



JUNE 2023 | VOLUME 124 ISSUE 68

PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter



WHAT'S IN THIS LATEST ISSUE?

Dr. Koppiker was invited to present a talk at CSIR-National Chemical Laboratory's (CSIR-NCL) special 'One Week One Lab (OWOL)'

PCCM organized a free spa day at 'The Ladies Salon' in Dhole Patil Road for breast cancer patient

The Research Training Program for Clinicians and Residents by CTCR-PCCM continued with the Good Data Practices Section

ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

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Dr. Koppiker was invited to present a talk at CSIR-National Chemical Laboratory's (CSIR-NCL) special 'One Week One Lab (OWOL)'. The day-long event held on 26th May 2023 was dedicated to the Health & Biotherapeutics theme



As a seasoned expert in the field, Dr. Koppiker shared his perspectives and insights on "Breast Cancer Prevalence and therapies." He delved into the latest algorithms in Breast Cancer Management and emphasized the crucial need for an India-specific understanding of this disease specifically to address the Triple Negative Breast Cancer (TNBC) issue



PCCM organized a free spa day at 'The Ladies Salon' in Dhole Patil Road for breast cancer patient

PCCM in collaboration with Ms. Nafisa Hashim organized a free spa day at The Ladies Salon in Dhole Patil Road for a breast cancer patient, Ms. Radhika Sen and her daughter



'Thank you so much to Laleh Ma'am and Prashanti team for giving us this wonderful experience of relaxation and stress free experience of Ladies Salon. Lots of Love and Gratitude ♥ ' - Ms. Radhika Sen

The Research Training Program for Clinicians and Residents by CTCR-PCCM continued with the Good Data Practices Section



Research Training Program for Clinicians and Residents (RT-PCR)

A Program by
Centre For Translational Cancer Research (CTCR)
A Joint Initiative by IISER Pune &
Prashanti Cancer Care Mission (PCCM)

CTCR is delighted to announce the first session of its Initiative: 'Research Training Program for Clinicians and Residents (RT-PCR)'. This program is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry. The program will consist of various virtual as well as hands-on modules encompassing basic biology, translational and clinical research framework, and also practical research experience for clinicians and residents.

Starts 5th Jan 2023
Alternate Thursdays
7:00 PM to 8:30 PM IST

[CLICK HERE TO REGISTER](#)

1st Module

- MOLECULAR BIOLOGY
- GENETICS
- IMMUNOLOGY
- GOOD DATA PRACTICES

More info on Page-2

Research Training Program for Clinicians and Residents (RT-PCR)

A Program by
Centre For Translational Cancer Research (CTCR): A Joint Initiative by
IISER Pune & Prashanti Cancer Care Mission (PCCM)

RT-PCR Module-I
Cell and Molecular Biology for Onco-Clinicians (CMBOC)
Good Data Practices Lecture -I 18th May 2023

This module will cover crucial role of data management in clinical and translational research. The section will provide attendees with essential knowledge and strategies to effectively handle and organize clinical and research data in the field of oncology

The Data Management: From prescription to pipette
Lecture -I
18th May 2023.

The first lecture will be an introductory lecture, using examples such as the 1st BRAC-1 mutation cohort and the 1990 original paper, TCGA etc, this lecture highlights the importance of data management in driving advancements in cancer research. Participants will gain insights into data collection, integration, security, and sharing, enabling them to effectively manage data in their own oncology research endeavors.

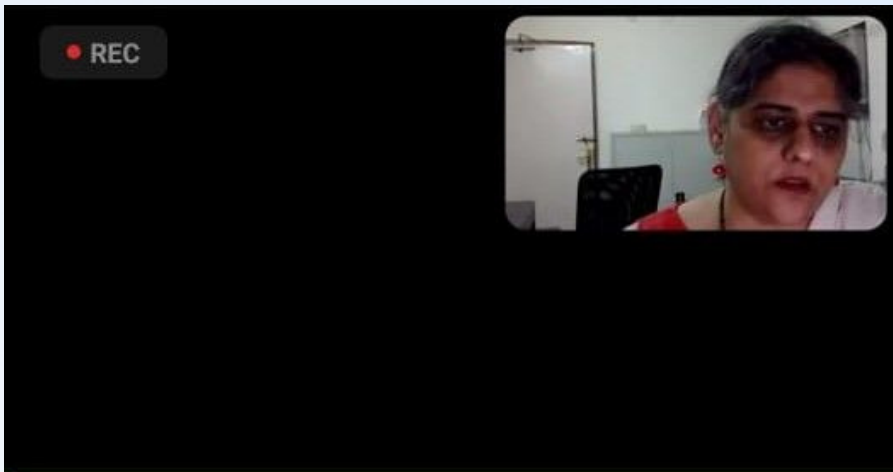
Course Started 5th Jan 2023
Alternate Thursdays
7:00 PM to 8:30 PM IST

You can still Register
Register now to access previous lectures on demand via [course google classroom](#) and join us live for the upcoming lectures.

[CLICK HERE TO REGISTER](#)



Lecture - I: 5th Jan 2023: Basics of Molecular Biology and Molecular Mechanisms Leading to Carcinogenesis
Lecture - II: 19th Jan 2023: Molecular Mechanisms of Cancer Drug Actions Leading to Treatment Response
Lecture - III: 30th Jan 2023: Open discussion on concepts in Molecular Biology
Lecture - IV: 23rd Feb 2023: Cellular and Molecular Basis of the Human Immune System
Lecture - V: 9th March 2023 - Roles of the Immune system in Cancer Immunovigilance and Immunomodulation
Lecture - VI: 23rd March 2023 - Molecular understanding and clinical aspects of immunotherapy in cancer treatment
Lecture - VII: 6th April 2023: Primer on Genes, Mutations and Proteins
Lecture - VIII: 20th April 2023: DNA Repair Pathways: Mechanisms of Carcinogenesis to Therapeutic Implications
Lecture - IX: 4th May 2023 - Clinical Implications of Genomic Variants in Cancer
Lecture - X: 18th May 2023 (upcoming) - The Data Management: From prescription to pipette



RT-PCR Good Data Practices

Lecture 1
Data Management
Of Prescriptions & Pipettes but mainly pipettes

18th May 2023
Devaki A. Kelkar
CTCR - PCCM

The Research Training Program for Clinicians and Residents by CTCR-PCCM is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry. The fourth section, on Good Data Practices, of the first module started in May 2023

Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco- Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in April 2023



Mammography:
71 patients received
free / concessional
mammography



109 patients received
free / concessional
sonography



Biopsy
14 patients received
free and concessional
biopsy

Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco- Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in April 2023



Surgery:
23 patients received
freeship/major
concessions on breast
surgery



Chemotherapy /Day Care
30 patients received free
chemotherapy and 82
patients received major
concessions at our day care
centre for chemotherapy



Onco-Pharmacy
200 patients received
free /concessional
medicines from our
onco-pharmacy

Free Counselling Services at Orchids Breast Health



Onco - Psychology Counselling

Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment


BOOK YOUR APPOINTMENT NOW

(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra-411016



**Onco-Psychology
Counselling**
88 patients have received
free psychological
counselling to make them
stronger during this
tough time



Onco - Genetic Counselling

Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic we have BGC certified genetic counselors for some of our patients who might need genetic testing

Breast Cancer Genetic Counselling

To whom is genetic counselling offered?
(According to NCCN guidelines)


- Diagnosed at ≤ 45 yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal history of other cancer

What can you expect in a Genetic counselling ?

- Pedigree charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra-411016



Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health | orchidshealth.in
& 020-2565610, 25650269, 9850840248 vcanshare@gmail.com reports@prashantcancer.org

**Onco-Genetic
Counselling**
108 patients have
received free genetic
counselling services so
far



Onco - Nutrition Clinic

Free Nutrition Counselling services for our Breast Cancer Patients

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment.
- Decreased fatigue.
- Hydration Counselling
- Improved healing and recovery.

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier

BOOK YOUR APPOINTMENT NOW

(Offered both online (via Zoom) and/or in-person)

Visit us at
12 Kapilvastu, Senapati
Bapat Road, Pune,
Maharashtra-411016



Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health | orchidshealth.in
& 020-2565610, 25650269, 9850840248 vcanshare@gmail.com reports@prashantcancer.org

**Nutrition
Counselling**
131 patients received
free nutrition
counselling to fight
cancer treatment
better

**Testimonials of a few patients who were adopted for
Freeship in April 2023**

Meenu Singh

Staff is very good, clinic is clean and calming environment. Staff and doctors are very supportive. I am very happy with my line of treatment.



Shilpa N Bhase

Doctor, nurse and all staff are very cooperative. Very happy for getting treatment over here



Lakhwinder Kaur

I recently had the pleasure of receiving medical treatment at Orchids Breast Health, I must say that my experience is truly exceptional. The doctors, nurse who attended to me are highly skilled and knowledgeable. The good part is that they explained each step and were very transparent. They listened to my queries and answered them very well. The equipment is modern and hygienic. I am grateful for the exceptional service I received.

Thank you to all the staff who made my experience such a positive one.

**Testimonials of a few patients who were adopted for
Freeship in April 2023**

Roma M Bhide

Excellent treatment, everyone's extremely cooperative and caring. I must thank every staff, sister, and everyone at the centre for all the help and treatment, especially Mr. George. Especially would like to thank Dr. Koppiker and Dr. Deshmukh for starting the treatment immediately and for all the discussion throughout. Very good service. Very happy.



Revati Telagu

Very good experience. Hassel free, very well managed and executed. Special thanks to all the doctors and staff for making the entire transition smoother.



PCCM appeals for support and donations to help save breast cancer patients

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy, radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashanti You may donate via either of the two options:

- a. Through the donation page on the website:
<https://www.prashanticancercare.org/donations.php>
or
- b. Send us a cheque in favour of “Prashanti Cancer Care Mission” Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to accounts@prashanticancercare.org so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.

**We would like to thank our
Donors & Supporters
for their unconditional support over the years**

**Warm Regards, Ms. Laleh Busheri CEO
Prashanti Cancer Care mission
Visit us at : www.prashanticancercare.org /
www.orchidsbreasthealth.com
<https://www.facebook.com/orchidsbreasthealth>**

