

**Prashanti Cancer Care Mission**  
**Reaching out with excellence**



---

# *NEWSLETTER*

*May*

*2022*

---

1) Dr. Koppiker was invited to present a talk on ‘Current trends in the management of breast lesions’ at MASICON 2022 to be held from 28<sup>th</sup> April to 30<sup>th</sup> April 2022.

Dr. Koppiker was invited to present a talk on ‘Current trends in the management of breast lesions’ at the Annual Conference of Maharashtra Chapter of Association of Surgeons of India, MASICON 2022. Dr. Koppiker gives an overview of the various methods for detection and treatment of breast lesions and compares differences in the approaches for benign and malignant lesions. Dr. Koppiker also emphasizes that capacity building and training of young aspiring surgeons is a core requirement to ensure improved provision of treatment and care.



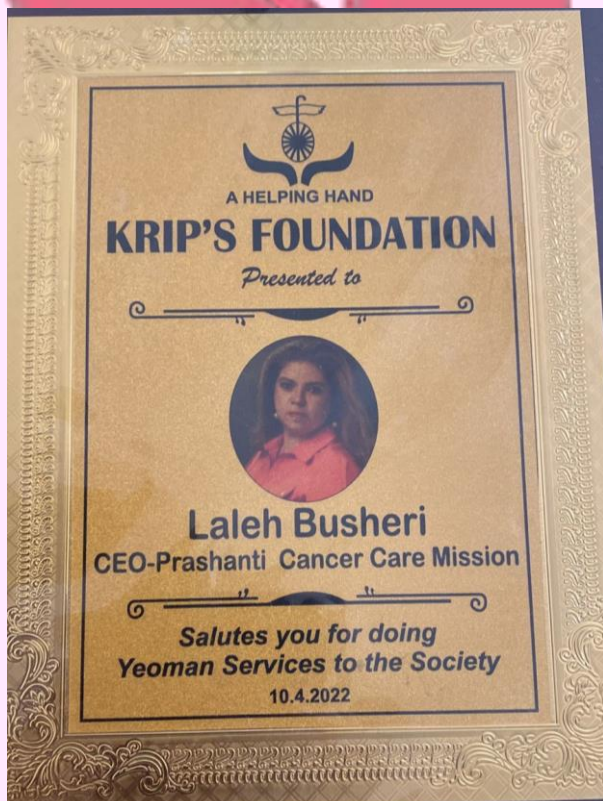
**29<sup>th</sup> April 2022**

**HALL – DR M J JOSHI**

11.35am to 11.55am	TEA BREAK	TEA BREAK
12 noon to 1 pm	Dr G M Phadke Memorial Oration	Dr Mohan Joshi, Mumbai
1pm to 2pm	LUNCH	LUNCH
2.00pm to 3.00pm	PANEL DISCUSSION on Incisional HERNIA	Dr Sarfaraz Baig Kolkata – Moderator Dr Mukund Thakur Nagpur Dr Pramod Shinde Nashik Dr Mansing Adnaik Kolhapur Dr Sanjay Sonar Mumbai Dr Sachin Jamma Solapur
3.05pm to 3.25 pm	Surgical concepts in IBD	Dr Adarsh Chowdhary, New Delhi
3.30pm to 3.50 pm	Pre-intra-post op management of CBD stones	Dr Pravin Suryawanshi, Aurangabad
3.55pm to 4.15 pm	Role of a general surgeon in the era of sub speciality	Dr Chintamani, New Delhi
4.20pm to 4.50 pm	Current trends in management of Breast lesions	Dr C B Koppikar, Pune
4.55pm to 5.55 pm	Symposium on Haemorrhoids	Dr Vikas Jain Gondiya – Moderator Dr Bharat Kalambe Pune Dr C G Chivate Sangali Dr Madhura Killedar Kolhapur Dr Nilesh Junankar Nagpur Dr P C Patil Sangali
6pm to 7pm	GBM	
7pm to 8 pm	Motivational Program Ayushyawar Bolu Kahi	Saleel Kulkarni and Sandeep Khare
8pm onwards	Andaz-e-Sufi Mehfil Followed By Dinner	

**2) Ms. Laleh Busheri was awarded by the Krips Foundation for her outstanding work and services to the society as part of honouring leading women personalities in a Tribute to Melody Queen Lata Manageshkar**

Ms. Laleh Busheri was by an award by the Krips Foundation for her outstanding work and services to the society. Ms. Busheri as CEO of Prashanti Cancer Care Mission has always worked towards providing support and state-of-the-art care for breast cancer patients, specially unaffording patients who otherwise may not be able to complete their treatment regimen. For her magnificent contribution towards patient advocacy and patient care, Ms. Busheri was given this award by the Krips Foundation.



**Laleh Busheri**  
CEO - Prashanti Cancer Care Mission | Member of Board of Directors -  
School of Oncoplastic Surgery, USA | L.L.B | L.L.M

**Achievements**

- Involved in day-to-day operations of Orchid's Breast Health Center, Pune.
- Heads the Research wing for breast cancer at Prashanti Cancer Care Mission.
- Led the creation of Mobile Breast Cancer Screening Van fully equipped for biopsy and Pap smear Procedures.
- Founder member of the first Pink Ribbon Club in Pune.
- Founder member of a program for onco-counselling: a support group for breast cancer patients.
- Author of book - Triumph Over Breast Cancer - Odysseys of Phenomenal Women - with an intention to raise awareness about Breast Cancer.

**Awards**

- 2012 : Ray of Hope Award - 2014 : Tejaswini Award by the Rotary - 2015 : The Citadel Award
- 2015 : Premium Award Inner Wheel - 2017 : Women Entrepreneurship Award
- 2018 : Times of India "Womans Icon Award" - 2018 : Exceptional Woman of Excellence Award
- 2018 : Pune's Most Powerful 2018-19 - 2019 : Legacies: The Changemakers - Inspiring the Future 2019
- 2019 : V Awards Healthcare Category - 2019 : Outstanding Achievements Award
- 2020 : Narayani "The Inspirational Women Award"
- Invited as speaker by TEDx Talk by Lexicon International School, Wagholi on December 19, 2020
- Invited as judge at Glamour India 2020 Grand Finale by FourFox.

**Other Milestones**

- Translational Cancer Research
- Capacity Building via Education & Training

**Email : lalebusheri@gmail.com**  
**Orchid's Breast Health, 1/2 Kapil Vastu, Next to Ratna Hospital,  
Senapati Bapat Road, Pune - 411016**





**3) PCCM donated a laptop to an unaffording student, Mr. Shanawaz Sayyed who is pursuing his first year in BSc in Computer Applications**

PCCM donated a laptop to Mr. Shanawaz Sayyed, an unaffording student who is pursuing his first year in BSc in Computer Applications. Unfortunately, Shanawaz, lost his father to COVID19 complications in 2021. His mother who works as a front desk executive at a nearby store was the sole earner of the family. Rising to the occasion, Shanawaz took up a job at Espace VimanNagar while simultaneously pursuing his BSc. He required the laptop for his curriculum. PCCM donated a laptop to Shanawaz to help him keep up with the course curriculum and build a better future for himself and his family. Shanawaz says he is extremely grateful and thankful to PCCM for this generous donation for his highly required need.



#### 4) Dr. Ankita Nagrani conducted an oral hygiene awareness and oral cancer detection camp at PCCM.

Dr. Ankita Nagrani through her initiative 'MAMTA' by Ekdanta Vaidyakiya Arogya Shikshan, Sanshodhan Pratishthan conducted an oral hygiene awareness and oral cancer detection camp at PCCM. Dr. Nagrani is the daughter of a patient of Dr. Koppiker's. Dr. Nagrani unfortunately lost her mother to breast cancer. A dentist by profession she has been active through her foundation to raise awareness and enable early detection of oral cancers. Since chemotherapy can cause changes in the oral cavity and predispose a person to oral diseases, Dr. Nagrani conducted a camp for the patients at PCCM day care and using a device developed by her and her colleagues she screened for possible oral disorders.





## 5) Dr. Madhura Kulkarni was selected as a fellow to participate in the inaugural India Cohort of the Leadership Journey by the WomenLift Health Organization

Dr. Madhura Kulkarni was selected as a fellow to participate in the inaugural India Cohort of the Leadership Journey by the WomenLift Health Organization. With only 30 candidates selected for this fellowship across India, Dr. Madhura Kulkarni has been selected young promising scientist already making significant contributions in the area of translational breast cancer research.



The screenshot shows the WomenLift Health website. The header includes the logo and navigation links: Who We Are, What We Do, WLGH Conference, and Voices & Sources. The main content area features a decorative background with the text "2022 India Cohort". Below this, a purple banner contains the following text: "WomenLift Health has selected the emerging leaders below to participate in the Inaugural India Cohort of the Leadership Journey, a fully-funded leadership initiative designed to support women through the challenges and opportunities of advancing to senior leadership positions in global health."



### Madhura Kulkarni

Senior Scientist and DBT-Ramalingaswami Fellow  
Prashanti Cancer Care Mission Pune

#### About

In the early 2000s, as a young aspiring student in India, immensely allured by the process of science, I constantly deliberated on what makes developed countries better at quality research output. I got intrigued by the disparity. To understand the reasons, I made a conscious decision to go for a PhD overseas, despite having a prestigious CSIR fellowship in India. During my PhD at the University of Maryland, I was offered every opportunity to explore with open arms and without judgement. My best teachings came from my postdoctoral work at MGH-Harvard. Not only did I gain experience in cancer biology, but I also became the person I am today, taking the team forward with constructive encouragement and a focus on the greater good. My colleagues appreciated my forthrightness and taught me to be unabashed about it. My move to Singapore was translational in every sense. I was a young mother, an early career scientist and determined to prove that success can be effortless even for a woman. My work focused on molecular pathology and translational breast cancer research in Singapore. I returned to India, armed with a DBT fellowship, eager to test my learnings. At my current institute, I started leading translational projects that were in nascent stages. With immense support from the senior management, I conceptualized and initiated the breast tissue biobank with the vision that tissue repositories with annotated patient data are essential to understand cancer profiles and identifying targeted therapies. In 2020, the pan-India network came together to build a cancer genome and molecular profiling consortia, Indian Cancer Genome Atlas (ICGA). My efforts to set up a biobank integrated well with this national program. I am now nominated to be the Convener of Science Leadership Team for the ICGA. I consider this one of the highest rewards a young scientist can expect to receive.

- 6) **Four abstracts were selected for poster presentation at the Annual Meeting of the Multinational Association of Supportive Care in Cancer to be held in Toronto, Canada from 23<sup>rd</sup> June 2022 – 25<sup>th</sup> June 2022.**

The annual meeting of the Multinational Association of Supportive Care in Cancer is being held in Toronto, Canada from 23<sup>rd</sup> June 2022 – 25<sup>th</sup> June 2022. Four abstracts from the research work ongoing at PCCM have been accepted for e-poster presentation at this novel meeting. Posters on ‘Cancer Patient Management during COVID-19 Pandemic: An Audit of a Single-Surgeon Unit in a COVID-Hotspot’; ‘A single institutional effort to utilize integrative medicine to improve quality of life in breast cancer patients and survivors’; ‘Assessing perception of genetic counselling and genetic testing in breast cancer patients and relatives’; ‘PROMs BREASTQ BCT module translation in Hindi and Marathi Language’; have been accepted and will be presented at the conference.



## **7) Biobanks and their utility in clinical research by Siddhi Tamhane**

Ms. Siddhi Tamhane is a Biotechnology post-graduate. In her role as biobank manager at PCCM, Ms. Tamhane is developing Standard operating procedures that will help establish a frozen tissue biobank at PCCM for clinical and translational research projects.

### **What is a Biobank?**

A biobank is a type of repository which collects biological samples such as blood, tissue, and health information used for research. Biobanks are of varying sizes depending on requirement as well as logistic constraint. Depending upon the type of studies and the resources, biobanks also house different types of samples as well as information. A biobank may solely store tissue and clinical information, or also collect blood and other associated samples. Some biobanks may also be geared towards a specific disease or disorder, such as cancer. Other biobanks are population-based and would contain information as well as samples from people in a specific population or region.

### **How does a biobank make performing research easier?**

Today, Biobanks have become an important resource in medical research, supporting many types of contemporary research like genomics and personalized medicine. Every clinical and translational research study is heavily dependent on tissue samples and associated well defined clinical data. A biobank thus serves as an excellent resource wherein a single centre can provide resources for various research studies. The research studies from a tissue biobank will have various purposes. One such example is utilizing the biobank to gaining a better understanding of how a person's genes (DNA) may influence overall health and wellness. Biobanks facilitate efficient patient recruitment and sample collection thus enabling pertinent research studies relevant to the population.

Research studies using samples from tissue biobanks have allowed researchers to learn more about:

- safe and effective treatment doses of medications and medicines used to treat different types of cancer like breast cancer, oral cancer, etc.
- determine genetic mutations thus predisposing a person to higher risk of cancer



**8) Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco-Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in April 2022**

**❖ 119 PATIENTS RECEIVED FREE / CONCESSIONAL MAMMOGRAPHY**



**❖ 163 PATIENTS RECEIVED FREE / CONCESSIONAL SONOGRAPHY**



- ❖ **12 PATIENTS RECEIVED FREE AND CONCESSIONAL BIOPSY & 1 VAB PROCEDURES (FOR REMOVAL OF FIBROIDS ETC)**



- ❖ **16 PATIENTS RECEIVED FREESHIP AND 3 PATIENTS RECEIVED MAJOR CONCESSIONS ON BREAST SURGERY**





❖ **35 PATIENTS RECEIVED FREE CHEMOTHERAPY AND 71 PATIENTS RECEIVED MAJOR CONCESSIONS AT OUR DAY CARE CENTRE FOR CHEMOTHERAPY**



❖ **220 PATIENTS RECEIVED FREE /CONCESSIONAL MEDICINES FROM OUR ONCO-PHARMACY**





## **9) PCCM appeals for support and donations to help save breast cancer patients**

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy, radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashanti  
You may donate via either of the two options:

**a. Through the donation page on the website: \_**

**<https://www.prashanticancercare.org/donations.php>**

**or**

**b. Send us a cheque in favour of “Prashanti Cancer Care Mission”**

**Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016**

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**10) Testimonials of a few patients who were adopted for Freeship in December 2021**

**Ms. Sheela Ganpule**



Everyone is very helpful and courteous. Very personalized and quick service.

**Shashikala S. Mudholkar**

Staff is kind and helping personally take care of patient. Dr. Koppiker and Dr. Deshmukh explains treatment process nicely. Chemotherapy day care is also nice staff. It is why second time occurrence of cancer, I came here again for treatment because of good treatment and nice staff behavior.

I appreciate everyone for their work and good wishes for keep doing the good work


**Ms. Archana Avinash Joshi**

कैंसर हे नाव ऐकल की मनात प्रचंड भीति बसलेली असते आणि तो आजार आपल्याला झाला आहे हे समजल्यावर मनाची अवस्था झाली ती न सांगण्यापालिकडे ची होती. खूपच भीति होती. पण जेव्हा डॉ. चेतन देशमुख सरांच्या बरोबर पहिल्यांदा बोलले , त्यांनी त्याबद्दलची भीति मनातून काढून टाकली. सगळे सकारात्मक विचार करायला सांगितले. कीमो थेरपी बदल माहिती देऊन कमित कमी त्रास होईल त्याबद्दल शाश्वती दिली आणि घडलेही तसेच मला केमो घेताना पहिल्यांदा, भीति वाटली नाही. नंतर ८ केमो कधी संपले हे समजले नाही. हे सगळे चेतन देशमुख सरांच्या सकारात्मक विचार सरणीमुळे घडले.

आर्किड मधील स्टाफ देखील खुप चांगला आहे. जॉर्ज ब्रदर, स्मिता सिस्टर ह्यांचे मला खुप चांगले सहकार्य मिळाले . वेळोवेळी हसून, खेळून केमो घेताना वातावरण हलकफुलक करत असतात.

त्यामुळे पेशेंट्स ना त्याचा खुप उपयोग होतो. त्यांनी खूपच चांगले सहकार्य केले.

ऑर्किड्स मधील सर्वांची मी नेहमी ऋणी असेन.



We would like to thank our  
**Donors & Supporters**  
for their unconditional support over the years

Prashanti Cancer Care Mission  
Reaching out with excellence



Warm Regards,  
Ms. Laleh Busheri  
CEO

Prashanti Cancer Care mission

Visit us at : [www.prashanticancercare.org](http://www.prashanticancercare.org) / [www.orchidsbreasthealth.com](http://www.orchidsbreasthealth.com)  
<https://www.facebook.com/orchidsbreasthealth>