda Chopade (49 years) has stage II breast cancer. She is a homemaker, and her husband works in a hotel as a helper with a salary of Rs. 10,000.	
		Treatment	Amount (In Rs.)
		Chemotherapy	2,18,000
		Diagnostics and OPD Charges	45,758
		Radiation	000
		Surgery	000
		Total	2,63,758
Kunda Chopade (49 Yrs.)			

PCCM appeals for support and donations to help save breast cancer patients

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:

DONATE 

Following are the details through which you can donate to Prashanti
You may donate via either of the two options:

a. Through the donation page on the website:

<https://www.prashanticancercare.org/donations.php>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
Visit us at : www.prashanticancercare.org /
www.orchidsbreasthealth.com
<https://www.facebook.com/orchidsbreasthealth>**

