



Wishing all our friends, well wishers and donors a Happy, Healthy, Peaceful and Prosperous 2022 from the team of Orchids Breast Health and Prashanti Cancer Care Mission

WE

CARE

FOR YOUR

An Initiative by







HEALTH Happy New Year 2022

From the whole team of Prashanti Cancer Care Mission & Orchids Breast Health Centre

'Losing is not an option. Be it your life, hope or Breasts'

1) PCCM-CTCR will be organizing the 3rd ICGA Conference '*Biobanking to Omics: Collecting the Global Experience*' in a virtual format on 13th -14th January 2022 with funding from Bajaj Auto Ltd.

PCCM-CTCR delighted to announce the 3rd ICGA Conference to be held virtually on 13th and 14th January 2022. The Conference is themed '*Biobanking to Omics: Collecting the Global Experience*'.

The Indian Cancer Genome Atlas (ICGA) is a national project that aims to create an indigenously developed open-source database of molecular profiles of cancers prevalent in the Indian subcontinent. We trust these efforts will lead to a deeper understanding of cancers in the Indian subcontinent and enable us to come up with precision medicine relevant to our population

The 3rd ICGA Conference is organized in partnership with national and international collaborators. We are also pleased to announce support for the conference by DBT-India Alliance and Eukaryotic Gene Expression and Function (EuGEF), Bangladesh. This year the conference is focussed on addressing topics that will help guide ICGA efforts in tumor biobanking and multi-omics in the Indian subcontinent. Key faculty and coordinators will share their experiences and advice to help the ICGA group make an informed choice on biobanking practices to be implemented in the effort.

Keynote addresses by Dr. Wui Jin Koh, Senior Vice President, National Comprehensive Cancer Network, USA and Dr. Christina Curtis, Associate Professor, Stanford University School of Medicine will grace the conference. We are also proud to host Prof. Dr. Md. Ruhul Amin, Director, Bangladesh Medical Research Council who will deliver a talk on Data Management and Policy and discuss the combined efforts of ICGA and Bangladesh Cancer Genome Project (BGCP)



2) BreastGlobal collaborated with Indian ACT - Anti Cancer Trust, to conduct the webinar on 'An Overview of Endocrine Interventions in Breast Cancer Management'

Indian Anti Cancer Trust conducted a focused webinar series on 'An Overview of Endocrine Interventions in Breast Cancer Management' in collaboration with BreastGlobal. The webinar series focused on reviewing current status of Endocrine treatement for breast cancer management for an audience of breast surgeons and radiation oncologists.



3) Ms. Laleh Busheri, CEO, PCCM spoke at the 'International Associatin of Industry & Institute Interface (IAI3) hosted by Ms. Anjali Sanghavi.

Prashanti (PCCM) CEO Ms. Laleh Busheri was on the International Association Of Industry & Institute Interface (IAI3) facebook live (10th Dec 2021) hosted by Ms. Anjali Sanghavi. IAI3 interviews eminent personalities with extraordinary stories dedicated to the evolution of society.

PCCM started its journey 25 years ago and was born due to the unfulfilled needs of patients, caregivers, survivors, volunteers, and doctors tragicized by breast cancer! Today, PCCM has touched the lives of over 10000 women, through subsidizing diagnostic and treatment services, giving the unaffording hope and a fighting chance to defeat breast cancer. PCCM deeply believes in its motto Losing is not an option may it be your life your hope or your breasts

Hear Laleh, fondly referred to as 'PCCM, Friend-in-Chief' talk about PCCM and Orchids Breast Health Centre's journey as PCCM marks 25 years of dedication for patient care and support.



4) PCCM donated 500 blankets to the unaffording patients and staff to help combat the chilly winter of Pune







5) The work on 'Germline mutational profiling in Indian Triple Negative Breast Cancers (TNBCs) was accepted and presented at the San Antonio Breast Cancer Symposium 2021 by Dr. Koppiker.

Dr. Koppiker and the PCCM research team, presented their work on 'Germline Mutational Profiling in Indian TNBCs' at the San Antonio Breast Cancer Symposium (SABCS) 2021. SABCS is an international scientific symposium for interaction and exchange among basic scientists and clinicians in breast cancer.

The work on 'Germline mutational profiling in Indian Triple Negative Breast Cancers (TNBCs) was presented under the section on 'Tumor Cell and Molecular Biology: Genetics – Germline Changes'. Triple Negative breast cancers are a challenging subtype of breast cancer, since there are no targeted therapies currently that can be utilized for TNBC management. Germline mutations in specific breast cancer predisposing genes may help in determining the clinical management for the hereditary breast cancer. The work by Dr. Koppiker and team provides an understanding of the prevalence of germline mutations and their distribution in TNBC cases in India. Since a majority of the studies on germline mutations are from the western population, studies such as these will help gain deeper understanding of the scenario in Indian population.

Tumor Cell and Molecular Biology: Genetics - Germline Changes

- P3-07-01 Young women with breast cancer and high risk family history but no high penetrance germline mutations have a higher load of rare h functional impact germline variants in cancer relevant genes Rozenblit M, Qing T, Ye Y, Zhao H, Hofstatter E, Singh V, Reisenbichler E, Murray M, Pusztai L. contributed equally to this work, Yale University, New Haven, CT; Yale University, New Haven, CT.
- P3-07-02 Identification of potential germline variants (GV) on tumor comprehensive genomic profiling (CGP) in patients with advanced breast cancer (BC): *BRCA1/2* and beyond

Tierno MB, Dougherty KC, Gornstein E, Pavlick DC, Schrock A, Oxnard GR. Foundation Medicine, Cambridge, MA.

- P3-07-03 Real-world evidence database reveals 17.74% of individuals with breast cancer harbor a germline pathogenic or likely-pathogenic variant with implications for medical management and/or reproduction Bontempo K, Wernecke C, Mauer C, Bentley B, Graham M, Whitworth P, Patel R, Beitsch P. Medneon, Cupertino, CA; Nashville Breachert, Nashville, TN; Good Samaritan Hospital, Los Gatos, CA; Dallas Surgical, Dallas, TX.
- P3-07-04 Geographical patterns of pathogenic genetic variants associated with hereditary breast, ovarian and prostate cancer (HBOPC) in Portugal

de Oliveira IC, Fragoso S, Santos S, Duarte T, Bexiga C, Mira B, Miguel I, Luís A, Vaz F. IPOLFG, Lisbon, Portugal.

- P3-07-05 Genetic profile of germline mutations in unselected women with breast cancer in a Colombian population Sierra-Díaz DC, Morel A, Fonseca DJ, Contreras N, Angulo-Aguado M, Balaguera V, Llinás-Caballero K, Munevar I, Borras M, Lema Idrobo H, Trujillo D, Serrano N, Orduz AI, Lopera D, Gonzalez J, Rojas G, Londoño P, Manneh R, Quintero C, Laissue P, Cabrera R, Restrepo CM, Mantilla W. Universidad del Rosario, Bogota, Colombia; Fundación Cardioinfantil-Instituto de Cardiología, Bogota, Colombia; Clínica de Oncología Astorga, Medellín, Colombia; Centro Médico Julián Coronel, Cali, Colombia; Hospital Internacional c Colombia, Bucaramanga-Piedecuesta, Colombia; Oncólogos del Occidente S.A.S, Armenia, Manizalez, Pereira, Colombia; Sociedac Oncología y Hematología del Cesar - SOHEC, Valledupar, Colombia; Integrative IPS, Bogota, Colombia; BIOPAS Laboratoires, Orpř Disease Unit, Bogota, Colombia.
- P3-07-06 Guideline-based multi-gene panel (MGP) testing for germline pathogenic variants among patients diagnosed with breast cancer: Regional perspectives Abdel-Razeq H, Almasri R, Abujamous L, Al-Masri M, Hamed Allah M, Tamimi F, Edaily S, Abuhijla F, Salama O, Abdulelah H, Bater King Hussein Cancer Center, Amman, Jordan; Istishari Hospital, Amman, Jordan.
- P3-07-07 Prevalence of BRCA 1/2 germinal mutation among young women with breast cancer: Experience in a third level private center Vazquez-Juarez D, Serrano-Olvera JA, Noguez-Ramos A, Regalado-Porras GO, Lazaro-León JM, Olivares-Beltran G, Gerson-Cwilic R. Breast Cancer Center, Hospital Zambrano Hellion TecSalud, Tecnologico de Monterrey, San Pedro Garza Garcia, Mexico; ABC Medical Center, CDMX, Mexico.
- P3-07-08 Germline mutational profiling in Indian TNBCs Koppiker CB. Prashanti Cancer Care Mission, Pune, India.

P3-07-09 Single cell transcriptomic analysis reveals the effects of BRCA1 and BRCA2 mutations on distinct signaling networks and cancer

6) Dr. Madhura Kulkarni's work on 'Tumor Infiltrating Lymphocytes (TILs) as a putative prognostic marker to identify a responsive subset of TNBC in an Indian Cohort of Breast Cancer patients was accepted in the 5th International Cancer Symposium, Lyon, France 2022

Dr. Madhura Kulkarni and Ms. Pooja Vaid's work on 'Tumor Infiltrating Lymphocytes (TILs) as a putative prognostic marker to identify a responsive subset of TNBC in an Indian Cohort of Breast Cancer patients' was accepted for poster presentation in the 5th International Cancere Symposium to be held in Lyon, France from 7th – 9th February 2022.



5th International Cancer Symposium

7) As part of the awareness series, a new video was posted on 'Risk Reduction for **Breast Cancer'**



Many people generally ask Dr. Koppiker on how they can lower their risk of breast cancer. Although, there is no sure way to prevent breast cancer, but there are things you can do that might lower your risk. In a recent study by the Collaborative Group on Hormonal Factors in Breast Cancer, researchers found that for every 12 months a woman breastfed, her risk of breast cancer decreased by 4.3%. Continuing with the awareness series, this video Dr.

Koppiker has explained the role of breastfeeding, the lesser spoken important factor in risk reduction of Breast Cancers.

Link for full video: https://www.instagram.com/p/CX0Bx5UM74v/

- 8) Freeships/ Major Concession for Diagnotics, Surgery, Chemotherapy, Onco-Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in December 2021
 - **◆ 124 PATIENTS RECEIVED FREE** / CONCESSIONAL MAMMOGRAPHY



◆ 148 PATIENTS RECEIVED FREE / CONCESSIONAL SONOGRAPHY



✤ 19 PATIENTS RECEIVED FREE AND CONCESSIONAL BIOPSY & VAB PROCEDURES (FOR REMOVAL OF FIBROIDS ETC).



* 24 PATIENTS RECEIVED FREESHIP / MAJOR CONCESSIONS ON BREAST SURGERY



★ 35 PATIENTS RECEIVED FREE CHEMOTHERAPY AND 108 PATIENTS RECEIVED MAJOR CONCESSIONS AT OUR DAY CARE CENTRE FOR CHEMOTHERAPY



* 237 PATIENTS RECEIVED FREE /CONCESSIONAL MEDICINES FROM OUR ONCO-PHARMACY



9) PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy, radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website: https://www.prashanticancercare.org/donations.php

or

b. Send us a cheque in favour of "Prashanti Cancer Care Mission" Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000. A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life. **10)** Testimonials of a few patients who were adopted for Freeship in December 2021



<mark>Ms. Manali A</mark>tul Lunkad

Getting to know that you have Breast Cancer is a heart breaking experience. I was completely shattered and was lost in many many thoughts. At this time of life, we need a team that can hold your hand and take your through the cancer. I met Dr. Koppiker and Laleh ma'am. They are more than anything I could ask for. Koppiker Sir is my God father. He is come into my life like an angel. His confidence and poise is superb. His knowledge is better than most of his contemporaries and he is a gem of a person. I feel very safe and secure with him. Laleh ma'am is an amazing person. She can understand what exactly is going on in the patient's mind. She is extremely caring and loving and I truly love the beautiful couple. My entire experience of surgery was extremely smooth and I did not even realise I had gone through something so big. Dhar Sir was also energetic. I really like the energy of the team. Kane ma'am should also be mentioned, I liked the love with which she speaks to the patient. After the surgery came the chemotherapy. I met the next team then, Chetan Deshmukh Sir is another gem of the team. He speaks absolutely clearly to the point without any ambiguity. He knows exactly wht he needs to do and with a lot of confidence. I really like his humour. It is so impromptu. George is the one who makes you feel at home. He is fantastic, available for answering as many calls and at any time. His confidence and knowledge is too good. His personal touch with everyone is noteworthy. He makes sure all the women in the day care are well looked after and each one is made to feel at home. Without him I do not know how I would have passed the chemo treatment. I don't know how many like chemo treatment but I was looking forward to going to the chemotherapy. It was like a picnic and the place felt like a small family get together. I am still undergoing chemotherapy on a weekly basis.

In the OPD section, Rebecca is very sweet lady. I adore her love, affection, patience and sweetness. She is a darling. Smeeta sister is a lovely girl, very energetic and always willing to answer as many questions we throw on her. Very knowledgeable and is great at her work. She removed my drain so well, I did not feel a thing. She is very dedicated to her work and knows her stuff very well. She plans everything meticulously. She is a sweetheart. Vandana is also a sweet girl. Always smiling and guiding me well so that I can meet Sir at the right time. Rashmi ma'am is a sweet lady to speak to. Always smiling. Ruth ma'am is also a sweet girl.

Not to forget the 'watchman uncle'. He never forgets to smile whenever you come. I was always the first one to reach for chemo. He would never make me wait. He would open the unit for me.

I am so blessed to be a part of 'Prashanti Cancer Care Mission' and 'Orchid Centre'. The whole team has made my journey with cancer easier than I could expect and I am gratefeul and thankful to each and everyone from the bottom of my heart. I will be more than happy to help in any way I can.

Thank you Thank you Thank you!!!!!

Minti Dhanuke

As I am going through a tough phase of my life. Now this Orchid Breast Health Clinic is a part of my life's tough phase. Sometimes one little assurance make you feel better and that I definitely found in all the doctors, sisters, brother and supporting staffs. They make me feel relax and with their support. I feel that everything is okay and with okay means everything will fall in place. At the beginning me and my husband were insecure about doing chemotherapy here but now we are satisfied that we took the right decision. Thanking all of them.

Meghna Wadhwa

Getting to know that you have breast cancer is the heart-breaking experience but thank God who reached me at Orchids Breast Cancer Clinic at right time. Under right doctors, right treatment from day one when I came to see the doctors, I was scared but once I met doctors and entire staff of clinic, I was confident that I will be fit and fine and go back home. Actually, I am from St. Martin, soon I will go back and meet my family.

Thank you so much. I don't have words to thank you all the doctors and entire staff. Thank you. Thank you. Thank you.

We would like to THANK our Donors & Supporters

for their unconditional support over the years



Warm Regards, Ms. Laleh Busheri CEO

Prashanti Cancer Care mission

Visit us at : <u>www.prashanticancercare.org</u> / <u>www.orchidsbreasthealth.com</u> <u>https://www.facebook.com/orchidsbreasthealth</u>