



MARCH 2025 | VOLUME 145 ISSUE 89

# PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter

**DONATE**



## WHAT'S IN THIS LATEST ISSUE?

Dr. Koppiker was invited to present a 'Keynote oration' and a talk at the BREASTBDON 2025, held in Dhaka, Bangladesh.

PCCM-CTCR's research manuscript was accepted for publication in Current Oncology Journal

Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina February 2025 issue.

PCCM's Hands on Bio-banking Workshop 'Essentials in Biobanking and Workflow' will be held from July 4th-6th 2025

ISOS Hands-on Oncoplastic workshop will be held on 26th & 27th April 2025.

Dr. Madhura Kulkarni (Senior Scientist, Prashanti Cancer Care Mission- PCCM) presented a talk at the SRI Ramachandra Institute of Higher Education and Research (SRIHER) in Chennai.

Dr. Madhura Kulkarni (Senior Research Scientist, PCCM) presented a talk at the BBIF International Biobank Conference (IBC) 2025

Dr. Rupa Mishra (Senior Scientist, PCCM) presented a poster at the 7th INDIAN CANCER GENETICS CONFERENCE & WORKSHOP 2025 (ICGCW 2025) held at Tata Memorial Hospital, Parel

Dr. Priya Sivadasan (Research Scientist, PCCM) presented a talk and poster at the BBIF International Biobank Conference (IBC) 2025

Dr. Sneha Joshi (Senior Research Scientist, PCCM) will present a talk at the INORMS Congress 2025, taking place at the IFEMA Palacio Municipal in Madrid, Spain

The sixth session of the Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was held on February 12th, 2025

CTCR's RT-PCR Phase III, Lecture II titled, "Future of Breast Cancer Treatment in India-Through my Rose-Tinted Glasses"

CTCR's RT-PCR Phase III, Lecture III titled, "Exploring the Somatic-Germline Interface in Cancer"

## ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

**Dr. Koppiker presented a keynote oration, 'Changing practice of breast cancer surgery and Molecular Biology' and a talk titled 'the Breast Surgeon: Insights and Recommendations', at the BREASTBD CON 2025 held in Dhaka, Bangladesh**

Dr. Koppiker presented a keynote oration and a talk titled, 'Changing practice of breast cancer surgery and Molecular Biology' and 'the Breast Surgeon : Insights and Recommendations', respectively at **BREASTBD CON 2025** held on 23-24th of February 2025 in Dhaka, Bangladesh. The event brought together global experts for lectures, symposia, and debates on critical topics in breast cancer care, with Dr. Koppiker's presentations standing out as key highlights.

# BREASTBD CON 2025

2 nd International Breast Cancer Conference



Bangladesh School of Oncoplastic Surgery

February  
23-24, 2025

Registration Opening Soon

Follow the Address for further Details & Registration : [bsosbd.com](http://bsosbd.com)

BANGAMATA SHEIKH  
FAZILATUNNESA MUJIB  
CONVENTION CENTER  
BSMMU, Dhaka.

Expert Faculties on Breast Surgery, Imaging & Oncology  
from UK, TURKEY, INDIA & AUSTRALIA

**Prashanti Cancer Care Mission's research manuscript was accepted for publication in Current Oncology Journal**

PCCM's research manuscript titled 'Chest Wall Perforator Flaps in Breast Conservation: Versatile, Affordable, and Scalable: Insights from the Largest Single Surgeon Audit from India' was accepted for publication in the Current Oncology Journal



Article

## Chest Wall Perforator Flaps in Breast Conservation: Versatile, Affordable, and Scalable: Insights from the Largest Single Surgeon Audit from India

C. B. Koppiker<sup>1,2,3,4,5</sup>, Sneha Joshi<sup>1,2\*</sup>, Rupa Mishra<sup>1,2\*</sup>, Vaibhav Jain<sup>1,2</sup>, Priya Sivadasan<sup>1,2</sup>, Chetan Deshmukh<sup>4</sup>, Beenu Varghese<sup>4</sup>, Anushree Vartak<sup>5</sup>, Namrata Athavale<sup>1,2</sup>, Neerja Gupta<sup>5</sup>, Laleh Busheri<sup>1,2,4</sup>, Vishesha Lulla<sup>1,2</sup>, and Sneha Bhandari<sup>1,2</sup>

<sup>1</sup> Prashanti Cancer Care Mission (PCCM), Pune, India

<sup>2</sup> Centre for Translational Cancer Research: A Joint Initiative of Indian Institute of Science Education and Research (IISER) Pune and PCCM Pune, India

<sup>3</sup> Jehangir Hospital, Pune

<sup>4</sup> Orchids Breast Health Centre, in association with PCCM and Jehangir Hospital, Pune, India.

<sup>5</sup> International School of Oncoplastic Surgery, Pune, India

\* These Authors have contributed equally

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**Dr. Koppiker's article was featured in the 'Ask the Expert' section in Femina February 2025 issue.**

The 'Ask the Expert' section of Femina February 2025 issue featured Dr. Koppiker's article on 'Neoadjuvant Systemic Therapies in Breast Cancer: Insights into Neo-adjuvant Hormonal therapy'.

ASK THE EXPERT



Orchids  
BREAST HEALTH  
Prashanti Cancer Care Mission



JEHANGIR  
HOSPITAL  
Prashanti Cancer Care Mission

## NEOADJUVANT SYSTEMIC THERAPIES IN BREAST CANCER: INSIGHTS INTO NEO-ADJUVANT HORMONAL THERAPY

Q

A

**Dr. Chaitanyanand B. Koppiker**  
Breast Cancer, Breast Oncoplastic and Reconstruction Surgeon  
Medical Director, Orchids Breast Health in Association with  
Jehangir Hospital and Prashanti Cancer Care Mission, Pune India

In our last article, we introduced the role of Neoadjuvant Systemic Therapy (NAST) in the management of breast cancer. In this article, we will further explore the topic, delving into its clinical implications in optimizing treatment outcomes, with a specific focus on Neoadjuvant Hormone Therapy (NAHT).

To provide a background, Neoadjuvant Systemic Therapy (NAST) refers to the administration of systemic treatment before definitive surgical intervention for breast cancer. It serves to downstage the tumor, potentially enabling less extensive surgeries on the breast and/or axilla. This not only improves cosmetic outcomes but also reduces the risk of postoperative complications.

**WHAT ARE THE VARIOUS TYPES OF NAST?**

The systemic therapies employed in NAST for breast cancer include chemotherapy (NACT), hormone therapy (NAHT), immunotherapy and targeted therapies. These treatments may be administered either concurrently with chemotherapy or, in specific patient subsets, as an alternative to chemotherapy.

**WHO ARE THE CANDIDATES FOR NAHT?**

Traditionally, neoadjuvant chemotherapy has been used to downstage locally advanced and unresectable primary breast cancers. Neoadjuvant hormone therapy can be used as an alternative to chemotherapy for certain tumor types, particularly for postmenopausal women. Hormone therapy is specifically recommended for hormone receptor-positive, HER2-negative breast cancers,

which account for approximately 70% of all breast cancer cases.

**WHY IS NAHT A PREFERRED OPTION FOR POSTMENOPAUSAL WOMEN WITH STRONGLY HR-POSITIVE, HER2-NEGATIVE BREAST CANCER?**

Neoadjuvant Hormone Therapy (NAHT) has fewer side effects than Neoadjuvant Chemotherapy (NACT), making it a good option for postmenopausal women with strongly HR-positive, HER2-negative breast cancer who may not tolerate chemotherapy well.

**HOW DOES NAHT WORK?**

NAHT works by blocking the effects of estrogen (hormone) or reducing its production thereby slowing or stopping the growth of hormone-dependent breast cancers. Aromatase inhibitors or tamoxifen are some of the drug choices.

**HOW IS TREATMENT MONITORED DURING NAHT?**

Patients undergoing NAHT are re-evaluated by the medical oncologist every 2-4 weeks, following standard cycle monitoring practices. These evaluations focus on the administration of therapy, symptom management and the assessment of treatment response through routine tumour measurements.

**HOW LONG ARE THE CYCLES OF NEOADJUVANT HORMONAL THERAPY (NAHT)?**

The duration of NAHT varies from patient to patient based on patient's clinical status and the clinical response. It is usually administered over 4-8 months to improve surgical outcomes and to allow Breast Conservation surgery (BCS)



**DR. C.B KOPPIKER**

**WHAT ARE THE CHANCES THAT NAHT WILL BE SUCCESSFUL?**

The success of NAHT depends on various factors, including cancer type, stage, hormone receptor status and individual patient characteristics. Therefore, treatment decisions should be personalized and made in consultation with a multidisciplinary medical team

**IS NEO-ADJUVANT HORMONE THERAPY A TREATMENT OPTION FOR ME?**

The choice of a neoadjuvant systemic therapy (NAST) regimen, including Neoadjuvant Hormonal Therapy (NAHT), depends on various factors, such as hormone receptor status (ER/PR), HER2 expression, and proliferation indices, which help guide therapy decisions. These factors are assessed through biopsy and specialized tests performed on the collected tissue sample. For more details, you can refer to our previous articles.

Neoadjuvant therapy continues to play a transformative role in oncology, bridging the gap between early intervention and improved survival.

Orchid Breast Health by Jehangir Hospital and Prashanti Cancer Care Mission  
32 Sassoon Road, Pune 411001  
For appointments pls call  
020 - 66811126/25656110  
Facebook: <https://www.facebook.com/koppiker>  
Dr. Chaitanyanand Koppiker | LinkedIn

**ISOS Hands-on Oncoplastic workshop will be held on 26th & 27th April 2025.**



Following the tremendous success of three workshops conducted last year, which covered a wide range of oncoplastic techniques from basic to advanced, this upcoming session of ISOS Hand-on Oncoplasty Workshop titled, ‘Essentials in Breast Surgery: Overview of Oncoplasty & Whole Breast Reconstruction – Implant & Autologous’ will be an overview of oncoplasty with a focus on Whole breast reconstruction using implants and autologous tissue.

Participants will gain valuable insights into advanced surgical practices through hands-on training and expert guidance.

Date: 26th-27th April 2025

Location: International School of Oncoplastic Surgery (ISOS), Pune

Click the link to send enquires: [Enquire Now](#) 

Contact Mr. Aditya Kamthe: 9665033955



**ESSENTIALS IN BREAST SURGERY**  
OVERVIEW OF ONCOPLASTY & WBR:  
IMPLANT & AUTOLOGOUS

**Dates: 26th -27th APRIL 2025**

- **Time:** Saturday : 8:00 am to 7:00 pm  
Sunday : 9:00 am to 2:30 pm
- **Venue:** ISOS, Pune
- **Session-4 Fees :** Send an enquiry through the google form

**REGISTRATION INCLUDES**

-  Course Material
-  Lunch and Refreshments
-  Certificate of Participation
-  Networking Opportunity

**INQUIRY**  
[GOOGLE FORM LINK](#)

9665033955 :  
Program Coordinator

[obs.koppiker@gmail.com](mailto:obs.koppiker@gmail.com) [www.breastoncoplasty.org](http://www.breastoncoplasty.org)

## PCCM's Hands on Bio-banking Workshop 'Essentials in Biobanking and Workflow' will be held from July 4th-6th 2025

Prashanti Cancer Care Mission's (PCCM) Hands-on Biobanking Workshop will be a hands-on training session designed to educate clinicians, researchers, and healthcare professionals about the essentials of biobanking in the context of cancer research. The workshop will provide an in-depth understanding of tumor biobanking practices, collection methods, storage protocols, and their significance in translational cancer research.

Dates: July 4th-6th 2025

Location: Pune

This workshop also serves as a practical component for PCCM's RT-PCR course.

Click here to register: [▶ REGISTER NOW](#)

Contact Dr. Madhura Kulkarni: 9172679320

**Prashanti Cancer Care Mission**  
Reaching out with excellence

## HANDS-ON BIOBANKING WORKSHOP

Organized by PCCM

### ESSENTIALS IN BIOBANKING: ETHICS AND WORKFLOW

**3 Day Workshop**  
**JULY 4TH-6TH 2025**

**DAY-01** INTRODUCTION

- Best Practices for Ethical and Legal Compliance
- Roles, SOPs and Workflow

**DAY-02** HANDS-ON PRACTICAL EXPERIENCE WITH BIOBANK SAMPLES

- Fresh Frozen
- FFPE

**DAY-03** DATA MANAGEMENT

- Associated clinical data collection
- Data Curation

The Biobanking Workshop at Prashanti Cancer Care Mission (PCCM) is a hands-on training session designed to educate clinicians, researchers, and healthcare professionals about the essentials of biobanking in the context of cancer research. The workshop will provide an in-depth understanding of tumor biobanking practices, collection methods, storage protocols, and their significance in translational cancer research.

**Venue: Pune**

[conference@prashanticancercare.org](mailto:conference@prashanticancercare.org)

Prashanti Cancer Care Mission  
Reaching out with excellence

IBA, IMA, WORLD'S FAVOURITE INDIAN, BSA, IBS

**The fourth issue of Volume I of the BreastGlobal Journal is now available online.**

Dr. Koppiker, along with his colleagues established the BreastGlobal platform to address knowledge gaps, offering a unified portal for experts, trainees, and industry to access global learning and training opportunities.

In collaboration with Wolters Kluwer publishers, BreastGlobal launched the 'BreastGlobal Journal' aimed at providing universal access to specialized breast training worldwide.

The journal features a distinguished editorial board and has already released three issues, with the fourth issue published in November 2024. BreastGlobal Journal is currently accepting submissions for future editions, and manuscripts can be submitted through the provided link.

Submit online: <https://review.jow.medknow.com/bgj>.

Please contact the editorial team at [thebreastglobal@gmail.com](mailto:thebreastglobal@gmail.com)

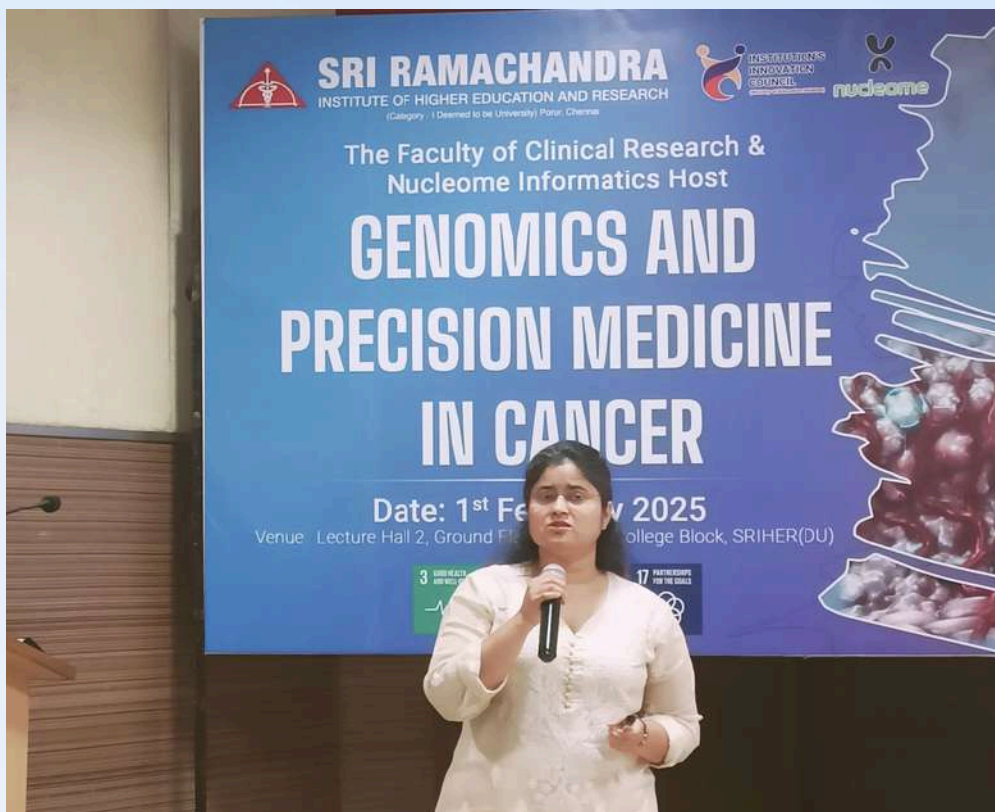
Journal's editorial board : <https://journals.lww.com/bgjr/pages/editorialboard.aspx>

Access all issues of the journal: <https://journals.lww.com/bgjr/pages/issuelist.aspx>



**Dr. Madhura Kulkarni (Senior Scientist, Prashanti Cancer Care Mission -PCCM) presented a talk at the SRI Ramachandra Institute of Higher Education and Research (SRIHER) in Chennai.**

On February 1st, 2025, Dr. Madhura Kulkarni a Senior Scientist from the PCCM Team presented a session titled "Multiplex and Transcriptomics Profiling of TNBC Tumors" as part of a Continuing Medical Education (CME) seminar at SRI Ramachandra Institute of Higher Education and Research (SRIHER) in Chennai. Her talk focused on PCCM's efforts in sequencing TNBC Tumors to understand treatment response. The session was well-received by the audience.





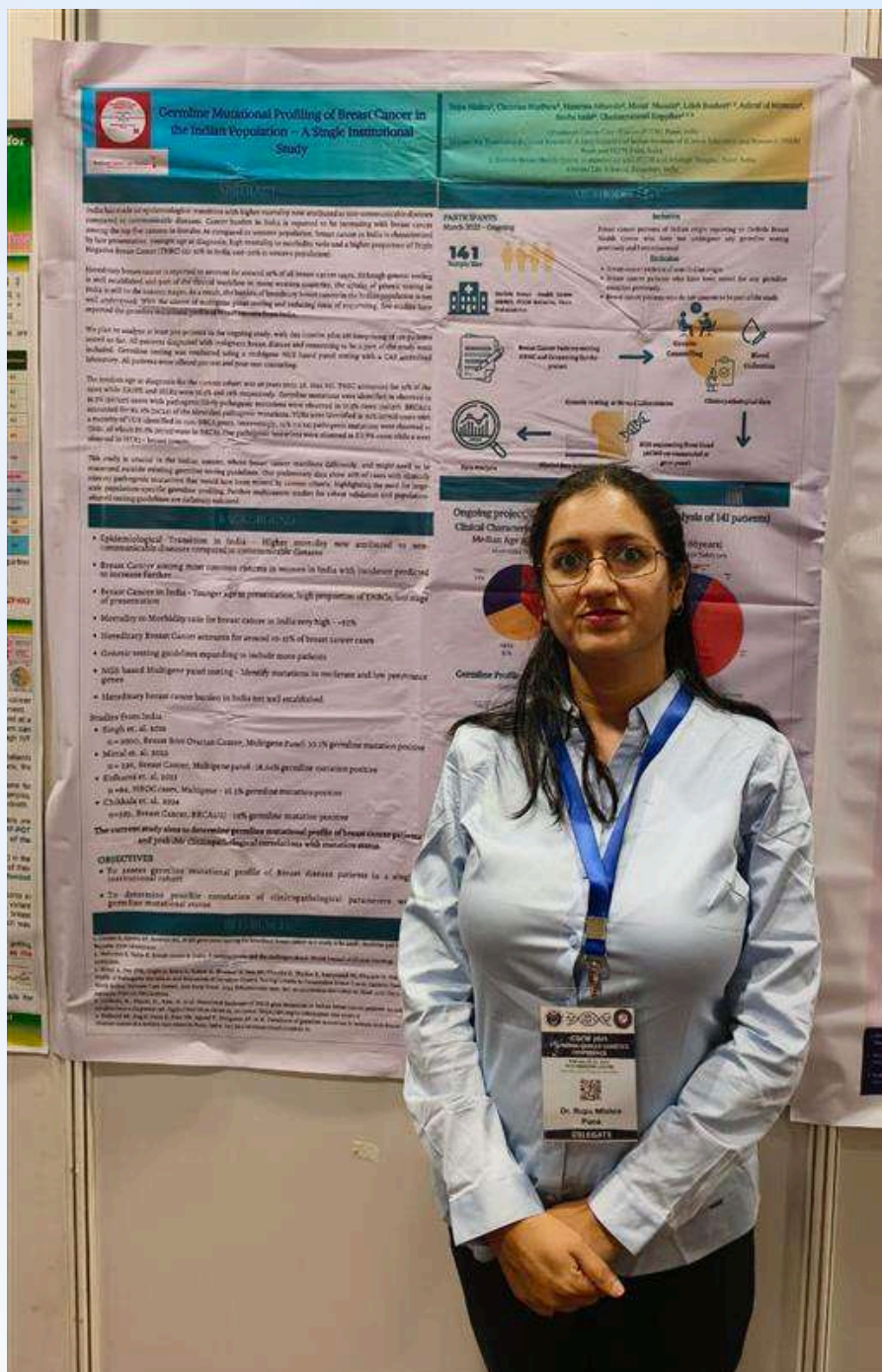
**Dr. Madhura Kulkarni (Senior Research Scientist, Prashanti Cancer Care Mission-PCCM) presented a talk at the BBIF International Biobank Conference (IBC) 2025**

Dr. Madhura Kulkarni a Senior Research Scientist from Prashanti Cancer Care Mission (PCCM) presented a talk titled, 'Biobank Setup and Sustainability: Foundations for Success--Strategies for Sustainability' at the BBIF International Biobank Conference (IBC) 2025 held at at the convention centre, Jawaharlal Nehru in New Delhi on February 24-25th, 2025.



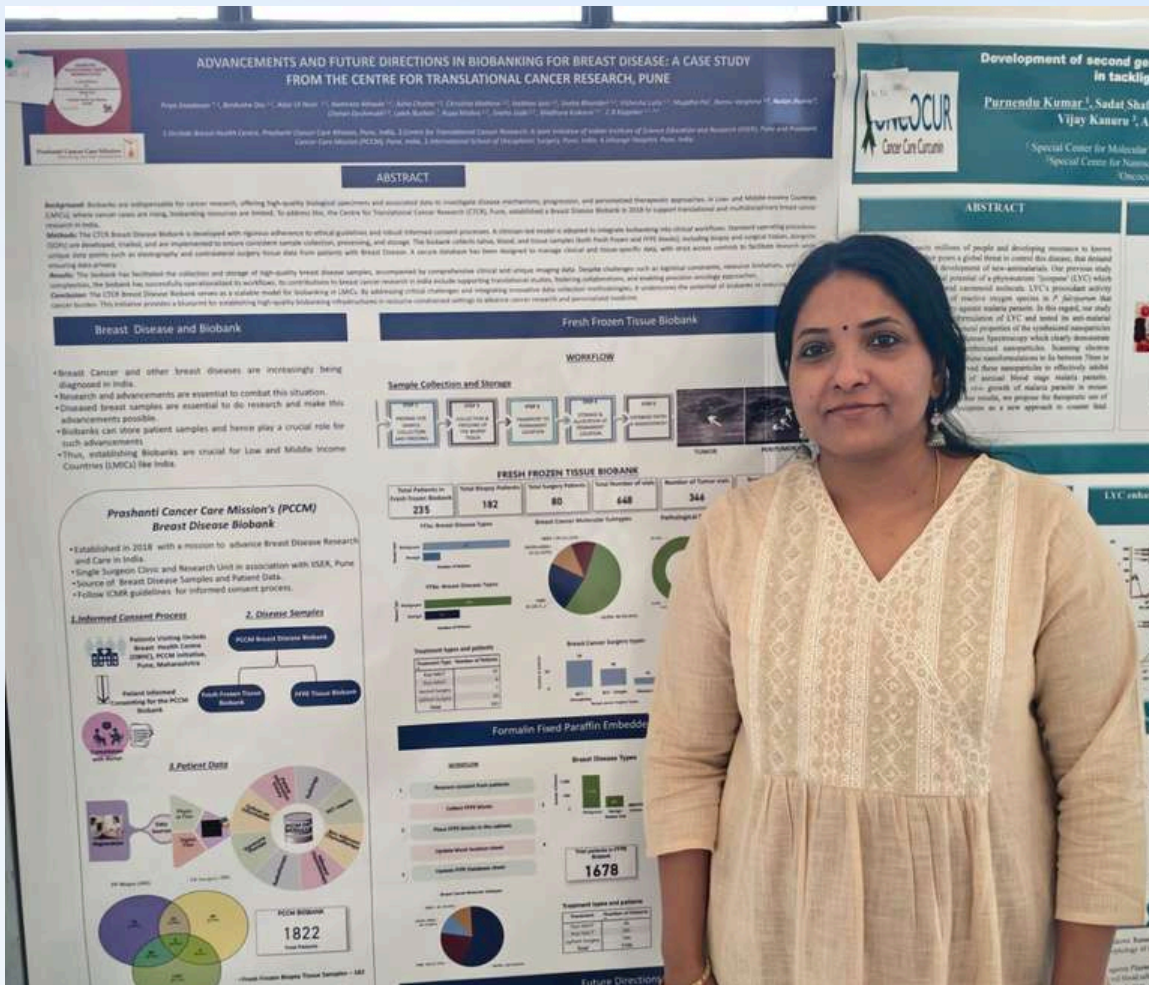
**Dr. Rupa Mishra (Senior Scientist, PCCM) presented a poster at the 7th INDIAN CANCER GENETICS CONFERENCE & WORKSHOP 2025 (ICGCW 2025) held at Tata Memorial Hospital, Parel**

Dr. Rupa Mishra a Senior Scientist from Prashanti Cancer Care Mission (PCCM) presented a poster titled, ‘Germline mutational profiling of breast cancer in the Indian Population – A Single Institutional Study’ at the 7th INDIAN CANCER GENETICS CONFERENCE & WORKSHOP 2025 (ICGCW 2025) held at Tata Memorial Hospital, Parel on the 22nd and 23rd February. The event was attended by molecular biologists, PhD students, postdoctoral researchers, and scientists, and the presented poster was well appreciated.



**Dr. Priya Sivadasan (Research Scientist, PCCM) presented a talk and poster at the BBIF International Biobank Conference (IBC) 2025**

Dr. Priya Sivadasan (Research Scientist, PCCMR) presented a talk and a poster titled, "Advancements and Future Directions in Biobanking for Breast Disease: A Case Study from the Centre for Translational Cancer Research, Pune" at the BBIF International Biobank Conference (IBC) 2025, that took place on February 24th-25th at the convention centre, Jawaharlal Nehru in New Delhi.



**Dr. Sneha Joshi (Senior Scientist, PCCM) will present a talk at the INORMS Congress 2025, taking place at the IFEMA Palacio Municipal in Madrid, Spain**

Dr. Sneha Joshi a Senior Scientist from Prashanti Cancer Care Mission will present a talk at the INORMS Congress 2025, taking place in May 2025 at the IFEMA Palacio Municipal in Madrid, Spain. She will share her insights on leading impactful breast cancer research programs at PCCM.

Caracas

## Developing a Breast Cancer Research Unit in India

May 8, 03:05 PM - 03:25 PM

Caracas

2. Governance and Regulation

Format: Oral 20 Minute

Geography: At

This abstract highlights how the RA at a Breast Oncology Research Centre in India, expertly juggles multiple roles in a resource-limited setting. The RA's experience offers crucial lessons on overcoming challenges and maximizing research impact, providing insights for similar contexts globally.

Read more info: <https://earma.org/abstracts/submission/1609/view/>



Speaker

**Sneha Joshi**

Centre For Translational Cancer Research (PCCM-IISER Pune)

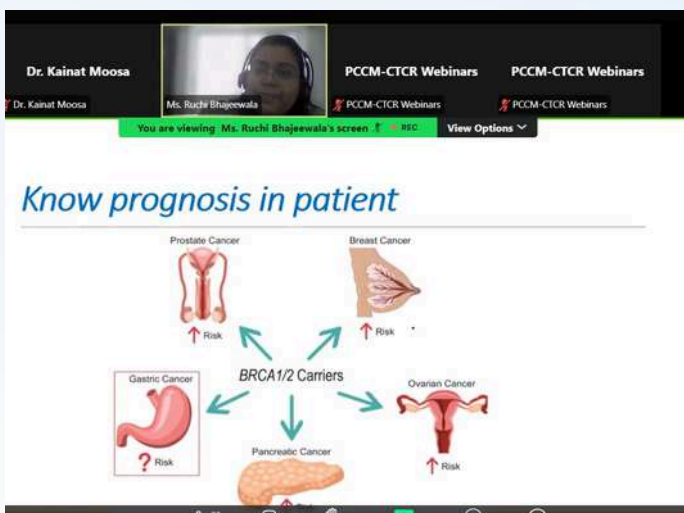
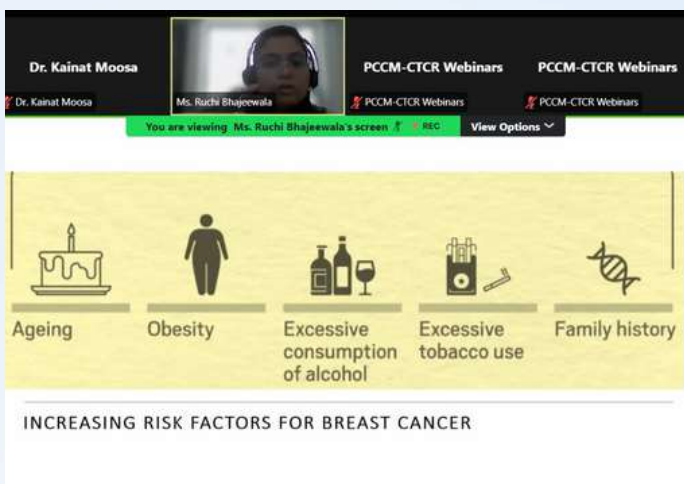
**The sixth session of the Prashanti Cancer Care Mission's Pink Ribbon Support Group Webinar Series was held on 12th of February 2025**

The sixth session of the Pink Ribbon Support Group Webinar Series was held on February 12th, featuring Ms. Ruchi Bhajeewaala discussing "Breast Cancer Genetics". She gave valuable insights into the role of genetics in breast cancer diagnosis and management, the importance of genetic testing, and its impact on personalized treatment approaches.

The Pink Ribbon Support Group Webinar Series will continue every 2nd Wednesday of the month, with each session running from 4:00 PM to 5:00 PM IST on Zoom. Participation in these webinars is FREE and open to all. Patients, caregivers, and anyone interested in breast cancer awareness and care are encouraged to join and benefit from these informative discussions.

The upcoming lecture in the Pink Ribbon Support Group Webinar Series is scheduled on March 12th, 2025.

Click to Register for the Webinar:



Prashanti Cancer Care Mission  
**PRASHANTI CANCER CARE MISSION'S**  
**THE PINK RIBBON SUPPORT GROUP**  
**WEBINAR SERIES**

**LECTURE 6**  
**'Breast Cancer Genetics'**  
**MS. RUCHI BHAJEEWALA**  
 SENIOR GENETIC COUNSELLOR

**WEDNESDAY, 12TH FEB 2025**

VIA ZOOM 4:00 P.M-5.00 P.M IST  
 (REGISTER NOW TO ATTEND THE WEBINAR)

**CLICK HERE TO REGISTER**

For more information & registration, please call or email  
 +91-20-25656110 / 91-20-25650269  
[ycanshare@prashanticancer.org](mailto:ycanshare@prashanticancer.org)

[www.prashanticancer.org](http://www.prashanticancer.org)  
[www.ctcr.in](http://www.ctcr.in)

**\*This online series is FREE & open to all. Invite your friends, caregivers, & anyone interested.**

## CTCR's RT-PCR Phase III, Lecture II titled, "Future of Breast Cancer Treatment in India-Through my Rose-Tinted Glasses"

The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR-PCCM is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry.

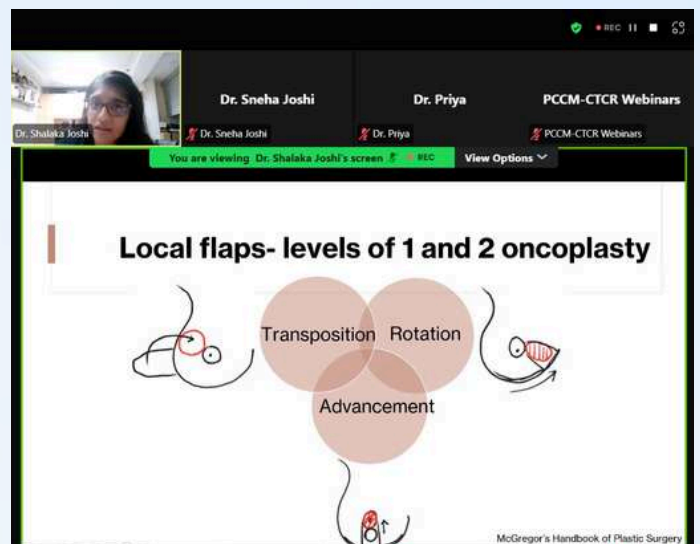


It has successfully completed Module-1 and Module-2, garnering more than 500 registrations. The RTPCR Phase III Module : 'Women Pioneers in Oncology Research and Practice' is an advanced 12-week online course, will feature renowned female scientists/clinicians working exclusively in oncology, offering participants an exceptional opportunity to explore cutting-edge research and its application in cancer treatment and prevention.

Click to Register for the course:

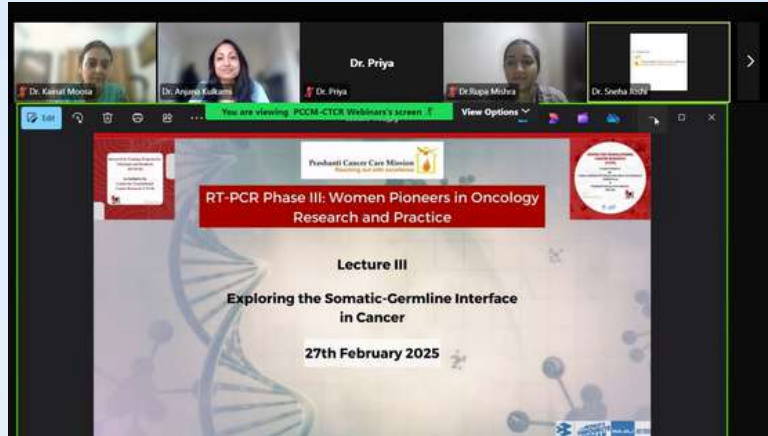


The second lecture of Phase 3 in the RTPCR course, titled "Future of Breast Cancer Treatment in India-Through my Rose-Tinted Glasses" took place on February 13th, 2025. The lecture was expertly led by Dr. Shalaka Joshi. the lecture shed light on the emerging advancements and evolving treatment approaches shaping the future of breast cancer care in India. After the lecture, students participated in a Q&A session, allowing them to interact with the faculty.



## CTCR's RT-PCR Phase III, Lecture III titled, "Exploring the Somatic-Germline Interface in Cancer"

The Research Training Program for Clinicians and Residents (RT-PCR) by CTCR-PCCM is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry.

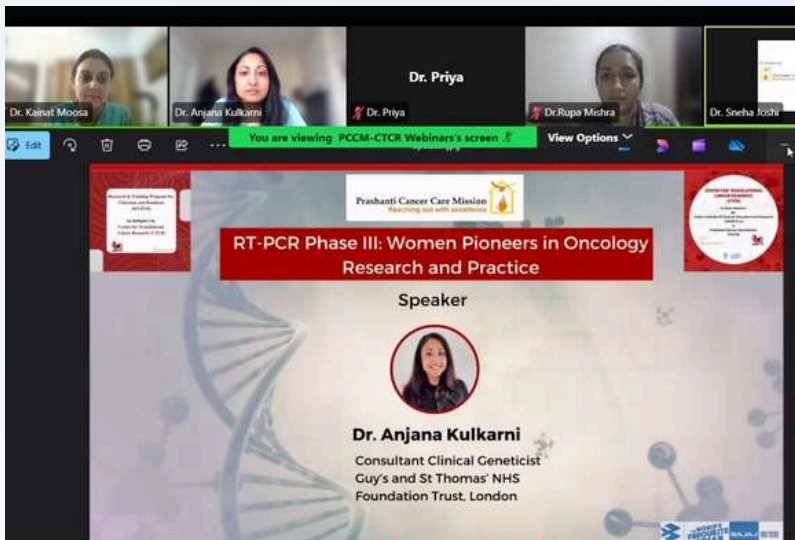


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Click to Register for the course:



The third lecture of Phase 3 in the RTPCR course, titled "Exploring the Somatic-Germline Interface in Cancer" took place on February 27th, 2025. The lecture was expertly led by Dr. Anjana Kulkarni. The lecture shed light on how somatic and germline genetic alterations impact cancer risk, progression, and management strategies through case studies. After the lecture, students participated in a Q&A session, allowing them to interact with the faculty.





## RESEARCH UPDATES

We are glad to announce that Prashanti Cancer Care Mission now has its own property for the research centre, and the new address is as follows.

**New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra- 411 048.**

We kindly request you to send all cheques, donations, letters, and posts to this updated address.



- Enhancing and Enriching the PCCM Database through collaborations with Elixir AI and Swasthya AI.
- Fresh frozen biopsy samples from 200 patients, along with 106 fresh frozen surgery samples, have been collected and stored at IISER.
- The CTCR Research team is actively preparing for a Hands-On Biobanking Workshop scheduled to be held from July 4th-6th 2025. This Workshop will be a hands-on training session designed to educate clinicians, researchers, and healthcare professionals about the essentials of biobanking.
- Two sessions of CTCR's RT-PCR Phase III Module were successfully conducted during the month of February.





## RESEARCH UPDATES

# HOW TO CULTIVATE A POSITIVE MINDSET

### Positive outlook

Cancer recovery is a tough journey, involving physical, emotional, and psychological challenges. Along with medical treatments and therapies, psychological well-being also plays a crucial role in the treatment journey. Including cultivation of positive mindset into cancer recovery plans can enhance the psychological well-being of patients and improve their overall health outcomes. Reframing negative thoughts literally means the cultivation of positive emotions, personal strengths, and meaningful life experiences. Rather than focusing solely on illness or adversity, it encourages individuals to explore the aspects of life that bring joy, fulfillment, and purpose.

### • *Optimism and Hope*

Maintaining a hopeful outlook positively influence immune function, reduce stress, and improve overall health. In cancer recovery, hope can serve as a motivational force, encouraging individuals to keep moving forward and engage in the healing process.

### *Mindfulness*

Mindfulness, the practice of being present in the moment without judgment, has proven benefits for cancer patients. It can reduce stress, alleviate pain, and improve emotional well-being. Additionally, learning to accept the things that are out of one's control, such as the uncertainties of cancer treatment can help reduce anxiety and improve overall quality of life.

### • *Gratitude Practice*

Gratitude improves emotional health and increases overall life satisfaction. For cancer survivors, practicing gratitude, whether by keeping a journal or simply looking back on positive aspects of their lives can help shift the focus from fear and uncertainty to appreciation for life's blessings.



## RESEARCH UPDATES

### Ongoing projects and manuscripts:

- Advantages of Perforator Flaps in Breast Cancer Surgical Management– A Single Institutional Audit.
- Surgical management of Central Quadrant Tumors – A Single Institutional Audit.
- A single institutional audit of surgical management in Triple Negative Breast Cancers.
- A Cross-Sectional Study Assessing the Impact of a Structured Oncoplastic Training Program on Surgical Practice in India
- Assessing perception of genetic counselling and genetic testing in Breast Cancer Patients.
- Setting up of a complementary nutrition clinic for breast cancer patients at a single surgeon unit from India.
- Breast-Q BCT module translation and linguistic validation to Hindi and Marathi languages.
- Setting up of a complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India
- Assessing germline mutational profile and its clinicopathological associations in Triple Negative Breast Cancer .
- Triple-negative breast cancer tumor microenvironment profiled for immune infiltrates stratified for treatment response – Indian cohort of breast cancer patients.
- Prognostic significance of Yes-associated protein-1 (YAP1) in molecular subtypes of an Indian cohort of breast cancer patients
- Synergistic effect of YAP and HER2 growth factor receptor signalling in mammary epithelial cell line.

**RESEARCH UPDATES: BIOBANK**

**Biobank** is a repository where biological samples that facilitate research studies are conserved and stored, we specifically have breast tissue biobank- Formalin-Fixed and Paraffin-Embedded (FFPE) and Fresh Frozen (FF).



**Formalin-Fixed Paraffin-Embedded (FFPE)**

FFPE is a way of preservation of tissue samples in a paraffin block. FFPE blocks can be stored up to 12 years at ambient temperature and used for research purposes. With patient consent, we collect both biopsy and surgery blocks for the biobank. Currently the biobank houses over 1500 FFPE blocks.



**Fresh Frozen (FF)**

The fresh frozen breast tissue biobank was established to facilitate genomics and proteomics studies. The 'Fresh Frozen' Biobank collects consented fresh frozen breast tissue samples from Tru cut biopsy and VAB procedures. Over 100 patient samples collected till date.

**12** Fresh frozen Biopsy and **9** surgery samples collected this month

Free counselling services at Orchids Breast Health so far

**Onco - Psychology Counselling**  
Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress.

**Psychological Counselling For Breast Cancer Patients**

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment.

**BOOK YOUR APPOINTMENT NOW**  
(Offered both online (via Zoom) and/or in-person)

Visit us at  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra 411016

**Onco-Psychology Counselling - 351**

**Onco - Genetic Counselling**  
Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic, we have BCCG certified genetic counsellors for those of our patients who might need genetic testing.

**Breast Cancer Genetic Counselling**

To whom is genetic counselling offered?  
(According to NCCN guidelines)

- Diagnosed at <math>\leq 45</math> yrs
- Family history of Cancer
- Recurrent
- TNBC
- Personal history of other cancer

What can you expect in a Genetic counselling?

- Pedigree charting (Family history)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

Visit us at  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra 411016

**Onco-Genetic Counselling- 376**

**Onco - Nutrition Clinic**  
Free Nutrition Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier.

**Nutrition Counselling**

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment
- Decreased fatigue
- Hydration Counselling
- Improved healing and recovery

**BOOK YOUR APPOINTMENT NOW**  
(Offered both online (via Zoom) and/or in-person)

Visit us at  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra 411016

**Nutrition Counselling-454**

PCCM provided 16 Freeships/Major Concession on diagnostics, surgery, chemotherapy, onco-pharmacy, clinical procedures, and consultations at Orchids Breast Health in February 2025.



**Mammography**



**Sonography**



**Biopsy**



**Surgery**



**Chemotherapy**



**Onco-pharmacy**

**TESTIMONIALS FROM OUR PATIENTS**

Stories of Strength: Patients Reflect on the Impact of Our Care and Support

**Nishveen K.**

I had an excellent experience throughout my treatment (chemo & surgery) with Dr. Koppiker and his staff. They are very kind and caring and have been taking utmost care all this while, answering all my queries regarding my ailment and treatment. I have felt very positive since my cancer diagnosis. Dr. Chetan Deshmukh is also very good. Thank you,

**Sujata Chandrakant Deshpande**

We had a wonderful and magical surgical experience at orchids center and Jehangir hospital. Dr Koppiker and entire staff were courteous and made my mother comfortable. They explained the process so simply that there were no questions in our mind. They took utmost care of my mother. During surgery hospitalization also they provided all kind of support and answered all the queries. Their communication was crystal clear. We are fortunate to be treated by Dr Koppiker and team.



**TESTIMONIALS FROM OUR PATIENTS**

**Karishma Sardesai**

Dr Koppiker is a master craftsman. We had the most wonderful surgical experience with him. He has done a neat job, absolutely precise. Brilliant surgeon, very caring too. Truly a wonderful doctor, putting patients at ease.

**Mrs. Latika Sarode**

I felt scared after coming to this big hospital. Everything felt unfamiliar, but it felt good after meeting everyone, especially the old staff. It didn't feel like a hospital at all.

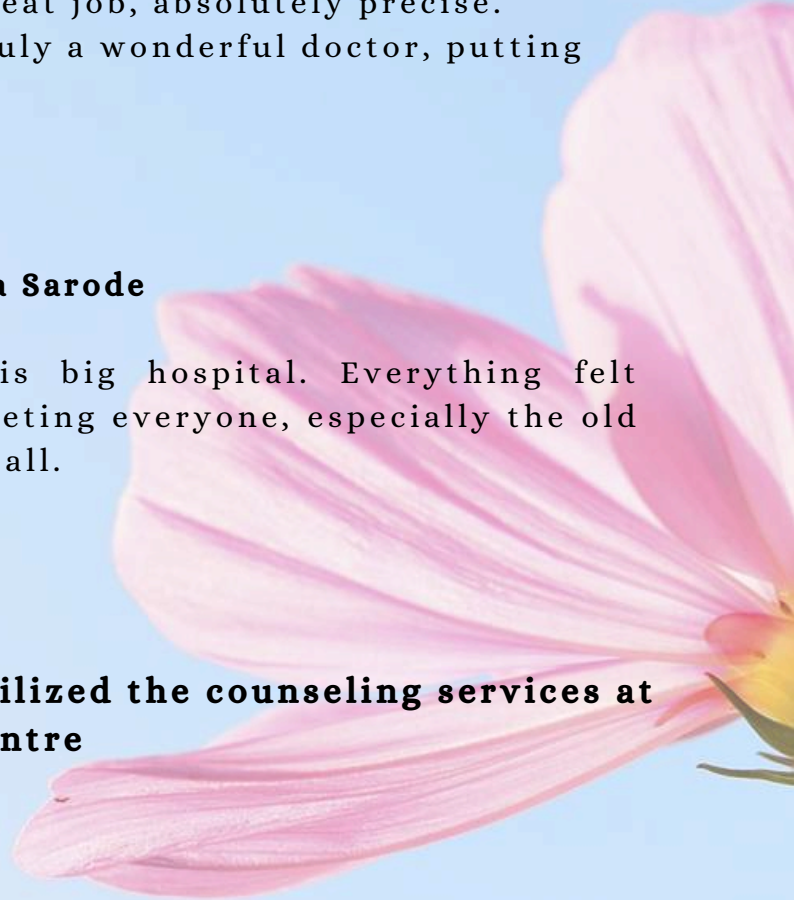
**Testimonial from a patient who utilized the counseling services at our centre**

**सौ. उज्वला कदम**

आहारामध्ये बदल केल्यामुळे मला खूप फायदा झाला. त्यामुळे माझे फॅटी लिव्हर ची समस्या पण पूर्णपणे कमी झाली. आहारतज्ज्ञ प्रज्ञा जोग मॅडम ह्यांचा सल्ला खूप फायद्याचा ठरला.

**सौ. उज्वला कदम**

मानसोपचारतज्ज्ञ विशेषा मॅडम ने मला खूप छान पद्धतीने समजावून सांगितले कि ह्या आजारामध्ये मी कसे सकारात्मक रहायला पाहिजे. त्यासाठी मी त्यांची खूप आभारी आहे. - सौ. उज्वला कदम





## PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 10000 young girls & women annually.

As you know breast cancer treatment is a long and arduous process that not only has a physical and emotional impact on the patient but also adds the economic burden of the treatment.

We appeal you to help for 2 breast cancer patients in urgent need of financial support. Below is the list of the needy patients along with their family and support details and treatment estimation.

01.	 <p><b>Sangita Shinde (52 Yrs)</b></p>	<b>Sangita Shinde (52 years)</b> has stage II breast cancer. She is a homemaker with one son. Her husband works in a small grocery store and son works in a private company with minimal salary to support the family and patient's treatment.	
		<b>Treatment</b>	<b>Amount (In Rs.)</b>
		Chemotherapy	2,88,450
		Diagnostics and OPD Charges	15,689
		Radiation	000
		Surgery	000
		<b>Total</b>	<b>3,04,139</b>
02.	 <p><b>Kunda Chopade (49 Yrs)</b></p>	<b>Kunda Chopade (49 years)</b> has stage II breast cancer. She is a homemaker with a young son and her husband works as a driver. The family income is minimal to support the patient's treatment.	
		<b>Treatment</b>	<b>Amount (In Rs.)</b>
		Chemotherapy	1,80,000
		Diagnostics and OPD Charges	55,778
		Radiation	000
		Surgery	000
		<b>Total</b>	<b>2,35,778</b>

## PCCM appeals for support and donations to help save breast cancer patients

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Click to donate:

[DONATE !\[\]\(6605b201d6f14d9b3bcb8ab5f274d107\_img.jpg\)](#)

Following are the details through which you can donate to Prashanti You may donate via either of the two options:

a. Through the donation page on the website:

<https://www.prashanticancercare.org/donations.php>

or

b. Send us a cheque in favour of “Prashanti Cancer Care Mission”

**New Address: 21 Everjoy Bungalow Society, Next to NIBM Institute, before Clover Highlands, NIBM Road, Kondhwa, Pune, Maharashtra-411 048.**

\*\*\*We kindly request you to send all cheques, donations, letters, and posts to this updated address. Do not send them to the previous location at Kapil Vastu.

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.



**We would like to thank our  
Donors & Supporters  
for their unconditional support over the years**

**Warm Regards,**

**Ms. Laleh Busheri CEO  
Prashanti Cancer Care mission  
Visit us at : [www.prashanticancercare.org](http://www.prashanticancercare.org) /  
[www.orchidsbreasthealth.com](http://www.orchidsbreasthealth.com)  
<https://www.facebook.com/orchidsbreasthealth>**

