

**Prashanti Cancer Care Mission**  
**Reaching out with excellence**



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# *NEWSLETTER*

*June*

*2022*

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# 1) International School of Oncoplastic Sugery in association with University of East Anglia and BreastGlobal is organizing a hands-on workshop for the Masters in Oncoplasty students from 3<sup>rd</sup> June to 5<sup>th</sup> June 2022.

International School of Oncoplastic Sugery in association with University of East Anglia and BreastGlobal is organizing a workshop for the Masters in Oncoplasty students from 3<sup>rd</sup> June to 5<sup>th</sup> June 2022. The Workshop Agenda focuses on Breast Oncoplastic Surgery Training with lectures and demonstrations for the participants to gain knowledge and skills about state-of-the-art techniques in Breast Oncoplastics. Currently, with over 50 registered participants from India and abroad, the workshop will feature eminent faculty in the field of Oncoplastic surgery conducting the hands-on training in the niche field of oncoplastic surgery. The workshop will be a great training experience for aspiring young surgeons wishing to specialize in oncoplastic surgery.



**ISOS Breast Oncoplasty Workshop**

Lectures and Demonstrations by  
National and International  
Experts

**In-Person Hands - On  
Training Workshop**  
(Location - Pune)

In association with BreastGlobal



### Highlights

- Intensive training in Breast Oncoplasty.
- Surgical Mark-up Sessions.
- Virtual Oncoplastic Training Sessions.
- Hand-On Radiology Sessions.
- Special hands-on training workshop on Level 1 and Level Oncoplasty.
- Interactive disciplinary tumour board sessions

**Limited seats**

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**3<sup>rd</sup> - 5<sup>th</sup> June 2022**  
Open to all (breastoncoplasty.org)



Sign up now

**Register Here**



Tentative Schedule for Oncoplasty Workshop: 3 <sup>rd</sup> - 5 <sup>th</sup> June 2022 Pune India			
DAY 1: 3 <sup>rd</sup> June 2022 Friday			
Time	Event	Topic	Speaker
12:30 pm - 3:30 pm	Practical Session	Case Presentations by Students	Presentations by MCh Fellows  Subject Matter Experts • Dr. Unnathi Jain • Dr. Vishal Zambre • Dr. Mala Mathur  Judges • Prof. Chintamani • Dr. Rathin • Dr. Koppiker
3:30 pm - 4:30 pm		High Tea	
4:30 pm - 6:30 pm	Practical Session	Hands-on Radiology (Case Presentation - MDT Format)	Radiology Faculty • Dr. Jashvi Chharmangan • Dr. Beenu Vengse • Dr. Selvi Radhakrishnan • Dr. Mugtha Pai
DAY 2: 4 <sup>th</sup> June 2022 Saturday			
Time	Event	Topic	Speaker
8:30 am to 9:00 am		Anatomy for Oncoplastic Surgeries	TBD
9:00 am to 11:30 am	Mark-up Session - Tips & Tricks (with students performing mark-ups)	Hall 1: Level I Oncoplasty (Refining Techniques of Round Block, Oncofascia & Other Level I Oncoplastic Surgeries)	• Prof. Chintamani • Dr. Nisha Nair • Dr. Uthman Sora • Dr. Mala Mathur
		Hall 2: Level II Oncoplasty (Refining Techniques of Therapeutic Mastopexy)	• Dr. Ashutosh Kothari • Dr. Selvi Radhakrishnan • Dr. Unnathi Jain
		Hall 3: Level III Oncoplasty (Refining Techniques of Perforator Flaps)	• Dr. Koppiker • Dr. Jagadeesh Dhar • Dr. Shalika Joshi • Dr. Vishal Zambre

**2) Dr. Koppiker presented his work on Perforator Flaps at the prestigious European Society for Medical Oncology (ESMO) Breast Cancer Congress at Berlin Germany held between 3<sup>rd</sup> May – 5<sup>th</sup> May 2022.**

Dr, Koppiker presented the work on Perforator Flaps. at the prestigious European Society for Medical Oncology (ESMO) Breast Cancer Congress at Berlin, Germany 3rd May – 5th May 2022.

The conference boasted of global teams and leaders who are in the forefront of breast cancer management.

Dr. Koppiker firmly believes that no woman should lose her Breast to Cancer. His practice has been the pioneer of Breast Oncoplasty in India, having performed more than 2000 till date.

So far breast conservation instead of mastectomy is one of the major impetus which needs to be achieved. Oncoplastic techniques for the management of small to moderate breast without sagging, ensuring good cosmetic outcomes are often not available. The major limitations, especially in small breast is the presence of large tumor which recommends mastectomy with reconstruction instead of breast conservation surgery. In such cases, Dr. Koppiker suggests, a volume replacement technique for breast-conserving surgery (BCS) called perforator flaps.

At ESMO, Berlin he presented his work related to this technique to show that it is a safe procedure with much better quality of life outcomes seen in his patients.





An Initiative by



**Prashanti Cancer Care Mission**  
Reaching out with excellence

**Orchids**  
BREAST HEALTH  
Pune, India



## Congratulations to PCCM-CTCR Research Team

### ESMO BREAST CANCER

Onsite and Online Congress

**BERLIN GERMANY**  
**3-5 MAY 2022**

The abstract on 'Usefulness of Perforator Flaps in Breast Cancer - A single-centre clinical audit from India' is selected for poster presentation at the European Society for Medical Oncology (ESMO) Breast Cancer Congress 2022

**Team:**

C. B. Koppiker  
Sneha Joshi  
Rupa Mishra  
Devaki A. Kelkar  
Anjali Joshi  
Jisha John

Shweta Kadu  
Neerja Gupta  
Nutan Gangurde  
Gautam Sharan  
Upendra Dhar  
HariKiran Allampati

Laleh Busheri  
Smeeta Nare  
Ankush Dewie  
Deepthi Thakkar  
Chandana Guduru

**Start date:** 3<sup>rd</sup> May 2022

**End date:** 5<sup>th</sup> May 2022

**Location:** Berlin, Germany

'Losing is not an option. Be it your life, hope or Breasts'



ORCHIDSBREASTHEALTH.IN/CONTACT-US

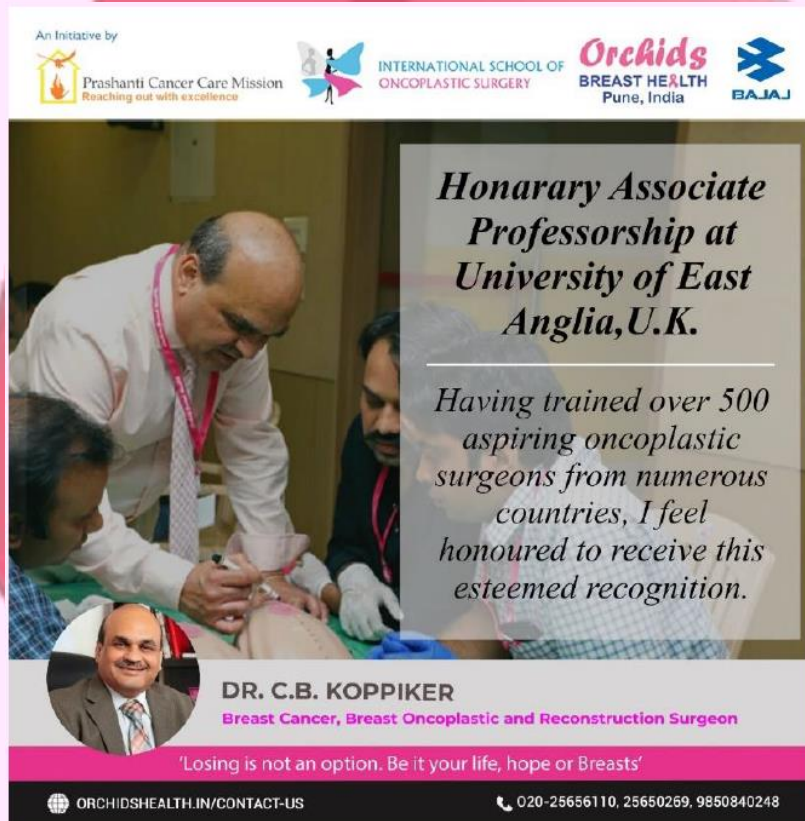
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### 3) Dr. Koppiker was honoured with Honorary Associate Professorship from University of East Anglia.

Education is the best learning tool that helps in developing one's future. *'Being a teacher at heart, I am extremely honored to be appointed as the "Honorary Associate Professor" at the University of East Anglia (UEA), United Kingdom (UK)'* says Dr. Koppiker.

In his quest to build a better infrastructure for budding and aspiring oncoplastic breast surgeons, the MCH program in Breast Oncoplasty was started by Dr. Koppiker in 2017 in association with the University of East Anglia, UK. Having successfully trained over 500 surgeons along with four MCH batches of 75 young physicians from India, Indonesia, Nepal, Maldives, Bangladesh, Sri Lanka, and Malaysia gaining hands-on experience in Oncoplastic techniques. This prestigious role as an Honorary Associate Professor, will enable Dr. Koppiker to become an integral part of the capacity-building initiatives at UEA, UK, and help this program grow further.

The responsibility of the position also entitles Dr. Koppiker to visit UEA, UK frequently as an expert in the Oncoplasty training programs and conduct workshops, and train aspiring surgeons in various oncoplastic procedures.



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INTERNATIONAL SCHOOL OF  
ONCOPLASTIC SURGERY

**Orchids**  
BREAST HEALTH  
Pune, India


**BAJAJ**


***Honorary Associate  
Professorship at  
University of East  
Anglia, U.K.***

*Having trained over 500  
aspiring oncoplastic  
surgeons from numerous  
countries, I feel  
honoured to receive this  
esteemed recognition.*

 **DR. C.B. KOPPIKER**  
Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon

'Losing is not an option. Be it your life, hope or Breasts'

 [ORCHIDHEALTH.IN/CONTACT-US](http://ORCHIDHEALTH.IN/CONTACT-US)

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4) **‘Cutting Edge: An innovative breast conservation surgery is helping patients lead better lives’** an article featured in the Indian express on the surgical technique developed by Dr. Koppiker highlighting his pioneering work in breast cancer treatment.

A surgical technique developed by Dr. Koppiker specially for the Indian breast cancer patients known as the Advanced Autologous Lower Dermal Sling (A-ALDS) has been exclusively featured in the Indian Express edition

The article highlights details of oncoplastic surgical techniques used by Dr. Koppiker in breast cancer treatment.

The complete article can be accessed at this link

[https://indianexpress.com/article/lifestyle/health/an-innovative-breast-conservation-surgery-is-helping-patients-lead-better-lives-cancer-7909631/?fbclid=IwAR1VsQ1\\_BzTddEbKwPMx7S8q151ZUX5BdJHSeD0TnkTGgPQrANluMSnuPCk](https://indianexpress.com/article/lifestyle/health/an-innovative-breast-conservation-surgery-is-helping-patients-lead-better-lives-cancer-7909631/?fbclid=IwAR1VsQ1_BzTddEbKwPMx7S8q151ZUX5BdJHSeD0TnkTGgPQrANluMSnuPCk)

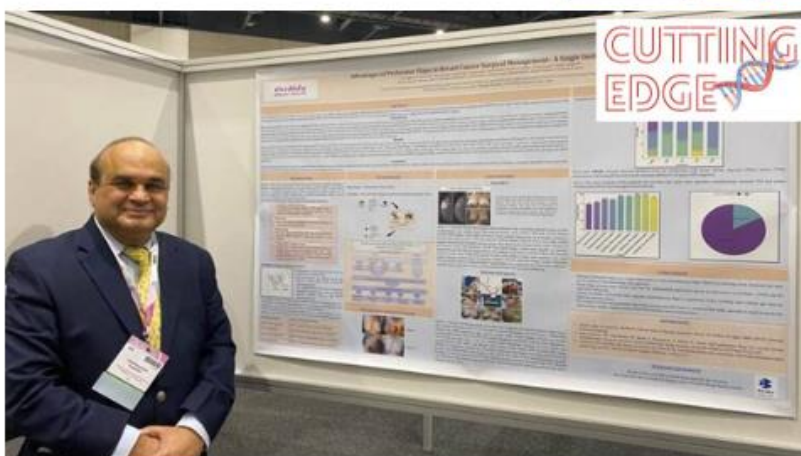
## Cutting Edge: An innovative breast conservation surgery is helping patients lead better lives

“The advantage of oncoplastic surgery is that it exterminates cancer safely and provides a cosmetically excellent outcome to a patient of breast cancer.”

Written by **Anuradha Mascarenhas** | Pune |  
Updated: May 13, 2022 11:43:57 am



ADVERTISEMENT



Apart from addressing aesthetic and safety concerns, there is also a reduced rate of depression among patients opting for oncoplastic surgery. (Express Photo)

### MORE LIFESTYLE



**Lifestyle**  
Dermatologist explains the different kinds of acne, their causes, treatment



**Lifestyle**  
Shaleena Nathani, Deepika Padukone's stylist, shares five hacks to fix wardrobe emergencies

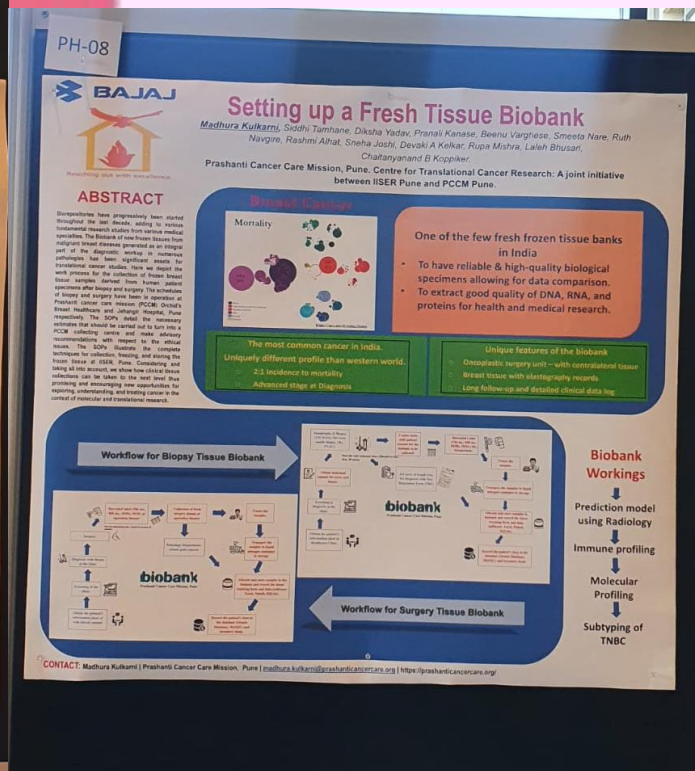
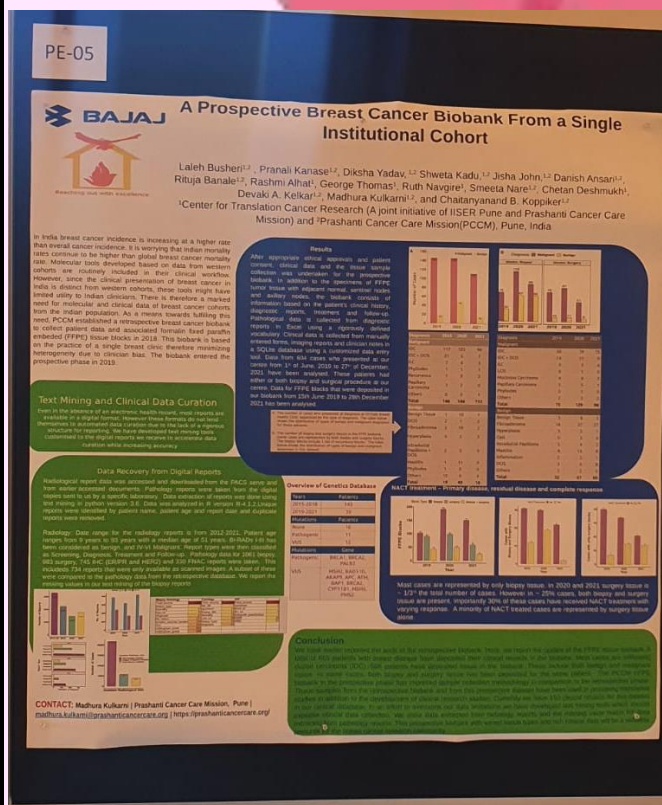


**Lifestyle**  
Cooking hacks to make

5) **Dr. Madhura Kulkarni presented at the International Society for Biological and Environmental Repositories (ISBER) 2022 Annual Meeting at Atlanta, USA held from May 17<sup>th</sup> – May 20<sup>th</sup> 2022.**

Dr. Madhura Kulkarni presented posters at the International Society for Biological and Environmental Repositories (ISBER) 2022 Annual Meeting at Atlanta, USA held between 17<sup>th</sup> May – 20<sup>th</sup> May 2022.

The two posters on the biobanking efforts at PCCM ‘Prospective Breast Cancer Biobank from Single Institutional Cohort’ and ‘Setting up a Fresh Tissue Biobank from a Single Oncosurgeon’s Practice’ were very well received. The inputs received during the presentation will be extremely useful.



## **6) Elastography for Breast Cancer by Ms. Pranali Kanase**

Pranali is a clinical data coordinator at Prashanti Cancer Care Mission. She has completed her graduation in Microbiology from Shivaji University, Kolhapur. Following that, she completed a postgraduate diploma in clinical research, data management and pharmacovigilance. Currently, she manages and curates the clinical data at PCCM. In this article she explains what is elastography, why it is used and how to measure the hardness of lesion through colour codes in elastography.

### **What is elastography?**

Elastography is a new sonographic imaging technique which provides information on breast lesions in addition to conventional ultrasonography (US) and mammography. Elastography helps in identifying the hardness of the lesion. With the help of this it becomes easier to identify the lesion which is malignant and one which is benign.

Further elastography also helps in identifying different types of tumors such as Estrogen receptor positive (ER positive), Progesterone receptor positive (PR positive) and Human epidermal growth factor receptor positive (Her2 positive).

Elastography uses different colours to identify the hardness of the lesion. Red colour represents stiff tissue and blue colour represents soft tissue on shear wave elastography (SWE).

Further categorization of the tumor is done using the following colour codes:

- a. 1 (dark blue; 0–36 kPa)
- b. 2 (light blue; 36–72 kPa)
- c. 3 (green; 72–108 kPa)
- d. 4 (yellow to orange; 108–144 kPa)
- e. 5 (red; 144–180 kPa)

Note: kpa is the standard unit in which elastography is measured.

Current studies have shown that tissue elasticity is of great value for diagnosis. Further research needs to be done in this area to better understand the benefit of elastography.



**7) Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco-Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in May 2022**

**❖ 82 PATIENTS RECEIVED FREE / CONCESSIONAL MAMMOGRAPHY**



**❖ 92 PATIENTS RECEIVED FREE / CONCESSIONAL SONOGRAPHY**



❖ **9 PATIENTS RECEIVED FREE AND CONCESSIONAL BIOPSY  
(FOR REMOVAL OF FIBROIDS ETC)**



❖ **18 PATIENTS RECEIVED FREESHIP AND MAJOR CONCESSIONS  
ON BREAST SURGERY**





❖ **20 PATIENTS RECEIVED FREE CHEMOTHERAPY AND 66 PATIENTS RECEIVED MAJOR CONCESSIONS AT OUR DAY CARE CENTRE FOR CHEMOTHERAPY**



❖ **150 PATIENTS RECEIVED FREE /CONCESSIONAL MEDICINES FROM OUR ONCO-PHARMACY**





## **8) PCCM appeals for support and donations to help save breast cancer patients**

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy, radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashanti  
You may donate via either of the two options:

**a. Through the donation page on the website:**

**<https://www.prashanticancercare.org/donations.php>**

**or**

**b. Send us a cheque in favour of “Prashanti Cancer Care Mission”**

**Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016**

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

## **9) Testimonials of a few patients who were adopted for Freeship in May 2022**

**Sarita Singh**



All staff members are very good and helpful. Service offered is very good. Dr. Koppiker Sir is like a family member. He always gives good suggestions and is very helpful.

**Kunda Naik**


This place does not feel like hospital. Staff out over here is very co-operative and friendly. They take good care of the patient just like their family member.

**Shashikala Javanjal**

Dr. Koppiker is the best doctor for breast cancer. Orchid staff is very supportive.

**Audumber Shreedhar Gaud**

आदरणीय, ओर्चिड्स हॉस्पिटल आणि ब्रेस्ट केयर माझी मिस्सेसला जेव्हा कळले कि आपल्याला ब्रेस्ट कॅन्सर आहे, त्या वेळेस आम्ही प्रशांत कोडारी सरांकडे गेलो त्यांनी आम्हाला डॉ. कोप्पीकर सरांचा पत्ता दिला. सरानी तपासून ऑपरेशन करण्याचा सल्ला दिला. आम्ही नवीन असल्यामुळे सौ. स्मिता मॅडम ने आम्हाला योग्य मार्गदर्शन केले. त्यांचा मी आभारी आहे. त्या नंतर केमो थेरपी करण्याचा सल्ला डॉ. कोप्पीकर आणि डॉ. चेतन देशमुख सरानी दिला, त्या प्रमाणे आम्ही केमो घेत आहोत. केमो थेरपी हॉल मध्ये श्रीयुत जॉर्ज सरानी सुद्धा योग्य मार्गदर्शन करून केमो केले. इथे केमो घेत असल्यामुळे आम्हला हॉस्पिटल मध्ये असल्यासारखे वाटत नाही. येथील सर्व स्टाफ , आपले काम योग्य करून , पेशंट व पेशंटच्या नातेवाईकांबरोबर आदराने वागवतात. (रिसेपशनिस्ट , मेडिकल स्टाफ, सिस्टर्स , मावशी ). मी परत एकदा डॉ. कोप्पीकर सर आणि डॉ. चेतन देशमुख सर व सर्व स्टाफ चा ऋणी आहे.



We would like to thank our  
**Donors & Supporters**  
for their unconditional support over the years

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Reaching out with excellence



Warm Regards,  
Ms. Laleh Busheri  
CEO

Prashanti Cancer Care mission

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