



Prashanti Cancer Care Mission
Reaching out with excellence



Centre for Translational Cancer Research
Joint Initiative between IISER, Pune and PCCM



Prashanti Cancer Care Mission
Reaching out with excellence

Orchids
BREAST HEALTH



OCTOBER 2024 | VOLUME 140 ISSUE 84

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

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WHAT'S IN THIS LATEST ISSUE?

The fourth session of the ISOS Hands-on Oncoplastic workshop titled, "Essential in Oncoplastic Techniques-IV" will be held on Nov 30th & December 1st, 2024.

Prashanti Cancer Care Mission's Annual Breast Summit (PCCM-ABS2025) will be held from 10-12th Jan 2025

Dr. Koppiker was an invited to deliver a talk by the Max Hospital at J.W. Marriott, Sahar, Mumbai,

Ms. Laleh Busheri, CEO, Prashanti Cancer Care Mission conducted the inaugural session of the PINK RIBBON Support Group Webinar Series on 25th of September 2025

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina September 2024 issue.

The BreastGlobal Journal is accepting Submissions for its future editions

Ms. Laleh Busheri was invited to conduct an awareness session on breast and cervical cancer by the FLAME University

Dr. Sneha Joshi (Senior Research Scientist at PCCM's CTCR) presented a poster titled "The Research Administrator's Compass: Navigating Impactful Breast Cancer Research in a Small Setting from LMIC" at the SARIMA 2024 Conference

ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

The fourth session of the ISOS Hands-on Oncoplastic workshop titled, "Essential in Oncoplastic Techniques-IV" will be held on Nov 30th & December 1st, 2024.

After the success of our first three Hands-On Oncoplastic workshop sessions, we are thrilled to announce the upcoming fourth session titled "Essentials in Oncoplastic Techniques IV," scheduled for November 30th and December 1st, 2024.

Led by the esteemed Dr. Koppiker, this workshop will focus on an overview of Oncoplasty and Whole Breast Reconstruction, including Implant & Autologous techniques.

Participants can look forward to immersive hands-on simulations, specialized prosthesis sessions, lectures from international faculties and live video surgeries for real-time learning. With only 30 seats available per workshop, interested candidates can access further details and register via the provided Google Form link:

https://docs.google.com/forms/d/e/1FAIpQLSdRke59-rtDVdJ-k2bfpMyeOoFqGX6_sSzfAU39GjJyFOyFMQ/viewform

Click to view our previous session highlights:





INTERNATIONAL SCHOOL OF ONCOPLASTIC SURGERY
International School of Oncoplastic Surgery (ISOS) Introduces a 4-Part Hands-On Oncoplastic Series

ESSENTIALS IN ONCOPLASTIC TECHNIQUES -IV

OVERVIEW OF ONCOPLASTY & WHOLE BREAST RECONSTRUCTION: IMPLANT & AUTOLOGOUS
30TH NOV & 1ST DEC 2024

- Lead Instructor Dr. Chaitanyanand Koppiker will personally conduct the practical training sessions.
- Limited to 30 seats for personalized attention.
- Additionally, discover observer-ship opportunities linked to the workshop sessions. Please fill the google form for inquiries and we will share the program details with you .

WORKSHOP DETAILS

- Date:** 30th NOV and 1st DEC 2024
- Time:** Saturday : 8:00 am to 7:00 pm
Sunday : 9:00 am to 2:30 pm
- Venue:** ISOS, Pune
- Session-4 Fees : Send an enquiry through the google form

REGISTRATION INCLUDES

- Course Material
- Lunch and Refreshments
- Certificate of Participation
- Observership Opportunities on application
- Complementary Registration for 2025 Annual Conference

WORKSHOP HIGHLIGHTS

- Immerse yourself in hands-on simulations, case-based discussions, and surgical video demonstrations.
- Enhance your skills with pre-surgery mark-up with Live models and prosthesis sessions
- Multi-disciplinary tumor board sessions for comprehensive learning.

SESSION OBJECTIVES

Session IV:

- Overview of Oncoplasty with a Focus on Whole Breast Reconstruction: Autologous and Implant
- Hands-On Experience : Mark-up sessions, prosthesis
- Understanding Techniques
- Surgical Options to optimize patient outcomes.
- Principles & Intricacies: Detailed guidance from leading breast surgeons.
- Complex Cases: Build your confidence.
- Patient Selection
- Case Discussions: Including management of germline mutation patients.
- Interactive Learning: Discussions and MDTs

FOR INQUIRES PLEASE CONTACT US OR FILL THE GOOGLE FORM

 [Follow our LinkedIn For Updates](#)

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 [WhatsApp +919665033955](https://wa.me/919665033955) : Program Coordinator





**Prashanti Cancer Care Mission's Annual Breast Summit (PCCM-ABS2025)
will be held from 10-12th Jan 2025**

Prashanti Cancer Care Mission is delighted to announce The Annual Breast Summit 2025 (PCCM-ABS2025) a must-attend event for breast cancer researchers and clinicians!

This educational bonanza will feature a powerhouse lineup of national and international faculty to discuss highly specific, practice-focused topics for breast cancer management.

This unique summit will interweave current clinical practices with cutting-edge advancements in breast cancer research, creating a platform for dynamic discussions, innovative idea exchange, and exploration of collaborative research opportunities.

PCCM-ABS 2025 is organized under the aegis of Prashanti Cancer Care Mission and co-hosted by BreastGlobal, ISOS, CTCR, Chief Patron Bajaj

Join the global experts to shape the future of breast cancer treatment.

Save the Date : 10th-12th January 2025

Venue: Corinthians Club, Pune, India

Official Website: <https://pccmannualbreastsummit.ctcr.in>

PRASHANTI CANCER CARE MISSION'S
THE ANNUAL BREAST SUMMIT 2025

SAVE THE DATE **10-12TH JANUARY 2025**

Venue: **Corinthians Club, Pune India.**

*Where Innovation Meets Expertise:
A Must-Attend Summit for Breast Cancer
Researchers and Clinicians*

AGA KHAN PALACE, PUNE

PUNE CITY

10th - 12th Jan 2025 | The Corinthians Resort, Pune, India | conference@prashanticancercare.org
<http://pccmannualbreastsummit.ctcr.in/> | conference@prashanticancercare.org | Co-host Websites: CTCR, BreastGlobal, ISOS

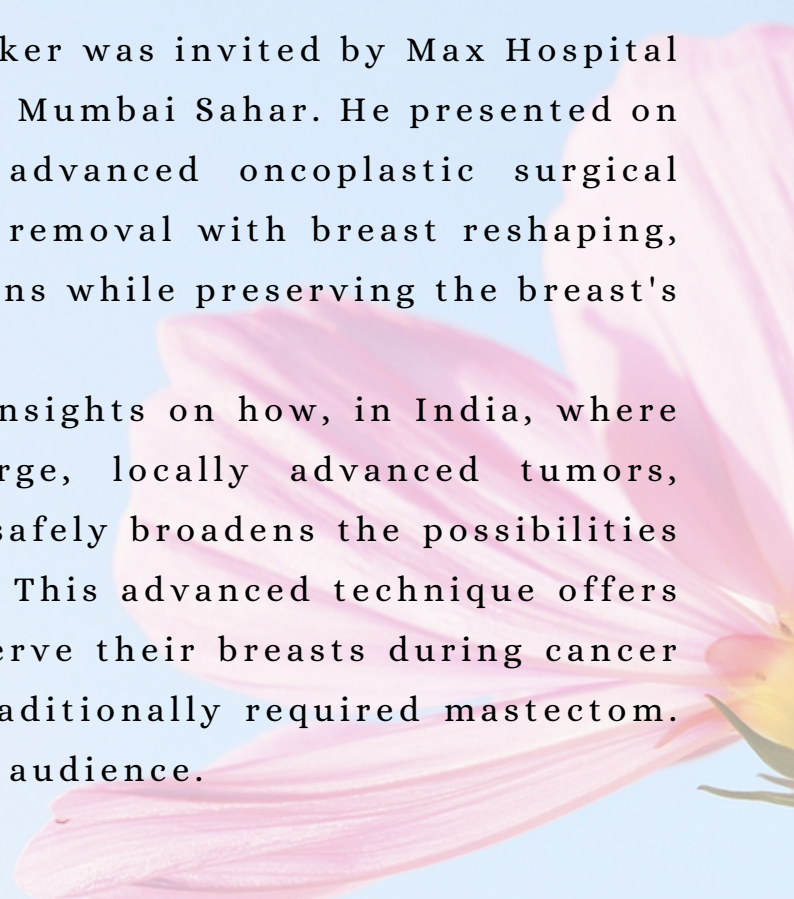
PCCM-ABS 2025 is organized under the aegis of Prashanti Cancer Care Mission and co-hosted by BreastGlobal, ISOS, CTCR, Chief Patron Bajaj

As Initiated by
Prashanti Cancer Care Mission
BreastGlobal
INTERNATIONAL SCHOOL OF ONCOPLASTIC SURGERY
ISOS
CTCR
Chief Patron

**Dr. Koppiker was an invited to deliver a talk by the Max Hospital at
J.W. Marriott, Sahar, Mumbai**

On October 13th, 2024, Dr. Koppiker was invited by Max Hospital to deliver a talk at J.W. Marriott, Mumbai Sahar. He presented on Therapeutic Mammoplasty, an advanced oncoplastic surgical technique that combines cancer removal with breast reshaping, allowing for larger tumor excisions while preserving the breast's natural appearance.

In his talk, he shared valuable insights on how, in India, where many women present with large, locally advanced tumors, Therapeutic Mammoplasty (TM) safely broadens the possibilities for breast conservation surgery. This advanced technique offers more women the chance to preserve their breasts during cancer treatment, even in cases that traditionally required mastectomy. His talk was well received by the audience.



Ms. Laleh Busheri, CEO, Prashanti Cancer Care Mission conducted the inaugural session of the PINK RIBBON Support Group Webinar Series on 25th of September 2025

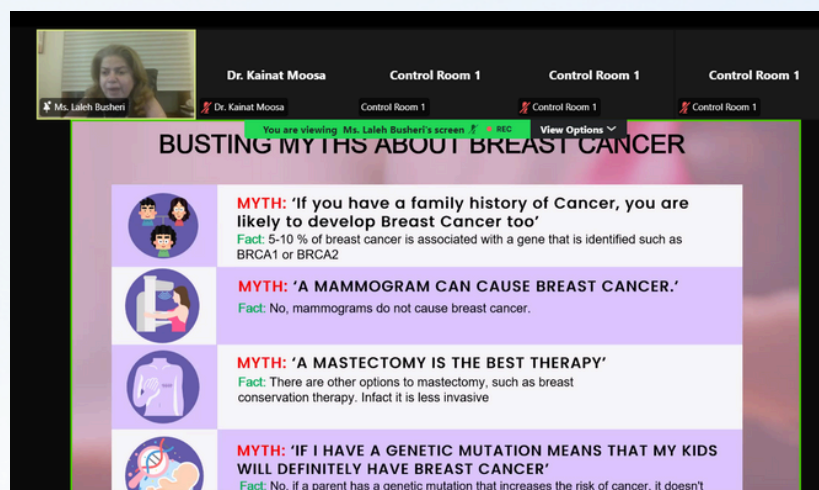
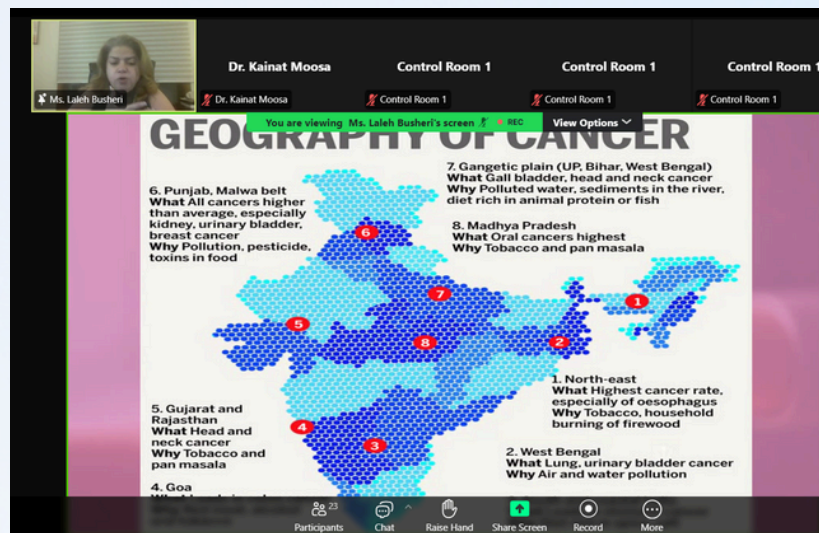
The inaugural session of the Pink Ribbon Support Group Webinar Series was successfully held on the 25th of September. Ms. Laleh Busheri, CEO of Prashanti Cancer Care Mission, led the first session, focusing on "From Hope to Healing: Navigating Breast Cancer by Staying Informed always-through Prevention, Early Detection, Treatment & Survivorship", which provided a comprehensive overview of the importance of staying informed at every stage of the breast cancer journey.

The Pink Ribbon Support Group Webinar Series will continue every 2nd Wednesday of the month, with each session running from 4:00 PM to 5:00 PM IST on Zoom. Participation in these webinars is FREE and open to all. Patients, caregivers, and anyone interested in breast cancer awareness and care are encouraged to join and benefit from these informative discussions.

The upcoming lecture in the Pink Ribbon Support Group Webinar Series will focus on Mental Health and Well-being on October 9th.

Click to Register for the Webinar:

REGISTER NOW



AN INITIATIVE BY
Prashanti Cancer Care Mission
Reaching out with excellence

**PRASHANTI CANCER CARE MISSION'S
THE PINK RIBBON SUPPORT GROUP
WEBINAR SERIES**



LECTURE 1:
**From Hope to Healing: Navigating Breast Cancer
by Staying Informed always -through Prevention,
Early Detection, Treatment & Survivorship**

MS. LALEH BUSERI
CEO OF PRASHANTI CANCER CARE MISSION (PCCM)

WEDNESDAY 25TH SEP 2024

**VIA ZOOM 4:00 P.M-5:00 P.M IST
(REGISTER NOW TO ATTEND THE WEBINAR)**

JOIN NOW
FREE ENTRY

For more information & registration, please call or email
+91-20-25656110 / 91-20-25650269
vcanshare@prashanticancercare.org

<https://www.prashanticancercare.org/>
www.ctcr.in

Register Now

***This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.**

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina September 2024 issue.

The 'Ask the Expert' section of Femina September 2024 issue featured Dr. Koppiker's article on 'The Vital Role of Advanced Diagnostics in Early Breast Cancer Detection-Part-1'.

ASK THE EXPERT

Orchids
 BREAST HEALTH
— Orchids Breast Health in Association with —
— Prashanti Cancer Care Mission —


THE VITAL ROLE OF ADVANCED DIAGNOSTICS IN EARLY BREAST CANCER DETECTION — PART 1


Dr. Chaitanyanand B. Koppiker

 Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon
 Medical Director, Orchids Breast Health in Association with
 Jehangir Hospital and Prashanti Cancer Care Mission, Pune India

Advanced diagnostics are crucial in the fight against breast cancer, as early and accurate detection can dramatically improve survival rates. Breast cancer can take up to 8 years to progress from Stage 0 to Stage 1, making early detection vital. The triple assessment test, which includes clinical examination, imaging, and biopsy, is essential for comprehensive evaluation. Imaging and radiology plays a vital role in detecting breast abnormalities and guiding diagnosis. This article explores the role of radiology in the triple assessment, focusing on imaging techniques used to detect breast abnormalities. State-of-the-art centres like Orchids Breast Health in Pune lead the way by offering advanced diagnostic technologies that enhance early detection, reduce treatment costs, and improve outcomes.

WHY ARE IMAGING TESTS IMPORTANT IN BREAST CANCER DETECTION?

Imaging tests like mammograms and ultrasounds help detect breast cancer early by revealing abnormalities not visible during a physical examination.

WHAT ARE CONVENTIONAL IMAGING MODALITIES TO DETECT BREAST CANCER?

Conventional imaging for breast cancer, like 2D mammography and ultrasound, is widely used but can have limitations, especially with dense breast tissue or small lesions. Advances in imaging, like 3D Tomosynthesis and CEM provide more detailed and accurate detection options.

WHAT IS THE GOLD STANDARD IN IMAGING FOR BREAST CANCER DETECTION?

The gold standard in imaging for breast cancer detection is a combination of advanced techniques, including 3D Tomosynthesis, Contrast-Enhanced Mammography (CEM), and MRI, depending on the individual case. These methods provide highly detailed

images, allowing for more accurate detection of breast cancer, especially in dense breast tissue or complex cases. Imaging techniques are tailored to each patient for the most accurate diagnosis.

AT WHAT AGE SHOULD WOMEN START GETTING MAMMOGRAMS AND BREAST ULTRASOUNDS?

Women are typically advised to begin annual or biennial mammograms at age 40, depending on risk factors and doctor's advice. Breast ultrasounds may be recommended earlier or in conjunction with mammograms, especially for women with dense breast tissue or a higher risk of breast cancer. Consult your doctor for a personalized screening plan.

HOW DOES 3D TOMOSYNTHESIS DIFFER FROM A TRADITIONAL 2D MAMMOGRAM?

3D Tomosynthesis, or 3D mammography, offers greater accuracy compared to traditional 2D mammograms. While both use X-rays, 3D Tomosynthesis captures multiple images from different angles, creating a more detailed, layered view of the breast tissue. This helps detect abnormalities hidden in overlapping tissue, allowing doctors to see finer details. In contrast, 2D mammograms capture images from only two angles, which can sometimes miss subtle changes. At Orchids Breast Health, we use 3D Tomosynthesis to ensure a more accurate diagnosis.

WHAT IS CONTRAST-ENHANCED MAMMOGRAPHY (CEM)?

Contrast-Enhanced Mammography (CEM) is a new, advanced imaging technique that combines traditional mammography with a contrast dye to highlight areas of concern in the breast tissue. CEM is often faster, more accessible, and less expensive than MRI, while still providing highly detailed images.


DR. C.B. KOPPIKER

IS CEM A BETTER TECHNIQUE THAN MRI?

Evidence shows that CEM has a higher specificity of 93%, compared to 60% in MRI, making it more accurate in distinguishing breast lesions. Additionally, CEM is easier to perform and more comfortable for patients, as many find MRI uncomfortable. Its accuracy in imaging also allows for better surgical planning, helping surgeons to precisely target the area that needs to be resected, thereby enhancing the safety and effectiveness of breast-conserving surgeries.

WHAT IS THE IMAGING ALGORITHM FOLLOWED AT ORCHIDS BREAST HEALTH CENTRE?

At Orchids Breast Health Centre, we follow a comprehensive breast imaging algorithm tailored to ensure the precise detection of breast lesion. Our approach begins with a clinical breast exam followed by 3D Tomosynthesis and ultrasound for detailed imaging. If further evaluation is needed, we use advanced techniques like Contrast-Enhanced Mammography (CEM). Our imaging is conducted by breast-trained radiologists using state-of-the-art equipment, ensuring the highest accuracy in diagnosis. This precise detection allows for better surgical planning, ultimately increasing our rates of successful breast-conserving surgeries.

Orchid Breast Health by Jehangir Hospital
 and Prashanti Cancer Care Mission
 32 Sassoon Road, Pune 411001
 For appointments pls call
 020 - 66811126/25656110
 Facebook: <https://www.facebook.com/koppiker>
 Dr. Chaitanyanand Koppiker | LinkedIn

The BreastGlobal Journal is accepting Submissions for its future editions

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

The journal features a distinguished editorial board and has already released two issues, with the third issue published in June 2024. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at thebreastglobal@gmail.com

Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



BREAST GLOBAL
BREAST RESEARCH EDUCATION AND SURGICAL TRAINING

Equity | Evidence | Education

Breast Global

CALL FOR PAPERS : BREAST CANCER

BREASTGLOBAL CORDIALLY INVITES ARTICLES FROM RESEARCHERS, CLINICIANS, AND EXPERTS WORLDWIDE

We welcome articles in the following category

- 1 ORIGINAL ARTICLES
- 2 CASE REPORTS/ SNIPPETS
- 3 CLINICAL PHOTO GALLERY
- 4 LETTERS TO EDITORS & SHORT REPORTS
- 5 HOW DO I DO IT
- 6 VIDEO DEMONSTRATIONS

Why select Breast Global Journal?

- **Open Access journal** accessible to wider audience
- One-of-a-Kind unique journal with **no article processing charges/ subscription fee.**
- Affiliated with **Wolter-Kluwer**, a reputable and trusted publisher in medical field
- Peer review by **international board of surgeons and scientists**
- Comprehensive coverage: Wider range of perspective and contributions are welcome
- **ISSN:** Officially registered with an ISSN number

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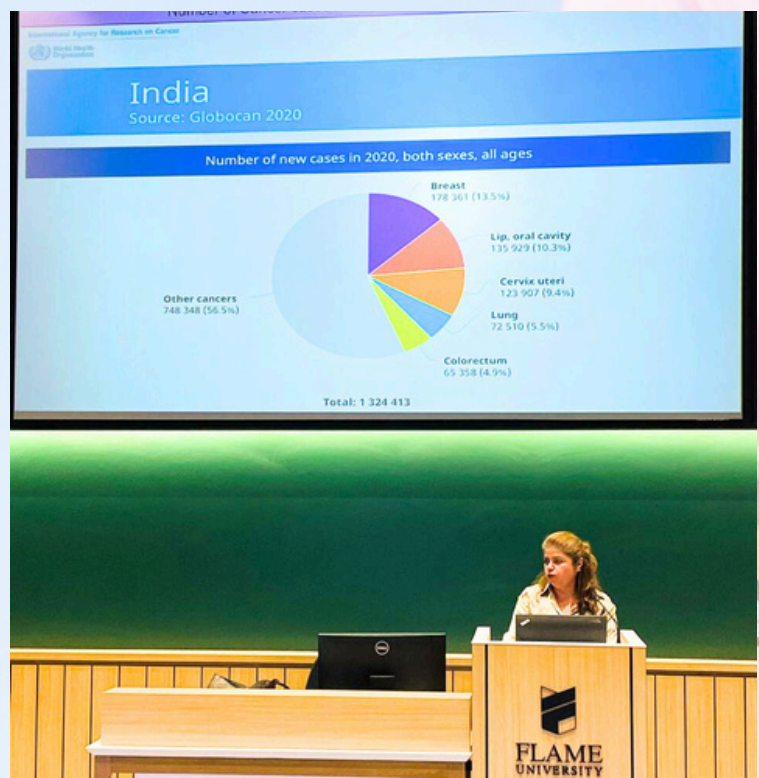
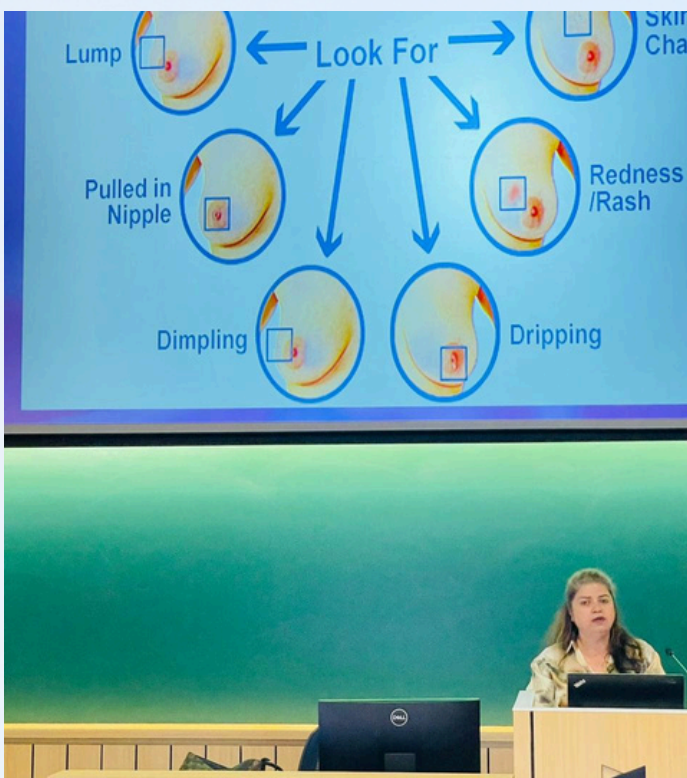



www.breastglobal.org



Ms. Laleh Busheri was invited to conduct an awareness session on breast and cervical cancer by the FLAME University

On the 6th of September, Ms. Laleh Busheri gave a breast & cervical cancer awareness talk at the Flame University. Ms. Busheri addressed Breast Cancer Awareness by discussing the gold standard in breast cancer treatment and diagnostics. She also busted common myths about breast cancer. In addition, she raised awareness on Cervical Cancer, highlighting its warning signs and sharing vital information on prevention strategies. Her talk was well received by the audience.



Dr. Sneha Joshi (Senior Research Scientist at PCCM's CTCR) presented a poster titled "The Research Administrator's Compass: Navigating Impactful Breast Cancer Research in a Small Setting from LMIC" at the SARIMA 2024 Conference

Dr. Sneha Joshi, Research Lead & Senior Scientist at CTCR, presented a poster titled "The Research Administrator's Compass: Navigating Impactful Breast Cancer Research in a Small Setting from LMIC" at the SARIMA 2024 Conference, September 3-5th, 2024, Mozambique. The poster showcased CTCR as a model system for breast cancer research.



Presentation Information | Status:

Title	The Research Administrator's Compass: Navigating impactful Breast cancer Research in a small setting from LMIC
Paper Status	Accepted as Poster Presentation
Presentation Type	Poster Presentation
Presenting Author	Dr Sneha Joshi Affiliations: Centre For Translational Cancer Research - PCCM & IISER Pune
Co-Author	Dr. Rupa Mishra Affiliations: Centre For Translational Cancer Research - PCCM & IISER Pune
Co-Author	Laleh Busheri Affiliations: Prashanti Cancer Care Mission (PCCM)
Co-Author	<u>Ms Namrata Athavle</u> Affiliations: Centre For Translational Cancer Research - PCCM & IISER Pune
Co-Author	Dr. Anand Koppiker Affiliations: Centre For Translational Cancer Research - PCCM & IISER Pune, Orchids Breast Health in Association with PCCM and Jehangir Hospital, Prashanti Cancer Care Mission (PCCM)
Biography	Dr. Sneha Joshi is a Senior Scientist and the Head of Research at the Centre for Translational Cancer Research, India. She is also an esteemed India Alliance IRMI Fellow. Dr. Joshi earned her Ph.D. from UMDNJ-Rutgers University, USA. Her doctoral thesis in association with Stanford Medical School involved investigating the role of Vitamin D3 in ameliorating Th17 Autoimmunity, garnering widespread recognition and even press coverage. Dr. Joshi then did her post-doctoral training at Columbia University, NY, USA, in Osteoimmunology Her current work involves advancing breast cancer research & education to improve treatment strategies and patient outcomes.

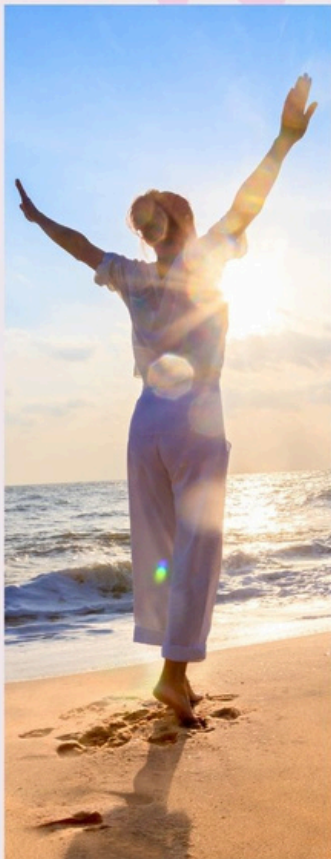
BLOG BY OUR ONCO-PSYCHOLOGIST

Integrative Therapies: Mindfulness Based Interventions in Cancer Care

Being completely present and involved in the present moment, without passing judgment, is the practice of mindfulness. It involves maintaining an increased knowledge of ourselves and our environment by paying attention to thoughts, feelings, and sensations as they occur. We can improve our potential for emotional resilience, lower our stress levels, and generally feel better by practicing mindfulness. Whether it be via breathing exercises, meditation, or just focusing on everyday activities, mindfulness encourages a closer relationship with life as it unfolds.

Mindfulness activities like mindful breathing, mindful walking, gratitude journaling, mindful eating, creative expression, etc. have several advantages that can greatly improve patients' overall experience and well-being.

How Mindfulness Based Interventions (MBIs) help?



Stress reduction: By promoting a greater sense of calm, mindfulness aids patients in coping with the severe stress and anxiety that frequently accompany a cancer diagnosis and treatment.

Emotional Regulation: MBIs can help patients in managing their feelings of fear, sadness, and anger by encouraging awareness and acceptance of emotions.

Pain management: By altering one's perception of pain, mindfulness practices can assist cancer patients in coping with the physical suffering brought on by the disease and its therapies.

Better Quality of Life: Even in midst of health difficulties, practicing mindfulness can improve one's general state of well-being and increase life satisfaction.

Better Sleep Quality: Since sickness and treatment frequently interfere with sleep, mindfulness techniques might help patients relax and get better sleep





RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

We kindly request you to send all cheques, donations, letters, and posts to this updated address.

-
- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
 - Fresh frozen biopsy samples from 149 patients, along with 50 fresh frozen surgery samples, have been collected and stored at IISER.
 - Dr. Sneha Joshi (Senior Research Scientist at PCCM's CTCR) presented a poster titled "The Research Administrator's Compass: Navigating Impactful Breast Cancer Research in a Small Setting from LMIC" at the SARIMA 2024 Conference

Two significant studies from our center have been submitted for publication:

- TNBC Audit: An audit of all TNBC patients treated at our center was submitted to the Indian Journal of Surgical Oncology. We have received the article back from the journal with a request for revisions, and we are working on addressing their comments to ensure its publication.
- TNBC Profiling Study: Another pivotal study, on profiling Triple Negative Breast Cancer (TNBC) from the Indian subcontinent, specifically examining targetable markers is submitted to Modern Pathology, an international peer-reviewed journal.
- Both the translational studies are spearheaded by Dr. Madhura Kulkarni, PCCM-CTCR's Senior Scientist.
- Manuscript, titled "Bridging the Gap in Oncoplastic Surgery Training and Assessing its Impact on Breast Cancer Management in India," has been published in the prestigious Global Surgical Education Journal of the Association for Surgical Education.
- Prashanti Cancer Care Mission is delighted to announce The Annual Breast Summit 2025 (PCCM-ABS2025) a must-attend event for breast cancer researchers and clinicians!
- The fourth session of the ISOS Hands-on Oncoplastic workshop titled, "Essential in Oncoplastic Techniques-IV" will be held on Nov 30th & December 1st, 2024.



RESEARCH UPDATES

Ongoing projects and manuscripts:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

RESEARCH UPDATES: BIOBANK

Biobank is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



Formalin-Fixed Paraffin-Embedded (FFPE)

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.

Total blocks collected in this month: 16

Biopsy blocks: 2

Surgery blocks: 14



Fresh Frozen (FF)

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

7 Fresh frozen Biopsy and 8 surgery samples collected this month.

PCCM provided support to 32 patients through Freeships/Major Concession for diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health in September 2024.



Onco - Psychology Counselling

Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers.

We have certified psychologists who work with you in easing your stress

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

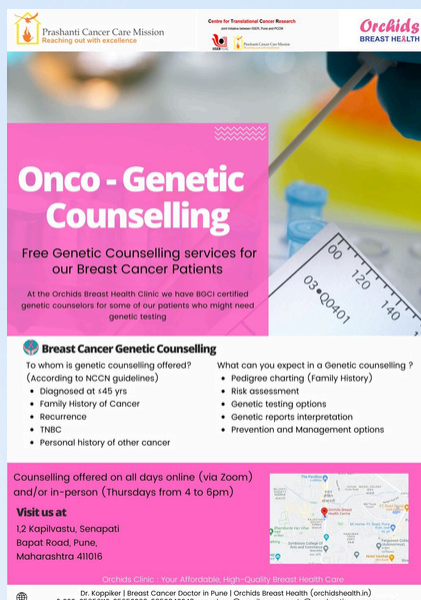
At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

**Onco-Psychology
Counselling**



Onco - Genetic Counselling

Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic we have BGC certified genetic counselors for some of our patients who might need genetic testing

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)

- Diagnosed at <45 yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal History of other cancer

What can you expect in a Genetic counselling ?

- Pedigree charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health (orchidsbreasthealth.in)
& 020-2565610, 25650299, 9850840248 vcanshare@gmail.com reports@prashantcancercare.org

**Onco-Genetic
Counselling**



Onco - Nutrition Clinic

Free Nutrition Counselling services for our Breast Cancer Patients

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier

BOOK YOUR APPOINTMENT NOW
(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra 411016

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health (orchidsbreasthealth.in)
& 020-2565610, 25650299, 9850840248 vcanshare@gmail.com reports@prashantcancercare.org

**Nutrition
Counselling**



Mammography



Sonography



Biopsy



Surgery



Chemotherapy



Onco-pharmacy

TESTIMONIALS FROM OUR PATIENTS

Stories of Strength: Patients Reflect on the Impact of Our Care and Support

Hi, this is Tanaush. It has been almost 9 months since my mom's (Sherbano Bagwan) breast cancer treatment at the Orchid Breast Health (Jehangir Hospital). All I know is Almighty is the best of planners as God introduced us to the best people. My mom was so calm and at peace when she got to know she'd get her treatment from one of the best oncologists. I'm glad to say that we have chosen the right place and the right doctors for her. We were so scared as we got to know about my mom's condition and how my mom was facing such issues with her body we did not know that we would get her treatment from Orchid because we couldn't afford to get the treatment from there but with the help of Mrs. Laleh ma'am and Dr. Koppiker sir it's been possible for us. A special and big thanks to them I can't express my words for them because they have done so much and thanks to Dr. Chetan Deshmukh sir. By the grace of god, she has completed her 7 chemotherapies and now it's her 8th and last chemo today. How these days have passed I cannot even brief. Day by day my mom got so weak but in the end, it was all worth it. She has 2 radiations to be done next, hope she gets well soon and starts the new chapter of her life. Need all your prayers.

And most importantly I also really want to thank every person at the Orchid Breast Health and PCCM who helped us make my mom's treatment easy and an unforgettable experience. And got so much help from the PC breast health Whatsapp group. Thankyou to every member of Orchid. From the very start they have supported us in every good manner like a family members and never made us feel awkward for anything, I can't even not forget when they have also wiped our tears that gave us so much strength to fight back for such tough situations. From checkups to surgery and to all chemo sessions all staff is been very kind and helpful, specially (dr.namrata, dr. Mansi, sis vandana, sis jyoti, sis roop, rashmi madam and all staff). Thankyou

Every cancer pateint deserves this kinda care givers who even doesn't give first place to them selves but to their patients. Salute. God bless you all 😊



From Tanaush Bagwan
(DO/ (pateint) Sherbano Bagwan)

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Charlomi Chattopadhyay

Excellent set-up for the daycare with available for all kinds of help and support for the patients. The ambiance is cozy, which is really needed, the smiling faces of staff, quick response to any kind of queries, right advice, and cost-effective treatment process. We came across Orchid by chance and with reference from a family friend. The patience of daycare nurses and other staff members is amazing. The best place for breast cancer treatment without any doubt.

Shubhangi Pharate



When I was told about the operation for breast lump, I was very much disturbed and scared. But when we met dr. Koppikar he explained all about the situation as well as about the treatment also cleared our doubts about the disease and the side effects, with which we were very satisfied. We are very pleased with the follow-ups and consultation. All the staff in the clinic are well versed in their duty.

PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

01.		Mamta Giri (37 years) has Stage II breast cancer. She is a homemaker and has two small sons. Her husband had a small shop business in West Bengal which is closed now as the family has relocated to Pune for patient's treatment.												
		<table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>2,85,700</td></tr><tr><td>Diagnostics and OPD Charges</td><td>35,780</td></tr><tr><td>Radiation</td><td>000</td></tr><tr><td>Surgery</td><td>000</td></tr><tr><td>Total</td><td>3,21,480</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	2,85,700	Diagnostics and OPD Charges	35,780	Radiation	000	Surgery	000	Total	3,21,480
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02.		Kunda Chopade (49 years) has stage II breast cancer. She is a homemaker, and her husband is a driver. She has a son who works at a grocery shop with a salary of Rs. 4000. The family income is minimal to support the patient's treatment												
		<table><tr><th>Treatment</th><th>Amount (In Rs.)</th></tr><tr><td>Chemotherapy</td><td>2,18,000</td></tr><tr><td>Diagnostics and OPD Charges</td><td>45,758</td></tr><tr><td>Radiation</td><td>000</td></tr><tr><td>Surgery</td><td>000</td></tr><tr><td>Total</td><td>2,63,758</td></tr></table>	Treatment	Amount (In Rs.)	Chemotherapy	2,18,000	Diagnostics and OPD Charges	45,758	Radiation	000	Surgery	000	Total	2,63,758
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PCCM appeals for support and donations to help save breast cancer patients

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:

DONATE 

Following are the details through which you can donate to Prashanti
You may donate via either of the two options:

a. Through the donation page on the website:

<https://www.prashanticancercare.org/donations.php>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.

***We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

Warm Regards,

**Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
Visit us at : www.prashanticancercare.org /
www.orchidsbreasthealth.com
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